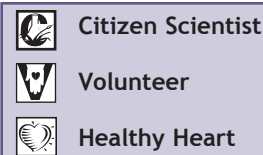




Welcome to City of Bloomington Parks and Recreation!

Our mission is to provide essential services, facilities and programs necessary for the positive development and well-being of the community through the provision of parks, greenways, trails and recreational facilities while working in cooperation with other service providers in the community in order to maximize all available resources.



Winter-Spring 2011 Program Guide

Table of Contents

General Information	2-3
Birthday Parties	4
Facilities	4-7
Parks and Trails	8-11
Shelter House Rentals	11
Community Gardens	12
Ice Skating and Ice Skating Lessons	5, 13
Inclusive Recreation	14
Farmers' Market	15
Community Events	15-17
Preschool	18-20
Youth	20-25
Summer Camps	24-25
Teens	26-27
Youth, Teens & Adults	27-31
The Great Outdoors	27-30
Cascades Golf Course	30
Twin Lakes Recreation Center Adults	31-35
Adults	32-36
People's University	37-44
Bloomington Community Park and Recreation Foundation	44
Volunteer Opportunities	45
Sponsorship/Parks Partners	46
Staff	47
Registration Form, Refund Policy, Fees, Charges	48

Index

A Fair of the Arts—Call to Artists	15
ASA Umpire Class	36
Ab Blast	34
Adopt-A-Trail	45
Adult Basketball League	35
Adult Tennis Lessons	36
Adult Women's Basketball League	35
Advanced German	32
Aerobic Exercise	33
Animal Tracks and Traces	28
Baking Sweet Bread: The Artisanal Way	40
Ballroom Dancing: Beginning	42
Ballroom Dancing: Intermediate	42
Banneker at the View	45
Banneker Buddies	18
Basketball Future Stars	19
Beautiful Beavers and Marvelous Muskrats	28
Become Soil Savvy: Permaculture and Other Approaches	38
Beginner's Golf Clinic	31
Beginning Guitar	42
Beginning Spanish	37
Beginning the Bamboo Flute	42
Beginning the Ukulele	42
Beginning Watercolor	43
Beginning Youth Tae Kwon Do	21
Bingo	32
Bloomington Bikes Week	17
Bloomington Community Farmers' Market	15
Bloomington Girls Fastpitch Softball	23
Bloomington Youth Basketball	22
Bluebird Box Builders	28
Boot Camp	34
Branch Out for Brunch	40
Bridal Boot Camp	34
Bridge Club	32
Bunco	32
Cardio Jump	34
Cards and Games	32
Children's Expo	16
Citizen Scientist Certification	27, 45
College for Kids	25
Communication 101: A Conceptual Framework	41
Communication Skills classes	41

Cooking Around the World	40
Cooking Skills classes	40
Counselor-In-Training Program	25
Country Line Dancing—Beginning	32
Crafting Grapevine Wreaths	28
Creative Ways with Watercolor	43
Dormant Pruning of Fruit Trees	39
Drop-in Bridge	32
Earth Week events	29
Edible Landscape Design	38
Egg Scramble	16
Euchre	32
Fitness Assessments	31
Fitshop	34
French at Lunch	37
French for Beginners	37
French: Intermediate Level	38
FrogWatch USA	30
Fundamentals of Middle Eastern Dance	43
Garden Ecology: The Life in the Compost	39
Geodes Unearthed	28
Goodness Snakes Alive!	27
Griffy Lake Nature Preserve—Up Close	30
Griffy Lake Night Hike	30
Group Exercise Punch Pass at the Twin Lakes Recreation Center	33
Grow Organic Special Topics (G.O.S.T.)	39
Habitat Steward Training	39
Happy Hatha Yoga	41
High School Basketball	26
Hockey Initiation—Session II	21
Hook A Kid on Golf	23
Hoosier Hustle	17
How to Teach for People's University	44
Intermediate Guitar	42
Intermediate Middle Eastern Dance	43
Intermediate Youth Tae Kwon Do	21
International Folk Dance	32
Introduction to French for Daily Life	37
Introduction to Irish Gaelic	37
Introduction to the Bloomington Community Orchard	39
Introduction to Permaculture	40
Introduction to Vegetable Gardening	39
Jazzercise	35
Junior Golf Clinic	31
Kickboxing	34
Kid City January Break Days	20
Kid City Spring Break Days	20
Kid City Summer Camps	24-25
Kindermusik—Our Time for Toddlers	18
Kids' Salsa and Swing!	20
Lake Cleanup	30
Lap Quilting	32
Latin Street Dance	42
Leapin' Literature Story Hour	18
Learn to Ride	21
Legal Counseling	32
Leisure Companion Program	14
Leonard Springs Nature Day Program	45
Mahjong	32
Make-It-Yourself Cleaning Products	38
Make Your Own Paper	27
Map and Compass Egg Hunt	30
Maple Syrup Made Easy	28
Massage Therapy	31
Miller-Showers Park Cleanup	30
Mindfulness Diet, The	41
Morning Paddle	30
Movin' thru the Alphabet	18
Music Capers for Preschoolers	18
Mysteries Revealed! Miller-Showers Park Tour	30
Mystery Fit	34
NIA Movement Program CANCELLED	34
Neither Fight nor Flight: Constructive Conflict Resolution	41
Nightclub Dance	42
Old World Journal	43
Performing Arts Series Call to Sponsors	17
Personal Pathway to Health	33
Personal Training at the Twin Lakes Recreation Center	31
Physical Fridays	19
Pick-up Basketball	33
Pick-up Soccer	33
Pickle-Ball	33
Pilates	34
Ping Pong	32
Planes, Trains, and DADDYmobiles	18
Play Tennis throughout The City	21, 27, 36
Polyculture Paradise: An Introduction to Forest Gardens	38
Project Underground: Cave Critter Creations	27
Protect Yourself! Stop Scams and Identity Theft	44
Rhythm and Drumming	14
Roving Naturalist	27
Save Energy and Save Money—A Winning Combination	39
Say It In Spanish	19
Senior Expo—Vegas Nights	17
Senior Volleyball	33
Seusspicious Behavior	16
Signing Babies	18
Silver Sneakers®	7
Soccer—Adult Recreational League	35
Soccer—Little Kickers	21
Soccer—Over 30 League	35
Soccer—Turf Tigers	20
Soccer—Under 18 Boys League	26
Soccer—Under 14 Boys/Coed League	26
Soccer—University Premier League	35
Soccer—Women's League, U16 and Up	31
Soccer Class for Women	35
Soccer Sport Shorties	19
Sophisticated Soldering	43
Special Olympics Indiana—Monroe County	14
Spring and Summer Adult Softball Leagues	36
Spring Ice Show	13
Starting Tomatoes, Peppers, and Eggplants from Seed	38
Strangers to the Conversation: Mediators at Work	41
Steady Steppers	33
Strictly Strength	34
Tae Kwon Do!	21
Tai Chi Chuan	41
Talk Antiques	32
Tee Ball Sport Shorties	20
Teen Hiking Club	28
This Whole House	39
Toy Time for Babies	19
Toy Time for Toddlers	19
Trail Cleanup	30
Tumble Weeds	19
Turf Time for Toddlers	19
Volleyball	35
Warming up to Tree ID	27
Water: Harvesting and Storing It	39
We Need to Talk: Managing Difficult Conversations	41
Wilderness and Remote First Aid	27
Wildflower Foray, The	30
Yoga: Level 1	40
Yoga: Level 1-2	40
Yoga: Level 2	40
Yoga: Level 2-3	40
Your Life—Your Story	38
Youth Baseball	21
Youth Tennis	21
Youth Journalism Project (<i>The Antagonist</i>)	26
Youth Radio	26
Youth Video (RhinoPlasty)	26
Youth Visual Arts: Mural Project and Screenprinting Workshop	26
ZUMBA® 45	33
ZUMBA® 60	33
ZumbAtomic®	21

City of Bloomington Parks and Recreation Department office, City Hall

401 N. Morton St., Ste. 250

Phone: (812) 349-3700

Fax: (812) 349-3705

E-mail: parks@bloomington.in.gov

f Find us on Facebook! City of Bloomington Parks and Recreation



Hours: Monday–Friday, 8 a.m.–5 p.m.

Closings (entire City Hall is closed): *Christmas Eve* (December 24), *New Year's Eve* (December 31), *Martin Luther King, Jr. Day* (January 17), *Good Friday* (April 22)

Services offered: Program/event registration, shelter rentals, ballfield rentals, recreational gear rental, maps, brochures, sponsorship inquiries (see page 46), volunteer inquiries (see page 45) and community relations.

Parking: Designated visitor spaces available in lot on north end of the building. Metered parking and designated visitor spaces on Morton St.

Accessibility: Designated parking spaces in North and South lots, ramp/sidewalk access from parking lots, automatic doors at south entrance, elevator located inside main entrance, restrooms available on ground and second floor level.

Mayor of Bloomington

Mark Kruzan

Parks and Recreation Department Director

Mick Renneisen

Board of Park Commissioners

John Carter—President

Jane St. John—Vice President

Les Coyne

Joe Hoffmann

The Board of Park Commissioners holds regular meetings the fourth Tuesday of every month, which are open to the public. Meetings begin at 4 p.m. in City Hall, located at 401 N. Morton St. Citizens of Bloomington are invited to visit the Board of Park Commissioners meetings with questions or concerns regarding City parks and recreation programs.

Equal Opportunity

This program receives federal funds from the National Park Service. Regulations of the U.S. Department of the Interior strictly prohibit unlawful discrimination in departmental federally assisted programs on the basis of race, color, national origin, age or handicap. Any person who believes he or she has been discriminated against in any program, activity or facility operated by a recipient of federal assistance should write to:

Director, Equal Opportunity Program, U.S. Department of the Interior, P.O. Box 37127, Washington D.C. 20013-7127

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recycled paper.**

Many of our programs and events are part of the **Bloomington Entertainment and Arts District (BEAD)**.

The Bloomington Entertainment and Arts District (BEAD) is galleries, live music, performing arts, over 90 restaurants and 100 specialty shops, parks, hotels, cozy neighborhoods in ten distinct character districts—each with a personality all its own. Walkable, rideable, don't miss-able. A cultural district like no other.

BEAD is an economic development project of the City of Bloomington. For more information, contact bead@bloomington.in.gov or call 349-3534. To make BEAD your next arts and entertainment destination, visit www.visitbead.com.



HOTLINE NUMBERS

Community Events
Performing Arts Series
Peoples Park Concerts
(812) 349-3754

All Sports
(Basketball, Softball, etc.)
(812) 349-3610

Frank Southern Ice Arena
(Winter)
(812) 349-3741

Additional numbers
Maintenance Headquarters
Rose Hill &
White Oak Cemeteries
(812) 349-3498

Lee Huss, Urban Forester
(812) 349-3716

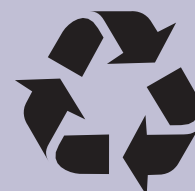
Inclusive Recreation
Services
(812) 349-3747

Are you on our mailing list?

To receive the program guide, published three times per year, call 349-3700 and ask to be placed on the mailing list.

Photo policy

Parks and Recreation staff may videotape or take photos of participants in programs and at special events or of people in parks or on park properties. These photos may be used in future program guides, brochures, fliers or other materials used to promote Parks and Recreation.



**Please recycle
this guide.**

Inclusive Approach to Recreation

Bloomington Parks and Recreation is committed to an inclusive approach to recreation. Inclusion is individuals with and without disabilities participating in recreation activities together. All of our programs are inclusive to people with and without disabilities. See page 14 for more information about our Inclusive Recreation Services.



Fee Waivers

Parks and Recreation offers fee waivers for use of Bryan Park and Mills Pools. Applications can be obtained at the Parks and Recreation office or any parks facility, and may be submitted to any Bloomington Parks and Recreation facility or employee. Proof of income and in-city residency is required along with a nonrefundable \$2 fee. Approval of fee waiver requests is based on Federal Poverty Guidelines as received from the U.S. Department of Health and Human Services.

Scholarships

Because some residents are unable to participate in our programs due to economic hardship, the Bloomington Community Park and Recreation Foundation provides youth scholarships to offset certain fees and charges. Scholarship applications can be obtained at the Parks and Recreation office, Monday through Friday, 8 a.m.–5 p.m., at any department facility, or online at www.bloomington.in.gov/parks. Scholarship applications must be submitted at least two weeks prior to the start of the program for which applying. Proof of income and in-city residency is required.

Natural Resources Educator

Learn more about the amazing natural and cultural resources of our community courtesy of our Natural Resources Educator! Schedule general or specialized programs, classroom visits or field trips to suit your interests. For more information, call 349-3759.

Space is Limited—Register Early!

All classes have limited spaces available. To ensure enrollment, register by dates given. After the registration deadline please call for space availability. Register online at www.bloomington.in.gov/parks, or by sending in the enrollment form in this guide, or in person from 8 a.m.–5 p.m. at the Parks and Recreation office, 401 N. Morton St., Ste. 250.

Nothing cancels a good course quicker than everyone waiting until the last minute to register. If there are not enough registrations by the registration deadline, the course may be cancelled. Coming in on the day the course begins won't resurrect it, so please register early.

Refund Policy

No refunds are provided after the first day of a program. All refunds are subject to a \$2 administrative fee. If the \$2 charge does not cover costs incurred by the Department, the refund may be pro-rated in addition to the \$2 charge. There are no refunds on season passes. Full refunds are given for all classes cancelled by Parks and Recreation. Allow four weeks for refund requests to be processed.

Substitution Policy

Parks and Recreation reserves the right to use substitute instructors and alternate facilities when necessary.

The Bloomington Parks and Recreation Department is proud to offer programs that help make Bloomington an active community!



The Active Living Coalition strives to increase the number of people in Monroe County who engage in healthy, active lifestyles. Bloomington Parks and Recreation also partners with Bloomington Hospital and uses joint resources to positively affect the health and wellness of our residents. For more information, visit www.activelivingcoalition.org.

Look for the “Healthy Heart” logo next to heart-healthy programs, and for Healthy Heart tips throughout the guide. We are pleased to offer not only heart-healthy programming, but also a trained Health and Wellness Coordinator, Lindsay Buuck, as a resource for building a healthy lifestyle.



Support Parks and the Community and Promote Your Business Become a Parks Partner

The Parks and Recreation Department offers a variety of programs for all ages and interests. Last year, more than 774,000 people participated in Parks and Recreation programs. If you are trying to reach youth, teens, families, young adults or adults over age 50 yrs., we have the medium to promote your product or service. *If your business believes in supporting the community, quality of life and environment, Bloomington Parks and Recreation has many sponsorship options to choose from. See page 46 for more information.*

Get Involved ... Volunteer!

Look for the volunteer symbol throughout the program guide.



Parks and Recreation volunteers provide valuable services to the community by assisting in many events and programs in a variety of ways. Volunteers can participate on a regular basis or on occasion as desired. There are many opportunities for individuals and groups to choose from and an assortment of times and days available. **See page 45 for more information.**





Birthday Parties at Twin Lakes Recreation Center

Rental includes tables, chairs, and use of the party room and one basketball court or turf for one hour. Decorating, setup and cleanup must be done during the rental time, or additional time can be added.

A 12' x 14' children's bounce house available for your party rental. Cost is \$25 for the first hour—\$10 per hour for any additional hours.

\$50/hour with court, \$80/hour with turf

Plan on eating during your party? Bring in your own food or purchase fountain drinks, hot dogs, chicken tenders, and pizza at our concession services.

For more information, contact the Twin Lakes Recreation Center at 349-3720.

Shelter Rentals

See page 11.



Bloomington Wins Top National Honors as America in Bloom Community

The Bloomington Board of REALTORS, and its partners the City of Bloomington and Indiana University, along with numerous community organizations and countless volunteers, achieved recognition in a national beautification competition in October 2010 when Bloomington was named an America in Bloom community.

Much more than just a competition, America in Bloom resulted in community collaboration with Board of REALTORS members, IU students, faculty and staff, county government, non-profit organizations, businesses, and city government who came together to make Bloomington a better place to live, work and play.

Bloomington and the two other competing cities in the same population category were judged in Tidiness, Environmental Effort, Community Involvement, Heritage, Urban Forestry, Landscaped Areas, Floral Displays, and Turf and Ground Cover Areas.

Bloomington was also named the overall winner of the Urban Forestry category over all the America in Bloom contenders—28 in all.

Bloomington Parks and Recreation extends its sincere thanks to everyone who participated in the America in Bloom competition, whether by picking up litter, planting flowers and trees, recycling, or countless other ways that showed how proud we are of our city. The America in Bloom plaques and trophies will be traveling around the city during 2011 so everyone in our community can see and enjoy them. Visit the Bloomington in Bloom Web site at bloomingtoninbloom.org for updates on where the trophies will reside.

Allison-Jukebox Community Center

351 S. Washington St.

Phone: (812) 349-3731

Fax: (812) 349-3785

Hours: Call 349-3731 for facility hours and times for scheduled classes/events.

Closings: *Christmas Eve* (December 24), *New Year's Eve* (December 31), *Martin Luther King, Jr. Day* (January 17), *Good Friday* (April 22)

Program/Facility Coordinator: Tim Pritchett

Inclusive Recreation Coordinator: Amy Shrake

Bus Line: #1 South

Facility information: Two large activity rooms, restrooms and a full kitchen are available for rental.

Call 349-3728 for reservation and availability.

Accessibility: Designated parking space and accessible entrance in rear/southeast side of building, accessible restrooms.

Rentals

Room	Nonprofit	Private
Activity rooms (two available)	\$20/hour/room	\$35/hour/room
Restrooms only (with Third Street Park)	\$20/hour	\$35/hour
Kitchen	\$15 flat fee	\$20 flat fee



All Camp Registration Day Saturday, March 5 • 10 a.m.-3 p.m. City of Bloomington Allison-Jukebox Community Center

Register for camp on All Camp Registration Day and meet the staff responsible for coordinating our popular summer camp program. Ask specific questions about camp programs and themes.

See pages 24–25 for more information.



Kid City campers swim at Bryan Park Pool.

Banneker Community Center

930 W. Seventh St.

Phone: (812) 349-3735

Fax: (812) 349-3705

Hours: Office Hours: Monday–Friday, 9 a.m.–5 p.m.

Drop-In Hours: Monday–Friday, 5–9 p.m.

Closings: Winter Break (December 24–January 2), Martin Luther King, Jr. Day (January 17), Good Friday (April 22)

Program/Facility Coordinator: Leslie Brinson

Program Specialist: Karen Serfling

Bus Line: #3 drops at Fifth and Elm Streets

Ages: All ages are welcome. Children ages 10 yrs. and under must be accompanied by a responsible caregiver age 18 yrs. and up at all times.

Facility information: Gymnasium, recreation room, restrooms, full kitchen, library, Family Resource Center (third floor)

Rentals: Three meeting rooms, a gymnasium, full kitchen, and building are available for rental. Call 349-3735 for reservation and cost information.

Accessibility: Designated parking space on west side of building, ramp and elevator on ground floor, gym entrance is accessible.

Bloomington Youth Basketball

See page 22.



Evans-Porter Memorial Library

Hours: Monday–Friday, 9 a.m.–9 p.m.

The Banneker Community Center is proud to host the Evans-Porter Memorial Library in partnership with the Monroe County Public Library. Come browse the book selections, magazines and resource materials located in the Library. Check-out procedures are easy and convenient.



Banneker Advisory Council Meetings

Share your ideas for programs, activities and special events at the Evans-Porter Memorial Library inside the Banneker Community Center. An opportunity for public comment is offered at each meeting. If interested in becoming a part of the Advisory Council, contact Leslie Brinson at 349-3734 for an application.

Monday, January 24 ♦ 4 p.m.

Monday, March 28 ♦ 4 p.m.

Banneker Green Thumbs Garden

The Banneker Green Thumbs Garden, located at the Banneker Community Center on West Seventh Street, enables youth enrolled in the Banneker Center's after-school and summer programs to learn the art of organic gardening. Mother Hubbard's Cupboard Food Pantry, partners with the Community Garden Program to help educate the youth of our community while producing food to be distributed to community members in need through the Plant a Row for the Hungry Campaign. For information on how to participate, contact Mother Hubbard's at mhc@mhcfoodpantry.org or 355-6843.



Frank Southern Ice Arena

Ice Information Hotline: 349-3741

Call the Ice Information Hotline for public skating times, holiday skating hours, open ice times, special events, and weather-related closings.

2100 S. Henderson St. (behind Bloomington High School South)

Phone: (812) 349-3740

Fax: (812) 349-3775

Rink Season: October 1 through March 6

Sports Coordinator/Facility Manager: Dee Tuttle

Sports Facilities Supervisor/Maintenance: Tim Fulton

Sports Coordinator: Chris Truelock

Facility information: Ice pad, party room, locker rooms, restrooms, concessions, lobby, skate rental, skate sharpening

Accessibility: Accessible lobby area and restrooms

Public Skating Hours

Monday through Thursday: Noon–2:30 p.m.

Friday: Noon–2:30 p.m. and 7–9 p.m.

Saturday: 12:30–2 p.m.

7–9 p.m. (Lunar Skating)

9:15–11 p.m. (Night Owl)

Sunday: 3–5 p.m.

General Admission: \$5

Skate Rental: \$2.50

Skate Sharpening: \$4 and \$5 (immediate service)

Economy Pass: \$45 (10 sessions, excludes skate rental)

Rentals (Call the Arena at 349-3740 to reserve)

Rinkside Party Room: This climate-controlled, rinkside room offers a great place for up to 20 guests. Cost is \$50 per public session. Group rates (10 or more people) are \$4.50/person (includes skate rental) or \$3.50 per person (bring your own skates.)

Chillin' Party package: Cost is \$50. Includes use of party room during public session and cleanup.

Cool Party package: Cost is \$90. Includes use of party room during public session, 10 admissions with skate rental, and cleanup. Additional admissions are \$4.50/person.

Arena Rental: The Arena may be rented for exclusive use during unscheduled times. Rental includes the use of the lobby, sound system, ice pad, and locker rooms. There is an additional fee for skate rental.

Reservations must be made at least 10 days prior to the requested date. A non-refundable deposit of 10 percent is required. All participants at private hockey functions must wear protective gear.

Prime Time: \$160/hour, weekdays 4–11 p.m. or weekends 8 a.m.–11 p.m.

Slow Time: \$140/hour (morning or late night)

Holiday Public Skating Schedule

Sun., 12/19–Thur., 12/23: 1–7 p.m. Skate all day for one price.

Fri., 12/24–Sat., 12/25: Closed

Sun., 12/26–Thur., 12/30: 1–7 p.m. Skate all day for one price.

Fri., 12/31: Closed

Sat., 1/1–Sun., 1/2: 1–7 p.m. Skate all day for one price.

All sessions subject to change or cancellation.

Hockey Initiation—Session II

See page 21.

Ice Skating Lessons

See page 13.

Spring Ice Show

See page 13.



Twin Lakes Recreation Center

1700 W. Bloomfield Rd.

www.bloomington.in.gov/TLRC

Phone: (812) 349-3720

Fax: (812) 349-3707

Hours: Monday–Friday, 5 a.m.–10 p.m.

Saturday–Sunday, 7 a.m.–10 p.m.

Christmas Eve (December 24): 10 a.m.–4 p.m.

Christmas Day (December 25): Closed

New Year's Eve (December 31): 10 a.m.–4 p.m.

New Year's Day (January 1): Closed

Easter (April 24): Closed

Facility Manager: Mark Sterner

Facility Coordinator: Daren Eads

Aquatics/Sports Coordinator: Rob Gilchrist

Health and Wellness Coordinator: Lindsay Buuck

Membership Coordinator: Kirsten Prange

Daily admission

Daily admission for individual non-members: \$7

Daily admission for youth ages 7–17 yrs.: \$6

Youth ages 6 yrs. and under admitted **free**.

See pages 32-34 for adult fitness and wellness programs at the TLRC.

Membership benefits

The Twin Lakes Recreation Center provides members with many choices to create a wellness plan that offers variety and challenge.

Stop by and see how the TLRC's new cardio studio and strength equipment, and the expanded free weight area, can be a part of your fitness goals.

Facility rental (per hour)

Program Room	\$30
Conference Room	\$40
Fitness Room	\$50
Party Room	\$50
Whole Lower Level	\$120
Rental of entire facility	Call for prices and information.
Basketball competitions per court	\$32 or \$42/hour Call for information.
Basketball practice/court	\$22/hour
Basketball practice/half court	\$15/hour
Turf field	\$70/hour
Turf field non-prime 5 a.m.–4 p.m.	\$40/hour

Memberships*

Type	Automatic Monthly Debit**	Monthly	Six months	12 month
Student <i>Under 18 yrs. or with valid college or university ID</i>	\$22/month Automatically debited from your bank account each month.	\$25/month Payable by cash, check, or credit card each month at the TLRC.	\$125 One up-front payment. Savings of \$25 over Automatic Monthly Debit rate.	\$225 One up-front payment. Savings of \$39 over Automatic Monthly Debit rate.
Adult	\$32/month Automatically debited from your bank account each month.	\$35/month Payable by cash, check, or credit card each month at the TLRC.	\$175 One up-front payment. Savings of \$17 over Automatic Monthly Debit rate.	\$325 One up-front payment. Savings of \$59 over Automatic Monthly Debit rate.
Senior <i>age 60 yrs. and up</i>	\$27/month Automatically debited from your bank account each month.	\$30/month Payable by cash, check, or credit card each month at the TLRC.	\$149 One up-front payment. Savings of \$13 over Automatic Monthly Debit rate.	\$276 One up-front payment. Savings of \$48 over Automatic Monthly Debit rate.
Two Person <i>Must reside in the same household.</i>	\$47/month Automatically debited from your bank account each month.	\$50/month Payable by cash, check, or credit card each month at the TLRC.	\$250 One up-front payment. Savings of \$32 over Automatic Monthly Debit rate.	\$475 One up-front payment. Savings of \$89 over Automatic Monthly Debit rate.
Two Seniors <i>age 60 yrs. and up. Must reside in the same household.</i>	\$40/month Automatically debited from your bank account each month.	\$42/month Payable by cash, check, or credit card each month at the TLRC.	\$212 One up-front payment. Savings of \$28 over Automatic Monthly Debit rate.	\$404 One up-front payment. Savings of \$76 over Automatic Monthly Debit rate.
Family <i>Max. 2 adults and dependent children living in the same household</i>	\$55/month Automatically debited from your bank account each month.	\$60/month Payable by cash, check, or credit card each month at the TLRC.	\$300 One up-front payment. Savings of \$30 over Automatic Monthly Debit rate.	\$575 One up-front payment. Savings of \$85 over Automatic Monthly Debit rate.

*There is a one-time capital fee of \$20 for each new member.

**Automatic Monthly Debit requires a 12-month commitment, and can be put on a freeze for up to three months within 12 months.



Lunch Hour Open House

Power up your lunch hour with a visit to the Twin Lakes Recreation Center! Join us for a Lunch Hour Open House at Noon the second Thursday of every month. Take a tour, get valuable health and wellness information from our guest speakers, and power it up with a walk on our indoor track before heading back to work with a healthy snack on us!

You can also schedule a customized single Lunch Hour or series of Lunch Hour meetings just for your group! Tell us what your group wants to know and we will design a Lunch Hour just for you. For more information, contact Kirsten Prange, Twin Lakes Recreation Center Membership Coordinator, at 349-3770 or prangek@bloomington.in.gov.

- **Thursdays, Jan. 13, Feb. 10, March 10 and April 14**
- **FREE**
- **A special fee applies for customized Lunch Hour series.**

Gift of Wellness

Give the gift that will really make a difference in someone's life. A gift certificate to the Twin Lakes Recreation Center opens the door to a healthy, active lifestyle! With a full-service fitness center, group exercise classes like ZUMBA®, Boot Camp and Ab Blast, five basketball courts, an indoor ½-mile track and indoor soccer field, your special someone will have access to a whole world of fitness. Purchase a gift certificate at the TLRC front desk.



Employee Wellness programs: from a healthy lifestyle to a healthy workplace!

From a Healthy Lifestyle to a Healthy Workplace, the TLRC staff is here to help you design a custom wellness program that fits your company's goals and healthcare mission. Your Employee Wellness Program with the Twin Lakes Recreation Center carries the added benefit of our community partnership with Bloomington Hospital. This dynamic partnership and collaboration opens the door to a vast resource of health and wellness knowledge in the form of programs, guest speakers and access to a wealth of valuable information. For help designing a custom wellness program that fits your company's mission and goals, or to learn more about the benefits of employee wellness programs to your company, contact Kirsten Prange, Twin Lakes Recreation Center Membership Coordinator, at 349-3770 or prangek@bloomington.in.gov.

Silver Sneakers®

The Silver Sneakers® program is the nation's leading exercise program designed exclusively for older adults.



The program offers physical activity, health education, and social events for Medicare-eligible and Group Retiree members. **Inquire at the Twin Lakes Recreation Center front desk for a list of participating insurance carriers or to sign up.**

Day(s)	Time	Room	Description
Mon., Wed.	9:30-10:30 a.m.	Court 3	Muscle Strength & Range of Movement
Mon., Wed.	10:30-11:30 a.m.	Group Exercise Room	YogaStretch
Tue., Thur.	9:30-10:30 a.m.	Court 3	Cardio Circuit
Tue., Thur.	10:30-11:30 a.m.	Court 3	Muscle Strength & Range of Movement

Ages: 50 yrs. and up

Location: Twin Lakes Recreation Center

Twin Lakes Recreation Center Member Rewards Program

Inspire someone you know to share in your commitment to health and wellness through our TLRC Member Rewards Program. Do you know someone who needs just a little boost to get on the right path to a healthier lifestyle? Stop by the Twin Lakes Recreation Center front desk for more information about ways you and your friends can be rewarded by referring new members to the TLRC.

Corporate Events at the Twin Lakes Recreation Center

The space for a perfect corporate team building or employee event is waiting for you at the Twin Lakes Recreation Center. Come to the TLRC for over 100,000 square feet of fitness, sport and meeting spaces, and physical fun. The TLRC staff will help you create a great event for team building, health and wellness education and physical activity for your employees. For more information about corporate events at the TLRC, contact Kirsten Prange at 349-3770 or prangek@bloomington.in.gov.

Corporate Partnerships at the Twin Lakes Recreation Center

The Twin Lakes Recreation Center receives thousands of visits every year. It's where community members go in pursuit of healthy, active lifestyles, and is a destination for players, coaches, spectators, and parents who come for local and regional basketball, soccer, and other sports tournaments. To find out more about adding the TLRC to your company's marketing strategy, contact Bob McDowell at (502) 593-4607 or via e-mail at bobmcdowell@insightbb.com.



B-Line Trail

Opened June 2009, the first phase of the B-Line Trail runs from Rogers Street to Second Street. Construction on the second phase, from Second Street to Grimes Lane **and** from Rogers Street to Adams Street, is scheduled for completion in summer 2011.



Sculptor Mark Wallis's steel sculpture "Dancing Spirit" is on the B-Line Trail near Rogers Street.

Bloomington Rail Trail

The Bloomington Rail Trail has a trailhead located at W. Country Club Dr., between S. Rogers St. and S. Old SR 37. This trail connects to the Clear Creek Trail, offering a total of 4.3 miles of trail.

PARKING: Available at trailhead in lot at Country Club Dr.

TRAIL: 2.0 miles, gravel

ACCESSIBILITY: Inaccessible

Broadview Park

Broadview Park is located at 704 West Graham Dr. Parks and Recreation in partnership with the Monroe County Community School Corporation built a new park and playground at the site of the former Broadview School in 2007.

AMENITIES: One small, unreservable shelter, youth and tot play equipment, basketball court, picnic tables and benches

PARKING: Available at park

ACCESSIBILITY: Playground and picnic shelter are accessible. Designated parking space.

Bryan Park

Bryan Park is located at 1001 S. Henderson St.

AMENITIES: Three baseball/softball fields (unlighted), four basketball goals (lighted), three playgrounds, three reservable shelters (see page 11 for details), two volleyball courts (grass/sand), five tennis courts, three horseshoe pits, a fitness area by the North Shelter, restrooms, picnic tables and an Olympic-sized, outdoor swimming pool/water slides. A "tot lot" playground was installed in 2008.

PARKING: Available on Woodlawn Ave., Henderson St. and Bryan Park Pool parking lot

TRAIL: .8 miles (loop), paved

ACCESSIBILITY: Designated parking space, restroom, juvenile playground, basketball courts, creekside walking trail, Woodlawn Shelter and playground are accessible.

Building and Trades Park

Building and Trades Park is located at 619 W. Howe St.

AMENITIES: Five basketball goals, two playground areas on north side of park, one reservable shelter (see page 11 for details), one play field, restrooms located near W. Howe St. and a picnic table by the parking lot

PARKING: Off W. Howe St.

TRAIL: .25 miles, paved

ACCESSIBILITY: Designated parking space in W. Howe St. lot, shelter and playground are accessible.

Rev. Ernest D. Butler Park and Community Gardens

Located at 812 W. Ninth St. The Butler Park Community Gardens include 45 organic gardening plots for rent. See page 12 for details.

AMENITIES: Two basketball goals, one ballfield, a drinking fountain, two small, unreservable shelters and a playground

PARKING: Two small parking lots

TRAIL: .7 miles, paved

ACCESSIBILITY: Playground is accessible.

Cascades Park and Skate Park

Lower Cascades Park is located at 2851 N. Old State Rd. 37.

Dedicated in August 1924, Lower Cascades Park was the City of Bloomington's first park. The City's largest playground was constructed at the Park in 2006. In September 2008, the City purchased an additional 6.15 acres of greenspace to add to Lower Cascades Park.

AMENITIES: Two baseball/softball fields, one playground, two reservable shelters (see page 11 for details), one sand volleyball court, restrooms and limestone picnic tables

PARKING: Available at shelters and ballfields

ACCESSIBILITY: Playground is accessible.

Upper Cascades Park is located at 3550 N. Kinser Pk. and is home to the Cascades Golf Course. The Skate Park at 2602 N. Kinser Pk. features concrete ramps, rails and other terrain for use by skateboarders and in-line skaters.

AMENITIES: Playground, 27-hole golf course (see page 31 for costs, tee times, clubhouse rental), restrooms, Skate Park, benches and one large, reservable shelter (Lions Den, see page 11 for details)

PARKING: Available at Cascades Clubhouse, shelter and Skate Park

ACCESSIBILITY: Designated parking spaces at clubhouse, playground and shelter are accessible.

Clear Creek Trail

The Clear Creek Trail has trailheads located at Tapp Rd., That Rd. and Church Ln. The southernmost part of the trail features the historic Harris Ford Bridge from Warren County.

PARKING: Lots located at Church Ln., That Rd. and Tapp Rd. trailheads

TRAIL: 2.4 miles, paved

ACCESSIBILITY: Trail and parking lots are accessible.

Crestmont Park & Community Gardens

Crestmont Park is located at 600 W. 16th St.

AMENITIES: Four basketball goals, 18-hole frisbee golf course (www.bdgc.org), one playground, a drinking fountain, one small, unreservable shelter and community gardens (see page 12 for details).

PARKING: Located off W. 16th St.

ACCESSIBILITY: Parking available, community gardens and playground are accessible.

Goat Farm

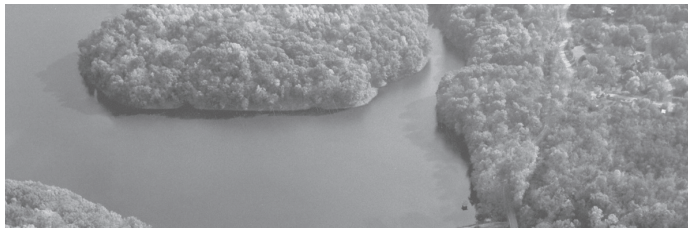
Located at 2000 E. Winslow Rd.

The Bloomington Community Park and Recreation Foundation, on behalf of the City of Bloomington, accepted a donation of 31.5 acres of land known as the "Goat Farm" from the Sherman Rogers family in June 2007. The City's Parks and Recreation Department will manage the area for public recreational purposes and passive greenspace.



Healthy Heart Tip!

Walking strengthens your heart.



Griffy Lake Nature Preserve

Scenic woodlands teeming with wild flora and fauna surround Griffy Lake at this 1,192-acre nature preserve. **Swimming is prohibited, and to protect wildlife and visitors, all dogs must remain leashed while in the Preserve.** Rowboat, kayak and canoe rentals are available seasonally at the Griffy Lake boathouse. **Griffy Lake Nature Preserve is located at 3300 N. Headley Rd. For more information, call 349-3700.**

2011 Griffy Lake Rental Fees

Boat, Canoe and Kayak Rental (2 hr. limit on holidays/weekends)	\$6/hour
Misc. Rental (paddle, anchor, nature guide, etc.)	\$1
10-Rental pass	\$50

Available for purchase at the boathouse during normal business hours.

Groups wishing to make boat rental reservations Monday–Friday may do so by calling Elizabeth Tompkins at 349-3759. We do not reserve boats on weekends or holidays.

Launch fees: \$50/season, \$5/day

Boathouse Hours: April and October, Saturday and Sunday only, 9 a.m.–6 p.m.
May–August, Daily, 8 a.m.–8 p.m.
September, Daily, 9 a.m.–6 p.m.
November–March, Closed

Boathouse Phone: 349-3732

Self-Guided Canoe Trail Learn about the cultural and natural history of the Nature Preserve while traveling by canoe. Free, updated canoe trail guides are available at the Griffy Lake boathouse.

Griffy Lake Trails Trail guides are available at the Bloomington Parks and Recreation office and the Griffy Lake boathouse. Please respect this fragile environment by remaining on the marked trails.

Dogs must remain on leash at all times. Mountain biking, horseback riding and off-road vehicles are strictly prohibited.

AMENITIES: Boat, canoe and kayak rentals, 109-acre lake, one play field (off of N. Dunn St.), restrooms (next to boathouse, open during boathouse hours) and picnic tables (by the boathouse)

PARKING: Available by the boathouse (3300 N. Headley), additional spaces available on N. Dunn St.

TRAILS: 10+ miles total, wood chip and natural; Wetlands Trail .3 miles, Nature Trail .4 miles (loop), Griffy Creek Trail 1.5 miles, Hiking Trail 1.6 miles (loop); Self-guided canoe trail (see above for details.)

ACCESSIBILITY: Inaccessible

*The surface of the lake often freezes in winter with varying ice conditions that can be hazardous.
The City of Bloomington assumes no responsibility for accidents resulting from individuals venturing onto the ice.*

Highland Village Park

Located at 950 S. Harvey Dr.

AMENITIES: Two basketball goals, one play field, a drinking fountain, one small, unreservable shelter, a playground and .33-mile walking trail

PARKING: Limited space available

ACCESSIBILITY: Playground/swings and trail are accessible.

Jackson Creek Trail

Phase I of the Jackson Creek Trail, from the Winslow/High Street roundabout to Olcott Park, was officially opened in October 2010.

TRAIL: .6 miles, paved

ACCESSIBILITY: Trail and parking lots are accessible.

Latimer Woods

Located on the east side of Bloomington at 3200 E. Buick Cadillac Blvd. A 4-mile interpretive trail describing the area and its history is located on the 10-acre property. The trail can be accessed down the dirt road toward the woods.

AMENITIES: .4 mile loop, woodchip

PARKING: Southwest corner of The Woods at Latimer apartments

ACCESSIBILITY: Inaccessible

Leonard Springs Nature Park

Located on the southwest side of Bloomington, west of State Road 37 at 4685 S. Leonard Springs Rd. Leonard Springs contains both Leonard Springs and Shirley Springs in addition to caves, steep, forested slopes and a wetland.

PARKING: Available at lot on Leonard Springs Rd.

TRAIL: 1 mile, wood chip and natural

ACCESSIBILITY: Inaccessible

Miller-Showers Park

Miller-Showers Park is located at 1500 N. College Ave. and is accessible from 17th St. on the south. Miller-Showers Park greets residents and visitors with the “Red, Blond, Black and Olive” sculpture, observation pier, walking bridge, accessible trail and native landscaping.

AMENITIES: Park benches, drinking fountain and .59-mile trail (loop)

PARKING: Located off W. 17th St., additional parking available on N. Walnut St. and S. College Ave. adjacent to the park

ACCESSIBILITY: Designated parking available in W. 17th St. lot, trail is accessible.

Olcott Park

Located at 2300 E. Canada Dr.

AMENITIES: Multipurpose play fields (lighted-reservable), one reservable shelter (Young Pavilion, see page 11 for details), restrooms and playground

PARKING: Large parking lot

TRAIL: .5 miles (loop), paved

ACCESSIBILITY: Designated parking space in lot, playground and shelter are accessible.

Park Ridge Park

Located at 3421 E. Longview Ave.

AMENITIES: Two basketball goals, one playground, one small, unreservable shelter with grill and bike path to the bypass nearby

PARKING: None

ACCESSIBILITY: Playground and shelter are accessible.

Park Ridge East Park

Located at 4221 E. Morningside Dr.

AMENITIES: One full basketball court (unlighted), one small, unreservable shelter with grill and two tennis courts. New playground equipment was installed in 2008.

PARKING: None

ACCESSIBILITY: Shelter is accessible.

Peoples Park

Located in the heart of the city and bordering the Indiana University campus at 501 E. Kirkwood Ave.

AMENITIES: Benches, checker tables, murals, stone sculpture and mosaic tiles; Tuesday Lunch concerts at Noon, May through September.

PARKING: Available on Kirkwood Ave. and surrounding streets

ACCESSIBILITY: Accessible

RCA Park

Located at 1400 W. RCA Park Dr.

AMENITIES: Two full basketball courts (lighted), two baseball/softball fields, restrooms near playground, four tennis courts, one large play field, one large playground with sand surface and two reservable shelters (one large, one small; see page 11 for details)

PARKING: Parking available in RCA Park Drive lot

TRAILS: .7 miles, paved interpretive trail, and .74 miles, wooded trail

ACCESSIBILITY: Interpretive walking trail is accessible. Shelter and parking are accessible.



RCA Park

Rose Hill Cemetery

Located at 1100 W. Fourth St. Features graves of both local and nationally known Bloomington residents. Cremation ground plots and mausoleum niches are still available. Burial records are now available at bloomington.in.gov/burials.

OFFICE: 930 W. Fourth St. Contact: Barb Dunbar at 349-3498

AMENITIES: Paved service drives, dog station

PARKING: Parking available on Fourth St. and along service drives

ACCESSIBILITY: Inaccessible

Schmalz Farm Park

Located at 3010 E. Daniel St.

AMENITIES: Schmalz barn, one playground, benches, one small unreservable shelter and picnic tables

PARKING: Limited space available

ACCESSIBILITY: Playground and shelter are accessible.

Sherwood Oaks Park

Located at 1600 E. Elliston Dr.

AMENITIES: Two basketball goals, open play fields, two tennis courts, a drinking fountain, one small, unreservable shelter, a small, running stream and a trail bridge over Jackson Creek leads to Olcott Park and Jackson Creek Middle School. New playground equipment was installed in 2009.

PARKING: Parking lot with limited space

ACCESSIBILITY: Tennis courts are accessible.

Southeast Park

Located on a cul-de-sac, Southeast Park is located in the Sycamore Knolls neighborhood, just south of Moores Pike at 1600 Sycamore Ct.

AMENITIES: Four basketball goals, one playground, one small, unreservable shelter with picnic table and two grills, tennis courts, a drinking fountain and a gravel walking path in the south end of the park

PARKING: Small parking area at end of cul-de-sac

ACCESSIBILITY: Playground and shelter are accessible.

Third Street Park

Located at 331 S. Washington St.

AMENITIES: One playground, stage

PARKING: Parking available behind the stage, limited parking available along S. Lincoln St. and S. Washington St.

ACCESSIBILITY: Designated parking space available behind the stage; sidewalk through the park is accessible.

Twin Lakes Sports Park

Located at 2350 W. Bloomfield Rd. (Second Street)

AMENITIES: Four softball fields (lighted), one playground, picnic tables, concession stand (when games are in play), one reservable, closed shelter (Twin Lakes Lodge, see page 11 for details) and restrooms (during league play)

PARKING: Parking for over 300 vehicles

TRAILS: .7 miles, wood chip and natural trail

ACCESSIBILITY: Playground is accessible, designated parking space, ballfields are accessible, Twin Lakes Lodge (except kitchen) is accessible.

Wapehani Mountain Bike Park

Hit the trail with your mountain bike at this 46-acre park, located at 3401 W. Wapehani Rd. Wapehani Mountain Bike Park was the first mountain bike park established in the State of Indiana. Helmets and a signed waiver statement are required for bicyclists. Waivers are available at the Parks and Recreation office. Please don't ride the trails when they're muddy!

TRAIL: 5.0 miles, dirt

PARKING: Gravel lot on Wapehani Rd., limited spaces

ACCESSIBILITY: Inaccessible

White Oak Cemetery

Located at 1200 W. Seventh St. Originally the United Presbyterian Cemetery, this cemetery was purchased by the City of Bloomington in 1914 and renamed White Oak in 1983. Plots are still available for purchase. Burial records are now available at bloomington.in.gov/burials.

OFFICE: 930 W. Fourth St. Contact: Barb Dunbar at 349-3498

AMENITIES: Greenspace

PARKING: Parking available on street and on service drive

ACCESSIBILITY: Inaccessible

Winslow Sports Complex

Located at 2800 S. Highland Ave., just south of the YMCA

AMENITIES: Six baseball/softball fields, multiple tennis courts, one playground, one play field and restrooms

PARKING: Lot located off S. Highland, additional parking at Winslow Woods Park

TRAILS: .9 miles, natural

ACCESSIBILITY: Playground and parking are accessible.

Winslow Woods Park & Willie Streeter Community Gardens

Located at 2120 S. Highland Ave., just north of Winslow Sports Complex, Winslow Woods Park features the Willie Streeter Community Gardens. See page 12 for details.

AMENITIES: Two basketball goals (unlighted), one playground, one play field, restrooms (Port-A-John), one large, reservable shelter (see page 11 for details), picnic tables, a drinking fountain and community gardens

PARKING: Parking available at shelter

ACCESSIBILITY: Parking, playground, community gardens and shelter are accessible.

Bloomington's City Trails

For more information, call 349-3700.

All Bloomington trails offer an alternative means of transportation, a place to be active, and represent a long-term commitment to connect public facilities by routes that do not require vehicles.

B-Line Trail

The final phase of the B-Line Trail will extend from the downtown section (¾ mile) completed in June 2009. The project includes the trail section from the west side of Rogers Street to the east side of Adams Street (¾ mile) and from the north side of Second Street to the north side of Country Club Drive (1.75 miles) through the property known as the McDoel Railroad Switchyard.



The trail will incorporate many of the design features included in Phase I construction, such as street name paver treatments at each crossing, a human/pet drinking fountain, park benches, limestone accents, trees, and landscaping. This final construction phase will also be lighted with energy-efficient LED fixtures. Small plaza areas will be constructed near Seminary Square south of Second Street and at Adams Street. Generous financial support from Bloomington Hospital will result in the provision of several fitness stations along the trail between First Street and Grimes Lane.

Jackson Creek Trail

The first of several phases of the Jackson Creek Trail began with construction of the Trail from the Winslow, High and Rogers roundabout south across the City-owned "Goat Farm" property to Sherwood Oaks Park, a distance of approximately 6/10 of a mile.



The Trail is similar in design to the Clear Creek Trail with a 12' asphalt pavement width, landscape plantings, rain garden drainage features, and site amenities such as park benches and a drinking fountain. This phase of the Jackson Creek Trail opened October 5, 2010.

Clear Creek Trail

The Clear Creek Trail is a linear park consisting of 20.8 acres and stretching 2.4 miles from Country Club Drive past Tapp Road to Church Lane. The paved Clear Creek Trail connects to the gravel Bloomington Rail Trail, and will eventually connect to the B-Line Trail via the Bloomington Rail Trail. Long-range plans call for the Clear Creek and Jackson Creek Trails to connect as well.



Phase I of the Clear Creek Trail between Tapp Road and That Road was opened on May 23, 2001. Phase II from That Road to Church Lane was opened on October 30, 2003.

Shelter House Rentals

Shelter house reservations may be made in person at the **Bloomington Parks and Recreation office**, Monday–Friday, from 8 a.m.–5 p.m. With the exception of Twin Lakes Lodge, shelter reservations may also be made online; the Lodge must be reserved in person. Shelters are available for rental April 1 through October 31. Reservations are available year round on a first-come, first-served basis.

Bryan Park—Henderson—\$43

This shelter is near Henderson St., close to the Tot Lot playground, and houses 25–30 people. The shelter is equipped with a grill and water, but no electricity.

Bryan Park—North Shelter—\$43

This shelter is located near the north side of the park. It houses approximately 25–30 people and comes equipped with a grill, water, and electricity.

Bryan Park—Woodlawn Group Shelter—\$55

This shelter is near Woodlawn Ave. and situated close to Bryan Park Pool and the tennis courts. It houses approximately 120 people, is wheelchair accessible, and comes equipped with grills, electrical outlets, lights, and water.

Building and Trades Park Shelter—\$43

Across from Bloomington Hospital on Second St., this shelter houses 25–30 people. It is wheelchair accessible, comes equipped with accessible restrooms and a grill, but no water or electricity.

Lower Cascades Park—Sycamore Shelter—\$65

Located in the lower portion of Cascades Park, this shelter houses approximately 75 people. Bathrooms (open seasonally) are a part of the building, and the shelter comes equipped with grills, electricity, fireplace, water, drinking fountain, playground access, and a large parking lot.

Lower Cascades Park—Waterfall Shelter—\$55

This shelter houses approximately 75 people. It comes equipped with electricity, a fireplace, playground access, grills, drinking fountain, and a sand volleyball court nearby. Restrooms are across the road at the playground or in the Sycamore Shelter.

Olcott Park—Young Pavilion—\$55

This round pavilion can accommodate 50–75 people. It is wheelchair accessible and comes equipped with picnic tables and a group grill, but no lights or electricity. Restrooms and a drinking fountain are located nearby.

RCA Park—Small Shelter—\$43

Located off Rockport Rd./Countryside Ln. on RCA Park Dr., this accessible shelter houses approximately 25–30 people. It comes equipped with a grill, but no water or electricity. Restrooms are located nearby.

RCA Park—Large Shelter—\$50

This shelter is a beautiful wood structure, secluded among trees and accessible by boardwalk. It can accommodate 50–75 people and comes equipped with adult and children's picnic tables, group grills, electrical outlets and lights, and is wheelchair accessible. Restrooms are located nearby.

Twin Lakes Lodge—\$90 (Mon.–Thur., + \$100 deposit); \$150 (Fri.–Sun., and holidays + \$145 deposit)

Located at 2350 W. Bloomfield Rd. with room for approximately 125 people. This enclosed shelter is wheelchair accessible (except kitchen) and overlooks Twin Lakes Sports Park. It comes equipped with an outdoor deck, full-size refrigerator, microwave, banquet-sized coffee pot and sink, restrooms, tables and chairs.

Upper Cascades Park—Lions Den—\$55

This accessible shelter can accommodate 100–120 people. An accessible playground is nearby, with adult and children's picnic tables, electrical outlets, two grills, and a drinking fountain located at the shelter. Restrooms are available in the Cascades Golf Course Clubhouse during business hours, with Port-a-Johns located at the shelter site.

Winslow Woods Park Playground Shelter—\$50

Located off S. Highland Ave., this accessible shelter houses approximately 120 people and comes equipped with grills and an accessible playground, electricity, and a drinking fountain.

Community Gardens

For more information,
call 349-3700.

The Community Garden Program offers a variety of gardening opportunities for individuals, families, groups and organizations. Services provided include the initial preparation of the garden area, sources of water, maintained paths, composting facilities, fencing, the advice of the Garden Supervisor (if requested), and the Community Gardening Program newsletter. Communal tools are available at prescheduled times during the week. Gardeners with disabilities or other limitations will find gardening support, including wheelchair-accessible raised beds and access to adaptive tools. All gardens have plenty of conveniently located parking and are also accessible on Bloomington Transit bus routes. Plots are available for use April 16–October 31. A limited number of plots and all the raised beds allow for year-round use, with permission from gardening program staff.

How to Register: Returning gardeners in good standing from last season have from February 1–18 to renew the rental of the same plots gardened in 2010. Also during this time, returning Crestmont gardeners in good standing may rent plots in the new Butler Park Community Garden. From February 21–28, returning gardeners in good standing may rent plots other than those they rented in 2010. New gardeners may register on March 1 on a first-come, first-served basis. Call 349-3700 or e-mail parks@bloomington.in.gov to receive registration forms. Prospective gardeners must complete and sign the Program Registration Form and Gardening Contract. Registration forms must be submitted in person at the Bloomington Parks and Recreation office (see page 2.) The registering gardener can select from available plots and record the plot number on the contract. Any new gardeners who want to rent more than one plot or a plot with year-round use must contact gardening program staff before registering. For more information, contact Bradley Drake at 349-3704 or e-mail drakeb@bloomington.in.gov.

Willie Streeter Community Gardens

Located in Winslow Woods Park on South Highland Avenue near the YMCA, the Willie Streeter Community Gardens are the Community Garden Program's oldest and largest garden area. Since opening in 1984, the garden has grown to include 180 organic garden plots and raised beds.

Code	Cost	Description
76503-A	\$26/in-city, \$31/non-city	Small Organic Plot (<i>approx. 100 sq. ft.</i>)
76503-B	\$52/in-city, \$60/non-city	Large Organic Plot (<i>approx. 200 sq. ft.</i>)
76503-C	\$26/in-city, \$31/non-city	Raised Bed (<i>32 sq. ft.</i>)
76503-D	\$52/in-city, \$60/non-city	Large Conventional Plot (<i>approx. 200 sq. ft.</i>)

Crestmont Community Garden

This season the Community Garden Program and Mother Hubbard's Cupboard Food Pantry will trial an alternative method of community gardening at the Crestmont Community Garden. Replacing the individual rental plots of past seasons, Mother Hubbard's Cupboard will coordinate a collaborative garden in which all gardeners at this site will garden the entire space together. The harvest will be shared by gardeners and Crestmont community members. Surplus harvests will be distributed through the Mother Hubbard's Cupboard Food Pantry. For more information, call 355-6843 or e-mail mhc@mhcfoodpantry.org.

Butler Park Community Gardens

Located in Rev. Ernest D. Butler Park at the intersection of West Ninth and North Fairview Streets, the Butler Park Community Garden enables gardeners to learn and practice the techniques of organic gardening. New this year, the garden includes 45 garden plots. All plots in this garden are organic and are available in two sizes. This garden also enables the expansion of the Community Gardening Program's partnership with Mother Hubbard's Cupboard by providing space for Mother Hubbard's Cupboard to maintain a hoop house as well as expand their youth gardening program.

Code	Cost	Description
76504-A	\$26/in-city, \$31/non-city	Small Organic Plot (<i>approx. 95 sq. ft.</i>)
76504-B	\$40/in-city, \$48/non-city	Large Organic Plot (<i>approx. 140 sq. ft.</i>)

Plant a Row for the Hungry

To address local issues of community food security, Parks and Recreation joins with Worm's Way, Hilltop Garden and Nature Center, Bloomingfoods Market and Deli, Mother Hubbard's Cupboard Food Pantry, and Hoosier Hills Food Bank in encouraging gardeners to grow an extra row for a hungry family. In 2010, the campaign raised over 40,000 pounds of fresh produce, which was distributed through the Food Bank. For more information on how to participate, call 349-3700 or e-mail communitygardens@bloomington.in.gov.



SESSION II (Runs six weeks)

Registration begins Dec. 6.

Thursdays: Jan. 13–Feb. 17

Fridays: Jan. 14–Feb. 18

Saturdays: Jan. 15–Feb. 19

Cost: \$40/in-city, \$50/non-city

Registration deadline: Wed., Jan. 5

The ICE SKATING INSTITUTE'S Learn-to-Skate Program is a structured program designed to increase interest and participation in ice skating. Skills are broken down into progressive, achievable levels that encourage skater development. All classes are six weeks and run 30 minutes. Parents and non-participants are not permitted on the ice at any time during lessons. Refer to the descriptions below to determine appropriate level. Session II registration begins Dec. 6.

Registration fee includes skate rental.

CLASS	Session	Day	Time	Code
PARENT/TOT <i>Specialized instruction for 3- to 5-year-olds who have no previous skating experience. Emphasis on fun! One parent or guardian is required to accompany each child.</i>	II	Fri.	5:30–6 p.m.	62501-2A
	II	Sat.	10:30–11 a.m.	62501-2B
TOT <i>Specialized instruction for 3- to 5-year-olds who have no previous skating experience. Children must be able to separate from parents and participate without one-on-one attention.</i> Course Content: Proper way to fall & get up; marching in standing position; marching while moving; swizzles; dips; hopping in place.	II	Thur.	5:30–6 p.m.	62502-2A
	II	Thur.	6:05–6:35 p.m.	62502-2B
	II	Thur.	6:40–7:10 p.m.	62502-2C
	II	Fri.	3:50–4:20 p.m.	62502-2D
	II	Fri.	4:25–4:55 p.m.	62502-2E
	II	Sat.	11:05–11:35 p.m.	62502-2F
PRE-ALPHA <i>Introduces skaters 5 yrs. and up to the wonderful world of ice skating. Emphasizes fun and safety!</i> Course Content: One and two foot glides; forward and backward swizzles; backward wiggles.	II	Thur.	5:30–6 p.m.	62503-2A
	II	Thur.	6:05–6:35 p.m.	62503-2B
	II	Thur.	6:40–7:10 p.m.	62503-2C
	II	Thur.	7:15–7:45 p.m.	62503-2D
	II	Fri.	3:50–4:20 p.m.	62503-2E
	II	Fri.	4:25–4:55 p.m.	62503-2F
ALPHA <i>Recommended for the skater that has successfully completed the Pre-Alpha program.</i> Course Content: Forward stroking; forward crossovers—both directions; one foot snowplow stop.	II	Thur.	5:30–6 p.m.	62504-2A
	II	Thur.	6:05–6:35 p.m.	62504-2B
	II	Thur.	6:40–7:10 p.m.	62504-2C
	II	Thur.	7:15–7:45 p.m.	62504-2D
	II	Fri.	3:50–4:20 p.m.	62504-2E
	II	Fri.	4:25–4:55 p.m.	62504-2F
BETA <i>Recommended for the skater that has successfully completed the Alpha program.</i> Course Content: Backward stroking; crossovers—both directions; T-stop—both feet.	II	Thur.	5:30–6 p.m.	62505-2A
	II	Thur.	6:05–6:35 p.m.	62505-2B
	II	Fri.	4:25–4:55 p.m.	62505-2C
	II	Sat.	10:30–11 a.m.	62505-2D
	II	Sat.	11:05–11:35 a.m.	62505-2E
	II	Sat.	11:05–11:35 a.m.	62505-2F
GAMMA <i>Recommended for the skater that has successfully completed the Beta program.</i> Course Content: Forward outside three turns—both feet; right and left forward inside Mohawk combination; hockey stop.	II	Thur.	5:30–6 p.m.	62506-2A
	II	Thur.	6:05–6:35 p.m.	62506-2B
	II	Fri.	4:25–4:55 p.m.	62506-2C
	II	Fri.	5–5:30 p.m.	62506-2D
	II	Sat.	10:30–11 a.m.	62506-2E
	II	Sat.	10:30–11 a.m.	62506-2F
DELTA <i>Recommended for the skater that has successfully completed the Gamma program.</i> Course Content: Forward inside three turns—both feet; forward edges—inside and outside; shoot the duck or lunge; bunny-hop.	II	Thur.	5:30–6 p.m.	62507-2A
	II	Thur.	6:40–7:10 p.m.	62507-2B
	II	Fri.	5–5:30 p.m.	62507-2C
	II	Sat.	11:05–11:35 a.m.	62507-2D
	II	Sat.	11:05–11:35 a.m.	62507-2E
	II	Sat.	11:05–11:35 a.m.	62507-2F
FREESTYLE <i>Recommended for the skater that has successfully completed the Delta program and is interested in developing more advanced figure skating maneuvers. Students must complete each freestyle level in sequence.</i>	II	Thur.	6:40–7:10 p.m.	62508-2A
	II	Fri.	3:50–4:20 p.m.	62508-2B
	II	Fri.	4:25–4:55 p.m.	62508-2C
	II	Sat.	10:30–11 a.m.	62508-2D
	II	Sat.	10:30–11 a.m.	62508-2E
	II	Sat.	10:30–11 a.m.	62508-2F
ADULT BEGINNER (16 yrs. and up) <i>Recommended for the beginner adult having little or no skating experience.</i>	II	Thur.	7:15–7:45 p.m.	62509-2A
	II	Sat.	11:40 a.m.–12:10 p.m.	62509-2B
	II	Sat.	11:40 a.m.–12:10 p.m.	62509-2C
	II	Sat.	11:40 a.m.–12:10 p.m.	62509-2D
	II	Sat.	11:40 a.m.–12:10 p.m.	62509-2E
	II	Sat.	11:40 a.m.–12:10 p.m.	62509-2F
ADULT INTERMEDIATE (16 yrs. and up) <i>Recommended for adults who are comfortable on the ice and have previous skating experience. Skills in the Alpha through Beta levels may be explored.</i>	II	Thur.	7:15–7:45 p.m.	62510-2A
	II	Sat.	11:40 a.m.–12:10 p.m.	62510-2B
	II	Sat.	11:40 a.m.–12:10 p.m.	62510-2C
	II	Sat.	11:40 a.m.–12:10 p.m.	62510-2D
	II	Sat.	11:40 a.m.–12:10 p.m.	62510-2E
	II	Sat.	11:40 a.m.–12:10 p.m.	62510-2F

Spring Ice Show

Friday, March 4 • 7–9 p.m.
Frank Southern Ice Arena

\$20 for participants
FREE for spectators

skills they learned in the Learn-to-Skate program. Participants should register for the last LTS level in which they were enrolled, and must be able to attend the majority of the rehearsals.

Spring Ice Show Rehearsals:

Sunday, 2/27 10 a.m.–1 p.m.
Monday, 2/28 5–9 p.m.
Tuesday, 3/1 5–9 p.m.
Wednesday, 3/2 5–9 p.m.
Thursday, 3/3 5–9 p.m.

Registration Codes and Skating Levels:

72501-A • Tots 72501-G • Adult
72501-B • Pre-Alpha 72501-H • Freestyle
72501-C • Alpha 72501-I • BFSC/
72501-D • Beta IUFSC/
72501-E • Gamma Private
72501-F • Delta Lessons

Register by 5 p.m. on Wednesday, February 23.



CLASS Session Day Time Code

ALPHA, BETA, GAMMA AND DELTA

Guides skaters through carefully graduated maneuvers, ensuring rapid progress over short time periods, providing direction and building competency in all important foundation moves.

ALPHA <i>Recommended for the skater that has successfully completed the Pre-Alpha program.</i> Course Content: Forward stroking; forward crossovers—both directions; one foot snowplow stop.	II	Thur.	5:30–6 p.m.	62504-2A
	II	Thur.	6:05–6:35 p.m.	62504-2B
	II	Thur.	6:40–7:10 p.m.	62504-2C
	II	Thur.	7:15–7:45 p.m.	62504-2D
	II	Fri.	3:50–4:20 p.m.	62504-2E
	II	Fri.	4:25–4:55 p.m.	62504-2F
BETA <i>Recommended for the skater that has successfully completed the Alpha program.</i> Course Content: Backward stroking; crossovers—both directions; T-stop—both feet.	II	Thur.	5:30–6 p.m.	62505-2A
	II	Thur.	6:05–6:35 p.m.	62505-2B
	II	Fri.	4:25–4:55 p.m.	62505-2C
	II	Sat.	10:30–11 a.m.	62505-2D
	II	Sat.	11:05–11:35 a.m.	62505-2E
	II	Sat.	11:05–11:35 a.m.	62505-2F
GAMMA <i>Recommended for the skater that has successfully completed the Beta program.</i> Course Content: Forward outside three turns—both feet; right and left forward inside Mohawk combination; hockey stop.	II	Thur.	5:30–6 p.m.	62506-2A
	II	Thur.	6:05–6:35 p.m.	62506-2B
	II	Fri.	4:25–4:55 p.m.	62506-2C
	II	Fri.	5–5:30 p.m.	62506-2D
	II	Sat.	10:30–11 a.m.	62506-2E
	II	Sat.	10:30–11 a.m.	62506-2F
DELTA <i>Recommended for the skater that has successfully completed the Gamma program.</i> Course Content: Forward inside three turns—both feet; forward edges—inside and outside; shoot the duck or lunge; bunny-hop.	II	Thur.	5:30–6 p.m.	62507-2A
	II	Thur.	6:40–7:10 p.m.	62507-2B
	II	Fri.	5–5:30 p.m.	62507-2C
	II	Sat.	11:05–11:35 a.m.	62507-2D
	II	Sat.	11:05–11:35 a.m.	62507-2E
	II	Sat.	11:05–11:35 a.m.	62507-2F
FREESTYLE <i>Recommended for the skater that has successfully completed the Delta program and is interested in developing more advanced figure skating maneuvers. Students must complete each freestyle level in sequence.</i>	II	Thur.	6:40–7:10 p.m.	62508-2A
	II	Fri.	3:50–4:20 p.m.	62508-2B
	II	Fri.	4:25–4:55 p.m.	62508-2C
	II	Sat.	10:30–11 a.m.	62508-2D
	II	Sat.	10:30–11 a.m.	62508-2E
	II	Sat.	10:30–11 a.m.	62508-2F
ADULT BEGINNER (16 yrs. and up) <i>Recommended for the beginner adult having little or no skating experience.</i>	II	Thur.	7:15–7:45 p.m.	62509-2A
	II	Sat.	11:40 a.m.–12:10 p.m.	62509-2B
	II	Sat.	11:40 a.m.–12:10 p.m.	62509-2C
	II	Sat.	11:40 a.m.–12:10 p.m.	62509-2D
	II	Sat.	11:40 a.m.–12:10 p.m.	62509-2E
	II	Sat.	11:40 a.m.–12:10 p.m.	62509-2F
ADULT INTERMEDIATE (16 yrs. and up) <i>Recommended for adults who are comfortable on the ice and have previous skating experience. Skills in the Alpha through Beta levels may be explored.</i>	II	Thur.	7:15–7:45 p.m.	62510-2A
	II	Sat.	11:40 a.m.–12:10 p.m.	62510-2B
	II	Sat.	11:40 a.m.–12:10 p.m.	62510-2C
	II	Sat.	11:40 a.m.–12:10 p.m.	62510-2D
	II	Sat.	11:40 a.m.–12:10 p.m.	62510-2E
	II	Sat.	11:40 a.m.–12:10 p.m.	62510-2F

Bloomington Figure Skating Club

The Bloomington Figure Skating Club is an organization where people of all ages can learn figure skating skills and practice those maneuvers in a safe environment, participate in the club show, test to various ISI levels, and compete. For more information, contact the Frank Southern Ice Arena at 349-3740.

Lunar Public Skating

Every Saturday from 7–9 p.m.! Ice skate in a specially lit, lunar-like arena while listening to the best hits of the '80s, '90s and today courtesy of the Arena's super-watt sound system. Groups of all sizes and skaters of all ability levels are welcome! Lunar skating involves the use of strobe and other special-effect lighting.

Cost: \$5 admission, \$2.50 skate rental

Night Owl Skating

Enjoy late-night skating at the Frank Southern Ice Arena every Saturday from 9:15–11 p.m.

Cost: \$5 admission, \$2.50 skate rental

Hockey Initiation—Session II

See page 21.

www.bloomington.in.gov/parks





INCLUSIVE RECREATION



The Parks and Recreation Department is committed to an inclusive approach to recreation. Inclusion is individuals with and without disabilities participating in recreational activities together. In order for individuals with disabilities to participate as fully as possible, reasonable accommodations are provided. ***Reasonable accommodations are individualized techniques and resources used to enhance program participation without fundamentally altering a program.*** Inclusion makes it possible for individuals to choose from the vast array of programs offered by Parks and Recreation.

How to request reasonable accommodation:

1. When you register, mark "yes" in the inclusive service request section. ***At least two weeks notification prior to the registration deadline for each program is required. In some cases reasonable accommodation may take longer.***
2. Request and complete an inclusion questionnaire.
3. Inclusive Recreation Coordinator will contact participant to establish an individualized inclusion plan.

Leisure Companion Program



The Leisure Companion Program is a service in which participants with disabilities are partnered with a volunteer companion who provides additional support during participation in inclusive activities. The level of support varies according to the specific needs of each individual.

Leisure Companions are also needed to assist participants in Inclusive Recreation programs. For more information, contact Kim Ecenbarger at ecenbark@bloomington.in.gov or 349-3739. To be partnered with a Leisure Companion, register for activities of interest, and request a reasonable accommodation.

Special Olympics Indiana—Monroe County



Special Olympics Indiana—Monroe County offers year-round sports training and athletic competition for children (8 yrs. and up) and adults with intellectual, cognitive and learning disabilities. Special Olympics provides opportunities for athletes to develop physical fitness, demonstrate courage, experience joy and share gifts, skills and friendship with others in our community. Special Olympics Indiana—Monroe County is proud to work with nearly 200 Special Olympics athletes and their families. To find out if you or a family member are eligible to participate, call 325-1548 or e-mail soimc.cc@gmail.com or write to P.O. Box 2554, Bloomington, IN 47402.

Special Olympics Indiana—Monroe County is also on the Web at www.specialolympicsmonroecounty.org. If you are interested in joining the County Management Team, contact Denise Brown at 325-1548.



Rhythm and Drumming

Experience the empowerment and unity of community drumming. Activities, facilitated by a board certified music therapist, are designed to provide an alternative means of social interaction, as well as develop concentration, body awareness, and stress relief. Instruments are provided, but personal percussion instruments are welcome and encouraged. Teens and adults of all abilities are welcome. No prior musical experience is necessary. Handicap and wheelchair accessible.

"The spirit and magic of rhythm expressed on drums and percussion instruments cuts through all ages, sexes, religions, races and cultures. Rhythm is a universal language known to everyone, even the youngest child."—Arthur Hull, internationally renowned percussionist

Code	Day(s)	Date(s)	Time	Register by
78001-A	Mon.	1/24-4/18*	4:15-5 p.m.	1/14

Cost: \$120 (12, 45-minute classes)
Ages: Teens and adults
Location: Allison-Jukebox Community Center
Instructor: Jonni Fogerty, MT-BC
Other: *Class does not meet 3/14.

Ice Skating Lessons

See page 13. Ice Skating lessons are inclusive for people with disabilities.



Kid City summer camps are inclusive, serving children with and without disabilities. For more information, see pages 24-25.

For more information contact our Inclusive Recreation Coordinator, a Certified Therapeutic Recreation Specialist, at 349-3747.

All Parks and Recreation programs are inclusive for people with disabilities!

INCLUSIVE RECREATION ADVISORY COUNCIL

Winter meeting is February 14
 from 11:45 a.m.–12:45 p.m.
 in City Hall, Hooker Conference Room.

The public is welcome and encouraged to attend.



401 N. Morton St.

Saturdays
April–November
8 a.m.–1 p.m.

The Saturday Market

The Bloomington Community Farmers' Market takes place April through November in the Showers Common. Locally grown produce, annual and perennial plants, and a variety of prepared foods are available. Purchase your food directly from farmers and ask them questions about their products. Local entertainment adds to the shopping as well as socializing experience. Tantalizing scents and the inviting atmosphere may cause you to make the Market a weekend tradition. The Farmers' Market is smoke free. Restrooms are available in City Hall during Market hours. Dogs are NOT permitted at Market on the paved area of Showers Common (where the farm vendors are set up) or the Market Plaza on the B-Line Trail, but you can visit the adoptable pets from the City's Animal Shelter. **For up-to-date information on product availability and the weekly entertainment schedule, visit our Web site at www.bloomington.in.gov/farmersmarket.**

The Market Accepts SNAP Benefits

You may use your 'Hoosier Works' Electronic Benefits Transfer (EBT) cards to exchange Supplemental Nutrition Assistance Program (SNAP) benefits for "Market Bucks". The Market Bucks are available in \$3 increments at the Parks and Recreation table during Market hours. Market Bucks can be used to purchase eligible food items including fresh, locally raised fruits, vegetables, eggs, honey, maple syrup, meat, cheese, and other dairy products from participating Market vendors.

Farmers' Market Advisory Council

The Farmers' Market Advisory Council consists of nine members representing Market customers and vendors. The Council acts in an advisory capacity to the Board of Park Commissioners and Park staff on policy matters relating to the Farmers' Market. Meetings are usually held at 5 p.m. the third Monday of each month in the Parks Conference Room, Suite 250 in City Hall and are open to the public. For more information, contact Marcia Veldman at 349-3738 or veldmanm@bloomington.in.gov.

Farmers' Market gift certificates are available!

Saturday Market Parking

Free Market Parking:

- Located at City Hall in all Green, Red and IU "C" Permit spaces.
- On-street non-metered spaces (Parking is enforced on Saturdays.)

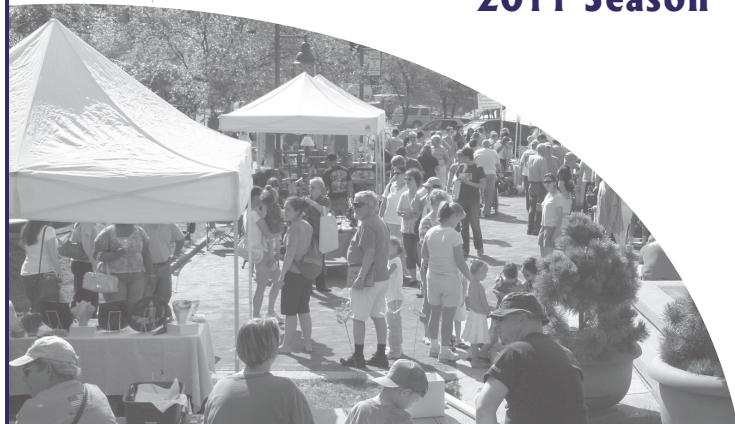
Pay Market Parking:

- On-street metered spaces (\$0.50/hour)
- Garage Market—entrance on Morton Street between Sixth and Seventh Streets (\$0.50/hour)

A FAIR OF THE ARTS

at Showers Plaza
(Eighth and Morton Streets)

Call to Artists
2011 Season



The City of Bloomington Parks and Recreation invites local artists to apply to participate in A Fair of the Arts, a juried arts and fine crafts fair held at Showers Plaza, an outdoor festival site adjacent to City Hall.

A Fair of the Arts is held the second Saturday of the month during the Market season: May 14, June 11, July 9, August 13, September 10, and October 8. Accepted local and regional artists will display, demonstrate, and sell their arts on the brick plaza.

Contact Kristy LeVert at 349-3725 or levertk@bloomington.in.gov for more information regarding product guidelines, criteria for selecting artists, or to receive an application. There is a non-refundable \$15 application fee. **Placement is a competitive process and acceptance is not guaranteed.**

Applications available
online January 4.

To receive full consideration,
applications must be received
by February 18 at 5 p.m.



Saturday, February 12
1–4 p.m. • FREE
Ivy Tech, 200 Daniels Way

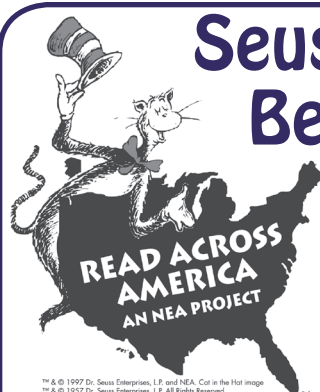
The Children's Expo features **FREE** health screenings for your superheroes ages 5 yrs. and under. Health screenings ensure that preschool children are ready to begin school with no barriers to learning. Screenings are offered by qualified professionals in the areas of speech, dental, hearing, vision, development, lead, and scoliosis. Explore the expo hall with its interactive booths, live entertainment, and exhibitors with products and services just for children and families. For more information or to be a part of the expo hall, contact Karen Serfling at 349-3746 or serflink@bloomington.in.gov.



*Children's Expo
is presented by:*



CITY OF BLOOMINGTON
parks and recreation
community and family resources



Seusspicious Behavior

Saturday, March 5
1–4 p.m.
For all ages. • FREE
Monroe County
Public Library,
303 E. Kirkwood Ave.

Come celebrate and eat some cake!
You better hurry or you'll be late!

Visit the Monroe County Public Library for a Read Across America birthday celebration for Dr. Seuss. Come any time between 1–4 p.m. to see a *Seusstacular* live performance by Bloomington High School North students, make *Seusspicious* crafts, and play *Seussrific* games!



13th Annual

Egg Scramble

A Nighttime Egg Hunt For Adults
Eggs are filled with candy and prizes.

Friday, April 8
For ages 21 yrs. and up

Location: Bryan Park (Woodlawn side)

Check-in is 8–8:45 p.m.

Egg Scramble begins at 9 p.m. sharp!

Cost: \$8 ♦ Code: 76501-A

**Pre-registration deadline: April 6 at 5 p.m.,
including online registrations.**

Mr. Bunny is working the night shift, so grab a basket or bag and a flashlight! Each of 3,000 plastic eggs is filled with a prize or piece of candy. Grand prize eggs are hidden throughout the course. A limited number of spaces are available and pre-registration is required.



For more information, call 349-3700.

Healthy Heart Tip!

from **Bloomington
Hospital**



**Winter exercise can be as easy
as pushing your kids on a sled
or shoveling snow.**



*An Urban
Adventure Challenge*

Saturday, April 30

8 a.m. ♦ Banneker Community Center

The Hoosier Hustle is an urban adventure challenge, similar to the Amazing Race. Teams of three are faced with a variety of unique physical and mental challenges as they travel around Bloomington on bicycles and on foot. Be a part of this exciting and unusual challenge by creating a team to participate in the 5th annual Hoosier Hustle!

Early registration fee is \$105 per team.

Early registration deadline is Friday, April 15 at 5 p.m.

After April 15, registration fee is \$135 per team.

For ages 18 yrs. and up.

**Registration deadline is Monday, April 25
at 5 p.m. (Code 76502-A)**

For more information, call 349-3748.



CALL TO SPONSORS 2011 Season



"We love the PAS events and think it is tops! It is such a fantastic way to bring all ages of our community together to enjoy the parks, our local talent, and our neighbors!"

"We love the Performing Arts Series! Thanks you for all of your hard work in organizing this each year!"

—Evaluations from the 2010 Performing Arts Series

In 2010, over 8,000 people visited our parks to see Bloomington's finest musicians and movies. Only through the generous patronage of local businesses and organizations is the City of Bloomington Parks and Recreation Department able to provide FREE concerts and movies to the community. Sponsorship of the Performing Arts Series supports local performers and the community and provides excellent business exposure.

Become a part of the Performing Arts Series' 27-year history of providing free concerts, movies and theatrical performances for the people of Bloomington! Call 349-3725 to find out more about sponsoring a concert or movie at one of Bloomington's beautiful city parks next summer. This is an opportunity that your business just can't afford to pass up!

SENIOR EXPO VEGAS NIGHTS 2011

**Friday, May 6 • 11 a.m.-3 p.m.
Twin Lakes Recreation Center**

The annual Senior Expo, presented by Bloomington Parks and Recreation with partner Bloomington Hospital, promotes healthy lifestyles and features free health screenings for seniors, plus an expo hall filled with exhibitors with information about products and services available in Bloomington and Monroe County for seniors and their families. Admission to Senior Expo is free, and includes live entertainment, a fashion show and more! For more information about the Senior Expo, or to be a part of the expo hall, contact Bev Johnson at 349-3773 or e-mail johnsobe@bloomington.in.gov.



BLOOMINGTON BIKES WEEK

MAY IS NATIONAL BIKE MONTH.

**BIKES WEEK
MAY 16-20**

**BICYCLE COMMUTING 101
THURSDAY, MAY 20**

**BIKE-TO-WORK DAY
FRIDAY, MAY 21**

**LEARN TO RIDE
MAY 17-19 AND MAY 24-26**

**CYCLE-TO-SERVICE WEEKEND
FRIDAY-SUNDAY, MAY 21-23**



CITY OF BLOOMINGTON
parks and recreation

LOOK FOR DETAILS IN THE SUMMER 2011 PROGRAM GUIDE.

www.bloomington.in.gov/parks

Music and Dance



Kindermusik—Our Time for Toddlers

This class encourages your child to uncover an engaging musical world while building confidence, self-control and communication skills. Toddlers engage in singing, imitating sounds, rhyming, and object identification to foster language skills. Creative movement to various musical “moods” develops a sense of balance, timing and spatial awareness. Specially designed instruments, exploration, movement and storytime encourage emergent literacy and help make this class enjoyable for caregivers and children alike.

Code	Day(s)	Date(s)	Time	Register by
77501-A	Thur.	1/20–4/14*	10:30–11:15 a.m.	1/19
77501-B	Tue.	1/25–4/19*	5:45–6:30 p.m.	1/24

Cost: \$100/in-city, \$110/non-city (12, 45-minute classes)
77501-C: \$60 Family materials

Family materials are required, one per family.

Ages: 1–3 yrs. w/parent

Location: Twin Lakes Recreation Center

Instructor: Lisa Bruns, Kindermusik Educator

Other: *Class does not meet 3/15 and 3/17.

Music Capers for Preschoolers

Research supports that music helps prepare the mind for specific disciplines of learning, including math, science, and language. Music Capers combines early childhood educational philosophies with fundamentals of music education and preschool concepts. Using the power of music, tap into your preschooler’s creative spirit and boundless energy. Focus on developing self-confidence so your preschooler will be ready for school and prepared for future music lessons.

Code	Day(s)	Date(s)	Time	Register by
77502-A	Tue.	1/25–4/19*	4:45–5:30 p.m.	1/24

Cost: \$90/in-city, \$100/non-city (12, 45-minute classes)

Ages: 3–5 yrs. w/parent

Location: Twin Lakes Recreation Center

Instructor: Lisa Bruns, Kindermusik Educator

Other: *Class does not meet 3/15.

Living and Learning

Leapin’ Literature Story Hour

Literature comes alive on the second Wednesday of the month with a story, crafts and games. Each Story Hour has a theme and planned activities.

Dates:	
1/12	Winter Wonderland
2/9	Happy Hearts
3/9	Farm Animals
4/13	April Showers

Cost: FREE

Ages: 2–5 yrs. w/parent

Time: Wednesdays, 10–11 a.m.

Location: Banneker Community Center

Movin’ thru the Alphabet



Research tells us that moving and learning go hand in hand. Children practice recognizing letters as they experience the alphabet through music and movement, song and dance, art, and creative play. A healthy snack is provided. Parents have the option to participate, but must remain onsite.

Code	Day(s)	Date(s)	Time	Register by
77506-A	Tue., Thur.	1/18–2/17	4:45–5:30 p.m.	1/14

Cost: \$50/in-city, \$55/non-city (10, 45-minute classes)

Ages: 2½–4 yrs. w/parent

Location: Banneker Community Center

Signing Babies

Sign a song of bears, balls, or bubbles! Watch—can your hands say “music” to the beat? Use the power of music and play to create unique opportunities to share ASL signing with your child. Signing with young, hearing babies and children enriches their interactions, relieves frustration, and gives you fascinating insights into your little one’s thoughts and preferences. Signing facilitates early speech, vocabulary, and memory development. Through songs, toys, and playtime, this class teaches more than 50 signs children can use to “talk” with parents.

Code	Day(s)	Date(s)	Time	Register by
77507-A	Thur.	1/20–2/24	9:30–10:15 a.m.	1/19

Continuation after Beginners

77507-B	Thur.	3/3–4/14*	9:30–10:15 a.m.	3/2
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Cost: \$60/in-city, \$75/non-city (6, 45-minute classes)

Ages: 6–24 mos. w/parent

Location: Twin Lakes Recreation Center

Instructor: Lisa Bruns, Kindermusik Educator

Other: Class includes the book *Sign Language for Babies and Toddlers* by Christopher Brown and John Clements.

*Class does not meet 3/17.

Banneker Buddies



Have a super fun day! In this drop-off program, children enjoy refreshments, crafts, lots of activities, and free play. Our experienced staff engage your children in fun activities while you get some much-needed free time! Each of the four sessions has a special theme. Children need to bring a sack lunch.

Code	Day(s)	Date(s)	Register by	Theme
77505-A	Fri.	1/21	1/14	Under the Sea
77505-B	Fri.	2/18	2/11	Jungle Exploration
77505-C	Fri.	3/25	3/18	Little Luau
77505-D	Fri.	4/15	4/8	Celebrate Families

Cost: \$15/in-city, \$20/non-city

Ages: 3–5 yrs.

Time: 11:30 a.m.–1 p.m.

Location: Banneker Community Center

Planes, Trains, and DADDYmobiles

Ready, set, go with a pile of wood scraps and creative energy! Dads, grandads, uncles, and men bring your children for an evening of designing, hammering, and building! Materials are included.

Code	Day(s)	Date(s)	Time	Register by
77503-A	Thur.	2/24	6–7 p.m.	2/18
77503-B	Mon.	4/18	6–7 p.m.	4/11

Cost: \$5/child

Ages: 3–5 yrs. w/parent

Location: Banneker Community Center

Living and Learning

Preschool programs at the Family Resource Center, located on the third floor of the Banneker Community Center



Toy Time for Babies

Bring your baby and play! Meet other parents and play with a variety of toys. Siblings up to age 5 yrs. are welcome. Babies are also invited to the Toy Time for Toddlers and Physical Fridays.

Parent information workshops are offered on Mondays, 2/7, 3/7, and 4/4.

Cost: FREE
Ages: Newborn–5 yrs. w/parent
Time: Mondays, 9:30 a.m.–Noon

Toy Time for Toddlers

Bring your toddler and play! Meet other parents and play with a variety of toys geared toward active toddlers. You will also find educational materials on the latest topics in child development. Younger siblings welcome!

Cost: FREE
Ages: 2–5 yrs. w/parent
Time: Tuesdays–Fridays, 9:30 a.m.–Noon
Thursdays, 2–4 p.m.

Say It In Spanish

Nancy Armstrong sings, reads, and plays with the little ones while immersing them in the Spanish language.

Cost: FREE
Ages: 1–5 yrs. w/parent
Time: Thursdays, 1/6–4/28. First session runs from 10–10:30 a.m. and repeats from 11–11:30 a.m.
Other: Class does not meet 3/17.

Physical Fridays

Each Friday the gym at the Banneker Center comes alive with preschool play. Keep away those indoor doldrums and bring your energetic child. Play mini basketball, hula hoop, ride the toy cars, jump and run!

Cost: FREE
Ages: 1–5 yrs. w/parent
Time: Fridays, 1/7–4/29 from 10 a.m.–Noon



Healthy Living



ZumbAtomic®

See page 21.

Sports and Fitness



Ice Skating

See pages 5 and 13.

Basketball Future Stars

Teaches the fundamentals of the game of basketball. Gain a foundation for your future star in the basic skills of dribbling, shooting, passing, and just plain fun!

Code	Day(s)	Date(s)	Time	Register by
65016-B	Wed.	1/12–2/16	6–6:45 p.m.	1/7

Cost: \$50
Ages: 4–6 yrs.
Location: Twin Lakes Recreation Center
Instructor: TLRC basketball staff

Bloomington Youth Basketball

See page 22.

Turf Time for Toddlers

When your toddler or preschooler hits our turf, they will be ready to run and play! Our indoor soccer field provides you and your young child with ample space to run, play on our obstacle course, and practice ball throwing and kicking skills. This free-time play is parent supervised while we provide all the equipment for an hour of healthy physical play! **This is a parent/guardian or caretaker supervised program. TLRC staff do not supervise this area during the program. Children cannot be dropped off without a parent/guardian or caretaker. For more information, contact Kirsten Prange at 349-3770.**

Day(s)	Time
Mon., Wed.	9:30–10:30 a.m.

Cost: \$5/child/visit— Free for TLRC members.
Ages: 1–6 yrs. w/parent
Location: Twin Lakes Recreation Center

Tumble Weeds



Leap and stretch, tumble and bend! Children in this class increase motor skills, balance and flexibility as they learn somersaults, walk the balance beam and more!

Code	Day(s)	Date(s)	Time	Register by
77508-A	Tue.	1/18–2/22	9:30–10:15 a.m.	1/14
77508-B	Sat.	2/19–4/9*	10–10:45 a.m.	2/16

Cost: \$45/in-city, \$50/non-city (6, 45-minute classes)
Ages: 2–4 yrs. w/parent
Location: Twin Lakes Recreation Center
Other: Child must be the age stated by the first day of class.
*Class does not meet 3/12 or 3/19.

SOCCER Sport Shorties



Sport Shorties athletes learn the basic skills of team soccer in a fun and safe recreational atmosphere. Parent volunteer coaches are welcome.

Code	Day(s)	Date(s)	Time	Register by
77504-A	Wed.	2/2–3/2	10–11 a.m.	1/28

Cost: \$30/in-city, \$35/non-city (5, one-hour classes)
Price includes T-shirt.
Ages: 3–5 yrs. w/parent
Location: Twin Lakes Recreation Center

Sports and Fitness



Tee Ball Sport Shorties



Sport Shortie participants learn the basic skills of baseball in a fun and safe atmosphere. Parent participation is welcome and encouraged. Games and practices are held at the Lower Cascades softball fields.

In case of inclement weather, call the Sports Hotline at 349-3610.

No games on May 28. There is one built-in rain date on June 18.

For program questions, contact Karen Serfling at 349-3746.

Code	Day(s)	Date(s)	Time	Ages
77510-A	Sat.	4/30-6/11	TBD	3-4 yrs. w/parent
77510-B	Sat.	4/30-6/11	TBD	5-6 yrs. w/parent

Cost: \$45/in-city, \$55/non-city (6 sessions)

Register by: 4/22

Location: Lower Cascades Park

Other: Teams will be determined after the registration deadline. Parents will be notified of team placement by phone prior to season.

Volunteer coaches needed: If interested in coaching, please contact Kim Ecenbarger at 349-3739 or e-mail ecenbark@bloomington.in.gov.

Coaches Orientation: Monday, April 25, from 6-7 p.m. at the Banneker Community Center.

Soccer—Turf Tigers

Join Coach Chris for a terrific introduction to the world's most popular game! Classes feature age-appropriate activities and small-sided games to promote balance, coordination, creativity, and comfort with the ball. Shin guards required; either sneakers or cleats are appropriate.

Pre-registration is required. **Register online at bloomingtonsoccer.net or at the Twin Lakes Recreation Center.**

Session	Day(s)	Date(s)	Time	Register by
Winter	Mon.	1/3-2/7	5:15-6 p.m.	1/1
Winter	Fri.	1/7-2/11	5:15-6 p.m.	1/5
Spring	Mon.	2/14-3/28*	5:15-6 p.m.	2/12
Spring	Fri.	2/18-4/1*	5:15-6 p.m.	2/16
Spring II	Mon.	4/4-5/9	5:15-6 p.m.	4/2

Cost: \$60 (6, 45-minute classes)—*Pre-registration is required.*

Ages: 4-5 yrs.

Location: Twin Lakes Recreation Center

Instructor: Chris Doran, U.S. Soccer "B" License

Other: *Class does not meet 3/14 and 3/18.

Healthy Heart Tip!



from Bloomington Hospital

Beware of drinks that are full of lots of calories and little nutritional value. Low-fat dairy, water, or other non-calorie drinks are better options than regular soda, juice, or sweet tea.

Changes in red have been made since guide printing.

Youth

Living and Learning



KID CITY

Break Days

Kid City January Break Days

Kick off the new year with some great fun at Kid City Break Days. From arts n' crafts to sports and games, Kid City Break Days bring back the summer fun when school's out! Call 349-3731 for specific program information.

Code	Day(s)	Date(s)	Time	Register by
74501-A	Mon.	1/17	7:30 a.m.-6 p.m.	1/10
74501-B	Tue.	1/18	7:30 a.m.-6 p.m.	1/10

Cost: \$30/in-city, \$35/non-city

Ages: Grades K-6

Location: Allison-Jukebox Community Center

Kid City Spring Break Days

Rev up for Kid City Summer Camp with field trips, arts n' crafts, sports, games, and good ol' camp songs. Kid City Break Days provide camp fun when school's out! Call 349-3731 for specific program information.

Code	Day(s)	Date(s)	Time	Register by
74501-C	Mon.	3/14	7:30 a.m.-6 p.m.	3/7
74501-D	Tue.	3/15	7:30 a.m.-6 p.m.	3/7
74501-E	Wed.	3/16	7:30 a.m.-6 p.m.	3/7
74501-F	Thur.	3/17	7:30 a.m.-6 p.m.	3/7
74501-G	Fri.	3/18	7:30 a.m.-6 p.m.	3/7
74501-H	Mon.-Fri.	3/14-3/18	7:30 a.m.-6 p.m.	3/7

Cost: \$30/in-city, \$35/non-city
\$150/in-city, \$175/non-city—Mon.-Fri.

Ages: Grades K-6

Location: Allison-Jukebox Community Center

Wilderness and Remote First Aid

See page 27.

Music and Dance



Kids' Salsa and Swing!

Participants learn partner dance skills, get some exercise, meet new friends, and have fun. The class includes both salsa and swing. Dancing is a skill that lasts a lifetime. No partner needed.

Code	Day(s)	Date(s)	Time	Register by
77665-A	Sat.	1/22-3/12	10-10:50 a.m.	1/17

Cost: \$24/in-city, \$30/non-city (8 classes, 6 hours, 40 minutes)

Ages: 7-12 yrs.

Location: Panache School of Ballroom and Social Dance, 325 E. Winslow Rd., Winslow Plaza

Instructor: Sandra Myers

Other: Co-sponsored by Panache School of Ballroom and Social Dance.



Healthy Living



ZumbAtomic®

Kids love to crank up the music and dance! Designed specifically for kids, ZumbAtomic® lets youngsters wiggle and bounce while providing them with exercise, games, and laughter. It's also a great opportunity for them to learn a little Spanish, work on their memorization skills, and build self-confidence!

Code	Day(s)	Date(s)	Time	Register by	Ages
75020-A	Tue.	1/11-2/15	6:30-7:15 p.m.	1/10	8-12 yrs.
75020-B	Wed.	1/12-2/16	5:30-6 p.m.	1/10	4-7 yrs.
75020-C	Tue.	2/22-4/5*	6:30-7:15 p.m.	2/21	8-12 yrs.
75020-D	Wed.	2/23-4/6*	5:30-6 p.m.	2/21	4-7 yrs.

Cost: \$50 (6 classes)

Location: Twin Lakes Recreation Center

Instructor: Kim Storvik

Other: *Class does not meet 3/15 or 3/16.



Sports and Fitness



Soccer—Little Kickers

Join Coach Chris for a terrific introduction to the world's most popular game! Classes feature age-appropriate activities and small-sided games to promote balance, coordination, creativity and comfort with the ball! Shin guards required—sneakers or cleats are appropriate. **Register online at bloomingtonsoccer.net or at the Twin Lakes Recreation Center.**

Code	Day(s)	Date(s)	Time	Register by
Winter	Mon.	1/3-2/7	6-6:45 p.m.	1/1
Winter	Fri.	1/7-2/11	6-6:45 p.m.	1/5
Spring	Mon.	2/14-3/28*	6-6:45 p.m.	2/12
Spring	Fri.	2/18-4/1*	6-6:45 p.m.	2/16
Spring II	Mon.	4/4-5/9	6-6:45 p.m.	4/2

Cost: \$60 (6, 45-minute classes)—*Pre-registration is required.*

Ages: 6-7 yrs.

Location: Twin Lakes Recreation Center

Instructor: Chris Doran, U.S. Soccer "B" License

Other: *Class does not meet 3/14 and 3/18.

Student memberships at the Twin Lakes Recreation Center

See page 6.

Hockey Initiation—Session II

This program provides a safe and positive experience for beginning hockey players. The primary focus of instruction is on skating, puck handling, passing, and shooting.

Equipment required: A bicycle helmet, any type of gloves, and a hockey stick.



Code	Day(s)	Date(s)	Time	Register by
72502-A	Sun.	1/9-2/13	1:45-2:45 p.m.	1/9

Cost: \$40/in-city, \$45/non-city (6, one-hour classes)

Ages: 5-14 yrs.

Location: Frank Southern Ice Arena

Basketball Future Stars

See page 19.

Spring Ice Show

See page 13.



Tae Kwon Do!

For ages 7-15 yrs.

Cost: \$38/in-city, \$45/non-city (14, 45-minute classes)

Build self-confidence, develop self-discipline, and learn how to defend yourself. Classes are held at the Banneker Community Center and are taught by instructors from Monroe County Martial Arts.

Beginning Youth Tae Kwon Do

For the beginning student. White belts only.

Code	Day(s)	Date(s)	Time	Register by
77511-A	Tue., Thur.	1/11-2/24	6-6:45 p.m.	1/6
77511-B	Tue., Thur.	3/1-4/21*	6-6:45 p.m.	2/24

Intermediate Youth Tae Kwon Do

For the intermediate student. Yellow belt and above.

Code	Day(s)	Date(s)	Time	Register by
77512-A	Tue., Thur.	1/11-2/24	6:45-7:30 p.m.	1/6
77512-B	Tue., Thur.	3/1-4/21*	6:45-7:30 p.m.	2/24

*Class does not meet 3/15 or 3/17.

Youth Baseball

Step up to the plate! Bloomington Parks and Recreation is proud to partner with the Bloomington Junior League Baseball Association to offer baseball programs to area youth. Baseball leagues are available for youth at all levels of skill and ability. Direct program questions to the BJLBA by calling the BJLBA Hotline at 335-6635, or visit www.bjlba.org. **April 1-June 30.**

Ages: 5-18 yrs.

Locations: Winslow Sports Complex and Bryan Park

Youth Tennis

Pick up a racquet and join us for spring tennis lessons. Instructors are accomplished players and trained through the USPTA curriculum. Typical student to teacher ratio is 5:1. For more information, call 349-3762.

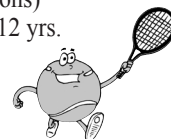
Code	Day(s)	Date(s)	Time	Register by
77201-A	Mon., Wed.	5/2-5/25	4-5 p.m.	4/28
77201-B	Mon., Wed.	5/2-5/25	5-6 p.m.	4/28
77201-C	Tue., Thur.	5/3-5/26	5-6 p.m.	4/28
77201-D	Tue., Thur.	5/3-5/26	6-7 p.m.	4/28

Cost: \$38/in-city, \$46/non-city (8, one-hour lessons)

Ages: 77201-A, 77201-B, 77201-C: for ages 7-12 yrs.

77201-D: for ages 13-17 yrs.

Location: Winslow Sports Complex



Play Tennis throughout The City

Public play at Winslow Sports Complex, Bryan Park, Southeast Park, Park Ridge East, Sherwood Oaks, and RCA Park is permitted whenever courts are not being used by Bloomington Parks and Recreation. Available hours are posted at each site.

Learn to Ride



Beginners ages 5-9 yrs.—Spend the entire summer cruising on your bicycle after this kickoff to Bloomington Bikes Week. Participants learn how to confidently and safely ride their bikes through individual instruction, and also learn about bike maintenance, road safety and proper bike and helmet fittings. Each participant receives a free bike helmet and must bring a bicycle without training wheels. Parents are encouraged to participate, and must remain on site. Class will be rescheduled in case of inclement weather.

Code	Day(s)	Date(s)	Time	Register by
77509-A	Tue.-Thur.	5/17-5/19	4:30-5:30 p.m.	5/13
77509-B	Tue.-Thur.	5/24-5/26	4:30-5:30 p.m.	5/20

Cost: \$30/in-city, \$35/non-city

Location: Bryan Park Pool parking lot

Instructor: Raymond Hess

BLOOMINGTON YOUTH BASKETBALL

Call Leslie Brinson at 349-3735 or Mark Sterner at 349-3768 with program questions. Contact Kim Ecenbarger at 349-3739 if interested in coaching or sponsorship. A variety of sponsorships ranging from individual to corporate are available.



Season III—Developmental League

This league focuses on building self-esteem, teamwork, and the basic fundamentals of basketball. Jump in and share a fun and positive experience with your child. Rules are modified to fit individual skill levels and enhance the ability for each player to learn and develop. All leagues are coed. Season includes weekly practices and games. The season concludes with an awards banquet.

Teams practice two nights a week for the first two weeks of the season—then one night a week for the remainder of the season. Time and date to be determined by the coach. Practices begin the week of January 17.

Games begin the week of January 31 for grades 2–3, Saturday, February 5 for grades K–1, and February 12 for Pre K. Season runs January 17–April 2.

Code	Date(s)	Grade	Register by	Cost
75004-A	2/12–4/2	Pre-K	2/4	\$50
75004-B	1/17–3/26	K–1	1/10	\$65
75004-C	1/17–3/30	2–3	1/10	\$65

Participants who are not registered by the registration deadline will be assessed a \$10 administration fee.

Locations: Pre-K and K–1—Banneker Center

Grades 2–3—Twin Lakes Recreation Center

COACHES NEEDED! NEW COACHES INFORMATION SESSION:

Tue., Jan. 4 at 6 p.m. at Twin Lakes Recreation Center.

MANDATORY NEW COACHES MEETING: Thur., Jan. 6 at 6 p.m. at Twin Lakes Recreation Center.

VOLUNTEER COACHES DEADLINE: Jan. 4

Required Evaluation Day		
Grade	Date	Time
Grades 2–3 only	1/10	7 p.m.
Teams are made by program staff after the January 10 evaluation.		

Middle School League

This program focuses on fundamentals along with the application of learned skills during game participation. These two leagues are for players in grades 7–8 and are not coed. The season includes a weekly practice and a game one night a week with an occasional Saturday. The season concludes with a single-elimination tournament for both the boys and girls leagues. Practice days and times are determined by the coaches.

Code	Day(s)	Date(s)	Register by	Description
75006-A	Thur.	1/17–4/2	1/10	Girls grades 7–8
75006-B	Thur.	1/17–4/2	1/10	Boys grades 7–8

Cost: \$75. Participants who are not registered by the registration deadline will be assessed a \$10 administration fee.

Ages: 12–15 yrs.

Location: Twin Lakes Recreation Center

Required Evaluation Day			
Grade	Date	Time	Games Begin
Girls grades 7–8	1/12	7 p.m.	2/3
Boys grades 7–8	1/12	7:30 p.m.	2/3

Season III—Skilled League

This program focuses on basketball fundamentals along with the application of learned skills during game participation. This league is for players with a good understanding of the game, and who can dribble, shoot, and pass. The league offers divisions ranging from grades K–6. All leagues are coed up through grade 3. Girls play in a Girls Only League beginning in grade 4.

Season includes weekly practices and games one night a week and occasional Saturdays. The season concludes with a single elimination tourney for each grade level.

Teams practice two nights a week for the first two weeks of the season—then one night a week for the remainder of the season. Practices are held at Twin Lakes Recreation Center. Time and day are determined by the coach. Practices begin the week of January 17. Games begin the week of January 31.

Code	Grade	Game Day(s)	Date(s)	Description
75003-A	K	Wed.	1/7–4/2	Coed
75003-B	1	Mon.	1/7–4/2	Coed
75003-C	2	Tue.	1/7–4/2	Coed
75003-D	3	Wed.	1/7–4/2	Coed
75003-E	4–5	Tue.	1/7–4/2	Boys
75003-F	4–6	Tue.	1/7–4/2	Girls
75003-G	6	Mon.	1/7–4/2	Boys

Cost: \$75. Participants who are not registered by the registration deadline will be assessed a \$10 administration fee.

Register by: 1/10

Location: Twin Lakes Recreation Center

COACHES NEEDED! NEW COACHES INFORMATION SESSION: Tue., Jan. 4 at 6 p.m. at Twin Lakes Recreation Center.

MANDATORY NEW COACHES MEETING: Thur., Jan. 6 at 6 p.m. at Twin Lakes Recreation Center.

VOLUNTEER COACHES DEADLINE: Jan. 4

Required Evaluation Day		
Grade	Date	Time
Grade K	1/10	6 p.m.
Grade 1	1/10	6:30 p.m.
Grade 2	1/10	7 p.m.
Grade 3	1/11	6 p.m.
Boys grades 4–5	1/11	6:45 p.m.
Boys grade 6	1/11	7:30 p.m.
Girls grades 4–6	1/12	6 p.m.
Make-up session	1/12	6 p.m.
Teams are made by program staff after evaluations.		



Bloomington Youth Basketball leagues are for players of all ability levels.



Designed for the beginning through advanced player, this league focuses on responsible competition, including skill building and a complete understanding of the game. Several levels of play are offered, ranging from tee ball to fastpitch for players ages 4–15 yrs. Each player receives a full competition-quality uniform. This league is instructed and overseen by certified youth sports professionals, ensuring a quality experience for all players and parents. There is a season-ending awards ceremony Wed., June 29.

Players can play up, or in more than one league, with the approval of league commissioner. Please note special requests for team placements (e.g. on the same team as friends) on the registration form. We make every attempt to accommodate special requests.

Middle School Softball League—for players currently in middle school or who will attend middle school in Fall 2011. Please denote which middle school your child will attend on the registration form.

Coaches wanted! For more information about leagues or volunteering to coach (see page 45), contact Chris Truelock at 349-3774.

Cost: \$80/in-city, \$90/non-city

Locations: TBD

Day(s) and Times: TBD—In the event of rain, call the Sports Hotline at 349-3610 for further instructions. If it rains, your team placement day still takes place. The Sports Hotline will inform you of the indoor location for team placement.

League Coordinator: Chris Truelock, CYSA

My daughter was born in:	Her league is:	Her registration code is:	Her registration deadline:	My cost is:	Her team placement day at Lower Cascades ballfields:	Duration of league:
2004, 2005 or 2006	Intro League Coach Pitch/Tee ball	77202-A	3/25	\$80/in-city \$90/non-city	Sun., April 3, 1–2:30 p.m.	4/3–6/29
2002 or 2003	Mid-Minor League Machine Pitch	77202-B	3/25	\$80/in-city \$90/non-city	Sun., April 3, 1–2:30 p.m.	4/3–6/29
2000 or 2001	Minor League Player Pitch	77202-C	3/25	\$80/in-city \$90/non-city	Sun., April 3, 3–4:30 p.m.	4/3–6/29
1998 or 1999	Mid-Major League Player Pitch	77202-D	3/25	\$80/in-city \$90/non-city	Sun., April 3, 3–4:30 p.m.	4/3–6/29
1995, 1996 or 1997	Major League Player Pitch	77202-E	3/25	\$80/in-city \$90/non-city	Sun., April 3, 3–4:30 p.m.	4/3–6/29
In middle school in 2010 or in 2011	Middle School League Player Pitch	77202-F	3/25	\$80/in-city \$90/non-city	You will be called by your coach. Wear comfortable clothes, cleats, and bring your gear.	4/3–6/29



Hook A Kid on Golf

June 6–10 • 8:30 a.m.–Noon • Cascades Golf Course

Limited to 40 participants. Apply at Cascades Golf Course.

Register by 4/6 (Code 73503-A). For more information, call 349-3764.

Hook A Kid on Golf is a national golf skill development program that gives youngsters, who normally would not have the opportunity, a complete introduction to the sport of golf without any of the costs that are associated with the sport.

To be eligible, a child must:

- Be between ages 8–15 yrs.
- Have never played golf before
- Not own a set of golf clubs

Each child receives:

- A week-long introductory clinic, including a golf outing with his or her sponsor
- A Hook A Kid on Golf T-shirt
- New starter set of clubs and custom bag
- Golf balls, cap, and membership bag tag
- Miscellaneous golf accessories

Each Hook A Kid on Golf participant is sponsored by local community members and organizations. For more information about becoming a \$125 sponsor and introducing a child (including your own) to the lifelong game of golf, contact Cascades Golf Course at 349-3764.

Hook A Kid on Golf is presented with support from the United States Golf Association, Golf Course Superintendents Association of America, PGA Tour, PGA of America, the National Golf Foundation, and the LPGA. This program covers all aspects of golf including rules and etiquette, course maintenance and drug prevention talks.

Hook A Kid on golf is administered by the National Alliance for Youth Sports (NAYS), a 501-C-3 nonprofit organization with a mission to improve the quality of sports for children.





KID CITY

**Kid City is
ACA Accredited!**



All Kid City programs are proud to be accredited by the American Camp Association. This nationally recognized accreditation focuses on program quality, health and safety issues, and requires us to review every facet of our operation. Kid City has voluntarily submitted to this independent appraisal done by camp experts and has earned this mark of distinction.

ALL CAMP REGISTRATION DAY

Saturday, March 5 ♦ 10 a.m.–3 p.m. ♦ Allison-Jukebox Community Center

Register for camp at All Camp Registration Day and receive a parent T-shirt! Meet the staff responsible for coordinating our popular summer camp programs. Ask specific questions about camp programs and themes.

Kid City camp programs—the best summer experience for your child!

Session A: June 6–10	Session E: July 5–8*	Session I: August 1–5
Session B: June 13–17	Session F: July 11–15	Session J: August 8–12
Session C: June 20–24	Session G: July 18–22	Session K: August 15–16*
Session D: June 27–July 1	Session H: July 25–29	

Camp	Grades 2011–2012 school year	Sessions	Times	Location	Weekly Cost/City	Weekly Cost/Non-City
Kid City Original	K–4	A–K	7:30 a.m.–6 p.m.	Allison-Jukebox Comm. Center	\$135	\$140
Kid City Quest	5–7	A–K	7:30 a.m.–6 p.m.	Twin Lakes Recreation Center	\$135	\$140
Teen X-treme	8–10	A, B, D, E, G, H, J	8 a.m.–5 p.m.	Rhino's Youth Center	\$150	\$155
Teen X-treme Travel	8–10	C, F, I	OVERNIGHT 7:30 a.m. Monday– 6 p.m. Friday	Rhino's Youth Center and travel to Kentucky or Illinois	\$330	\$335
CIT Program	8–10	A–J	7:30 a.m.–6 p.m.	Twin Lakes Recreation Center	\$80	\$85

*Session E is four days. Session K is two days. The cost for these sessions is prorated.

- For Original, Quest, X-treme, and CIT, a non-refundable deposit of \$15 per session per child is due at the time of registration. This deposit is applied to the session fee. Session registrations and payments are due in full by 5 p.m. the Monday prior to the start of a selected session. Failure to do so will result in forfeiture of deposit and reserved space.
- For Teen X-treme Travel, a non-refundable deposit of \$40 per session per child is due at the time of registration. This deposit is applied to the session fee. Session registrations and payments are due in full by 5 p.m. two Wednesdays prior to the start of a selected session. Failure to do so will result in forfeiture of deposit and reserved space. Session C deadline is 6/8. Session F deadline is 6/29. Session I deadline is 7/20.
- Participants who are not registered by the registration deadline will be assessed a \$15 administration fee.
- Following All Camp Registration Day, registrations are accepted by walk-in at the Parks and Recreation office or by mail at 401 N. Morton, Ste. 250, Bloomington, IN 47404. If your child is already registered for camp, credit card payment can be made over the phone at 349-3700.
- Registration materials can be downloaded from the City of Bloomington Parks and Recreation Web site (www.bloomington.in.gov/parks). Online registration is not available for any Kid City or Teen X-treme camp program.

May/June Camp Themes

Monday	Tuesday	Wednesday	Thursday	Friday
30	31	1	2	3
6	7	8	9	10
SESSION A Kid City Original theme: Blast Off to Summer! Teen X-treme theme: Climbing				
13	14	15	16	17
SESSION B Kid City Original theme: Spectacular Sports Teen X-treme theme: Wilderness Survival				
20	21	22	23	24
SESSION C Kid City Original theme: Tell Me a Story Teen X-treme Travel theme: Red River Gorge, KY				
27	28	29	30	
SESSION D Kid City Original theme: Rodeo Round-Up Teen X-treme theme: Water Sports				

July Camp Themes

Monday	Tuesday	Wednesday	Thursday	Friday
				1
SESSION D (continued)				
4 <i>Fourth of July NO CAMP</i>	5	6	7	8
SESSION E Kid City Original theme: Around the World Teen X-treme theme: Caving				
11	12	13	14	15
SESSION F Kid City Original theme: Splish-Splash! Teen X-treme Travel theme: Shawnee National Forest, IL				
18	19	20	21	22
SESSION G Kid City Original theme: Magical, Musical Fun Teen X-treme theme: Outdoor Indiana				
25	26	27	28	29
SESSION H Kid City Original theme: Fairs and Festivals Teen X-treme theme: X-treme Sports				

Is my child ready for camp?

In order to support the success and safety of all individuals registered and participating in the City of Bloomington Kid City summer camps, it is important that participants are indeed "Camp Ready." To assist in determining if your child is "Camp Ready," the following criteria have been developed:

- ✓ Participant is age appropriate (ages 4–17 yrs.) Participants may be aged up or down by one grade level at parent request.
- ✓ Participant is able to use the restroom independently or with minimal verbal prompting.
- ✓ Participant is able to take direction and instruction from a staff person.
- ✓ Participant is comfortable with, and able to interact in, a group environment.
- ✓ Participant is able to participate in the camp program independently or with reasonable accommodations.
- ✓ Participant interacts and participates in camp in a manner that is physically and emotionally safe for themselves and others.

Our camps are inclusive, serving children with and without disabilities. Inclusion services are available for accommodation needs and support options for your child. Reasonable accommodation requests and registration must be made at least two weeks prior to the start of the camp session. For more information, contact the Inclusive Recreation Coordinator, Amy Shrake, CTRS, at 349-3747 or shrakea@bloomington.in.gov.

Counselor-In-Training Program

Want to be a Kid City staff member? The Counselor-In-Training Program is the first step in becoming a camp counselor. In addition to working with children, gaining leadership experience and receiving great job training, CITs are also involved in planning and implementing camp special events. Applications are available after January 20 at the Bloomington Parks and Recreation office or online at www.bloomington.in.gov/parks. Candidates who apply by March 11 receive first priority in call-back interviews and session requests. Applications are accepted until March 31. Interviews begin April 1.

For grades 8–10 • Mon.–Fri., 7:30 a.m.–6 p.m.

\$80/in-city, \$85/non-city, \$20/returning

Twin Lakes Sports Park and Twin Lakes Recreation Center

Submitting an application does not guarantee a candidate will be accepted into the program, nor does it commit a selected candidate to participate. Candidates who are accepted into the CIT program receive notice of acceptance and pre-approved session dates. Registration begins in May. For more information call 349-3731.

August Camp Themes

Monday	Tuesday	Wednesday	Thursday	Friday
1	2	3	4	5
SESSION I				
Kid City Original theme: Outdoor Adventures				
Teen X-treme Travel theme: Hoosier National Forest, IN				
8	9	10	11	12
SESSION J				
Kid City Original theme: Under the Sea				
Teen X-treme theme: Climbing				
15	16	17	18	19
SESSION K		Back to School		
Kid City Original theme: The Last Hurrah				
22	23	24	25	26
28	29	30	31	1

Kid City Original

"If we ran the world ..." At Kid City Original, a new experience awaits every day! Campers explore the world around them with field trips and special events. Daily programs give campers the chance to try specialized activities in the areas of nature, the outdoors, sports, games, arts, and media. As always, our unique weekly themes provide something fun for everyone! We give every child a summer to remember. Grade K staff-to-camper ratio is 1:6. Grades 1–4 staff-to-camper ratio is 1:8.*

NEW LOCATION!

Kid City Quest

Choose something great this summer! Kid City Quest campers design their own program experience through Choice Exploration (activity options that differ from the usual camp fare). In addition, campers experience field trips, splash the summer away swimming, and learn more about themselves and their friends through team time! Staff-to-camper ratio is 1:8.*

Teen X-treme

Feed your adventurous spirit this summer with Teen X-treme! Pick the weeks that match your interests or try something brand new. Each session, participants explore the outdoors through that week's themed activity. Staff-to-camper ratio is 1:10.*

Teen X-treme Travel

Spend five days exploring the state parks, adventure sites and natural areas of Indiana and surrounding states. These overnight camping excursions each have a different focus and destination, but they all provide an incredible adventure! **Mandatory parent meetings for each session on Tuesdays, 6/14, 7/5, and 7/26.** Staff-to-camper ratio is 1:5*

College for Kids!

Ivy Tech Community College—Bloomington is teaming up with City of Bloomington Parks and Recreation's Kid City summer camp program to bring three unique week-long camps to participants ages 11–14 yrs. Ivy Tech offers fun college-style classes in the morning and then transports campers to Rhino's Youth Center to meet the Kid City staff for an afternoon of games, field trips, or swimming. Campers can choose from a variety of technology and art-themed programs. Staff-to-camper ratio is 1:10.*

For more information about afternoon camp sessions, call 349-3731.

Register through Ivy Tech Community College.

For more information about Ivy Tech class sessions, call 330-6041.

June 13–17—Register by 6/6

June 20–24—Register by 6/13

June 27–July 1—Register by 6/20

Cost: \$180, \$90 per 1/2 day

Time: 8:30 a.m.–6 p.m.

Ages: 11–14 yrs.

Location: Ivy Tech Bloomington Campus, 200 Daniels Way and Rhino's Youth Center, 331 S. Walnut St.



*Denotes maximum staff-to-camper ratio in accordance with the American Camp Association National Standards.

Living and Learning



The following after-school programs are presented through a partnership between the City of Bloomington Parks and Recreation Department and Rhino's/Harmony School.

All programs are FREE and are held at Rhino's Youth Center, 331 S. Walnut St.—333-3430. Registration is not required. All programs are ongoing, so you can join at any time!

Youth Video (RhinoPlasty)



This program focuses on learning to use video and editing equipment, writing news commentaries and humor sketches for production, understanding TV production sequences and developing stage presence. Participants produce and broadcast a variety show aired on CATS TV every Friday at 10 p.m.

Code	Day(s)	Date(s)	Time	Ages
30000	Mon.	ongoing	3:30–6 p.m.	13–18 yrs.

Instructor: David Walter

Youth Visual Arts: mural Project and screenprinting workshop



The Youth Visual Arts Project gives area youth an opportunity to create artwork for display around Bloomington. Using an open-workshop format, this program focuses on mural painting, drawing, 3-D design, and other forms of artistic expression. The screenprinting workshop offers hands-on learning of both fine art photo process screenprinting and textile printing. Participants must make a commitment to complete and provide a description of each project. Participants involved in this program may also enjoy the graphic design component of the Youth Journalism Project held Wednesday afternoons.

Code	Day(s)	Date(s)	Time	Ages
30000	Tue.	ongoing	3:30–6 p.m.	13–18 yrs.

Instructors: Danielle Urschel and Sparky Taylor

Youth Journalism Project (The Antagonist)



Make your opinion known! *The Antagonist*, Bloomington's youth newspaper, is looking for writers, editors, and artists. *The Antagonist* is published monthly and includes music reviews, editorials, issue-based articles, poetry, and youth art.

Code	Day(s)	Date(s)	Time	Ages
30000	Wed.	ongoing	3:30–6 p.m.	13–18 yrs.

Instructor: Sparky Taylor

Youth Radio



Youth Radio on WFHB 91.3 FM wants you ON AIR! Young broadcasters learn about the inner workings of a radio station, spin their musical selections, talk about youth activities, and discuss youth/community issues. Participants have the opportunity to learn editing skills, hone their radio personalities, and attend informative workshops. Bring two blank CDs. Youth Radio broadcasts on Saturdays from 5–10 p.m. Participants must attend Thursday meetings and demonstrate certain competency levels with the equipment to become broadcasting members of Youth Radio.

Code	Day(s)	Date(s)	Time	Ages
30000	Thur.	ongoing	3:30–6 p.m.	13–18 yrs.

Instructor: Eric Ayotte

These programs are made possible with support from WFHB Community Radio, CATS TV, United Way and the Monroe County Tobacco Prevention and Cessation Coalition.

Wilderness and Remote First Aid

See page 27.

Teen X-treme Summer Camps

See pages 24–25.

Travel

Teen Hiking Club

See page 28.

Sports and Fitness



Hockey Initiation—Session II

See page 21.

High School Basketball

A formalized league designed for competition, fun, and bragging rights on the hardwood! Teams in each division (grades 9–10 and grades 11–12) compete in a 10-game season, followed by a single-elimination tournament. **The league runs Sundays at 6 p.m. and Thursdays at 5:30 p.m., January 13–March 13.**

Code	Day(s)	Register by	League
Grades 9–10			
75007-A	Sun., Thur.	12/31	Team
75007-B	Sun., Thur.	12/31	Individual
Grades 11–12			
75007-C	Sun., Thur.	12/31	Team
75007-D	Sun., Thur.	12/31	Individual

Cost: 75007-A and 75007-C—Team Fee: \$550
75007-B and 75007-D—Individual Fee: \$70

Ages: Grades 9–12

Location: Twin Lakes Recreation Center

Soccer—Under 18 Boys League

High school players form their own teams and compete—a great chance to show some creativity and enjoy playing with and against players from all over south central Indiana. Both boys and girls are eligible to play in this league. Season includes seven regular season games and a tournament night. **Register online at bloomingtonsoccer.net or at the Twin Lakes Recreation Center.**

Day(s)	Date(s)	Time	Register by	Team Fee
Wed.	1/19–3/9	5–9:45 p.m.	1/17	\$650

Ages: Grades 9–12

Location: Twin Lakes Recreation Center

Soccer—Women's League, U16 and Up

See page 31.

Soccer—Under 14 Boys/Coed League

A great opportunity to mix it up with players from other teams and cities as our up-and-coming high school stars keep their touch in the off season. Season includes seven regular season games and a tournament night. **Register online at bloomingtonsoccer.net or at the Twin Lakes Recreation Center.**

Day(s)	Date(s)	Time	Register by	Team Fee
Fri.	1/21–3/11	6:40–9 p.m.	1/19	\$650

Ages: Grades 6–8

Location: Twin Lakes Recreation Center

Youth Tennis

See page 21.

Play Tennis throughout The City

Public play at Winslow Sports Complex, Bryan Park, Southeast Park, Park Ridge East, Sherwood Oaks, and RCA Park is permitted whenever courts are not being used by Bloomington Parks and Recreation. Available hours are posted at each site.



Healthy Heart Tip!

from Bloomington Hospital

Drink plenty of fluids. You can become dehydrated in the cold just as easily as you can in the heat.

Youth, Teens, and Adults

The Great Outdoors

For all Great Outdoors programs:

Price is per person. **Children under age 12 yrs. must be accompanied by a registered adult.** Activities may be both inside and outside, so please dress for the weather.

Volunteer to Maintain our Natural Spaces or Adopt-A-Trail!

See page 45 or contact Special Services Coordinator Kim Ecenbarger at 349-3739 to find out how you can get involved.

Roving Naturalist

Add a "natural" touch to your upcoming event. Call our Roving Naturalist to add exciting, hands-on activities that enhance interest in our natural world. Schedule programs, classroom visits or field trips about water quality, geology, bats, bobcats, trees, wildflowers, natural art, and more! **For more information, contact Elizabeth Tompkins at 349-3759 or tompkine@bloomington.in.gov. A \$20 fee is charged for most programs.**

Citizen Scientist Certification

Bloomington Parks and Recreation offers a unique opportunity for community members ages 14 yrs. and up: Citizen Scientist certification. For each level of certification, participants must attend two scheduled programs indicating a Citizen Scientist opportunity. These programs can be found in the Great Outdoors and People's University offerings. Candidates must also volunteer at least 10 hours monitoring or maintaining the city's natural areas. For more information or to receive a list of upcoming workshops and Citizen Scientist opportunities, call 349-3759.

Make Your Own Paper

Trees are present in our lives every day ... even if we never enter the woods. Help conserve trees by using recycled paper to make special cards. Add wildflower seeds to make a card that will grow in the spring. Each participant can make three cards during the session.

Code	Day(s)	Date(s)	Time	Register by
74012-A	Tue.	2/8	6:30-8 p.m.	2/3

Cost: \$5/in-city, \$6/non-city
Ages: 6 yrs. and up
Location: Twin Lakes Lodge
Instructor: Sara Beatty

Goodness Snakes Alive!

Come learn about ssssssssssnakes! Where do they live? What do they eat? How do they fit into the ecosystem? You will meet real snakes that live outside of our doors and beyond.

Code	Day(s)	Date(s)	Time	Register by
74009-A	Fri.	2/18	7-8:30 p.m.	2/14

Cost: \$3/in-city, \$4/non-city
Ages: For all ages.
Location: Banneker Community Center
Instructor: Hoosier Herpetological Society

Project Underground: Cave Critter Creations

Cave-dwelling animals have adaptations that help them live underground. Explore these adaptations with Project Underground, a nationally recognized karst and cave education program. You'll get to see a cave biology video featuring cave creatures going about their daily lives, then use what you've learned to create a crayon cave-adapted animal of your very own and show where it lives in a 40' inflatable "cave"!

Code	Day(s)	Date(s)	Time	Register by
74016-A	Sat.	2/19	10 a.m.-Noon	2/16

Cost: \$3/in-city, \$4/non-city
Ages: 5 yrs. and up
Location: Twin Lakes Lodge
Instructor: Kriste Lindberg

Warming up to Tree ID

Enjoy hiking the winter trails while learning to recognize common dormant tree species by studying their twigs and bark. Beat your winter blues and warm up to tree identification!

Code	Day(s)	Date(s)	Time	Register by
74017-A	Sat.	2/19	2-3 p.m.	2/17

Cost: \$2/in-city, \$3/non-city
Ages: For all ages.
Location: Winslow Woods
Instructor: Sara Beatty

Wilderness and Remote First Aid

The American Red Cross WRFA course provides individuals a foundation of first aid principles and skills to be able to respond to emergencies and give care in areas that do not have immediate emergency medical services (EMS) response. This includes wilderness and remote environments, including urban disasters, such as earthquakes and hurricanes. Participants must be at least age 14 yrs. on or before the last scheduled meeting of the course and possess current adult CPR/AED certification.

Code	Day(s)	Date(s)	Time	Register by
74502-A	Tue., Thur.	2/22-3/3	6-10 p.m.	2/15

Cost: \$125 (4 classes)
Ages: 14 yrs. and up
Location: Allison-Jukebox Community Center
Instructor: Tim Pritchett



American Red Cross

Bluebird Box Builders

Help ensure the survival of a diminishing species. Register to receive a kit that contains all of the materials you need to construct a nesting box designed specifically for Eastern Bluebirds. Instruction and help with assembly are provided during the program.

Code	Day(s)	Date(s)	Time	Register by
74004-A	Sat.	2/26	1–2:30 p.m.	2/12

Cost: \$20/in-city, \$22/non-city

Ages: For all ages.

Location: Twin Lakes Lodge

Instructor: Derek Greene

Maple Syrup Made Easy

A maple tree is all it takes to experience the sweetness of homemade maple syrup. During this hands-on workshop, discuss tree identification, equipment, collection and syring techniques, and learn the history of maple syrup and sugar. Take-home instructions are supplied, along with a taste of the final product in multiple forms. This class is held outdoors, so dress accordingly.

Code	Day(s)	Date(s)	Time	Register by
74014-A	Sat.	2/26	11 a.m.–1 p.m.	2/18

Cost: \$6/in-city, \$7/non-city

Ages: 8 yrs. and up

Location: Lower Cascades Park Sycamore Shelter

Instructor: Elizabeth Tompkins

Animal Tracks and Traces

If you can't find an animal in its habitat, you may find the tracks, scat, and other signs that it leaves behind. Develop your tracking skills, make your own track identification guide, examine pelts, skulls, and more. Be ready to use your skills on a short hike to see what the local animals may have left behind.

Code	Day(s)	Date(s)	Time	Register by
74002-A	Sat.	3/12	2–3:30 p.m.	3/9

Cost: \$3/in-city, \$4/non-city

Ages: 8 yrs. and up

Location: Twin Lakes Lodge

Instructor: Sara Beatty

Crafting Grapevine Wreaths

Discover a creative way to help control wild grapevines. Learn how a few simple tools and easy-to-master techniques can transform grapevines into attractive wreaths. Participants will leave with a sample wreath and a reference booklet.

Code	Day(s)	Date(s)	Time	Register by
74005-A	Wed.	3/16	5:30–6:30 p.m.	3/2

Cost: \$8/in-city, \$10/non-city

Ages: 10 yrs. and up

Location: Lower Cascades Park Waterfall Shelter

Instructor: Derek Greene

Changes in red have been made since guide printing.

Teen Hiking Club

Explore spring in Bloomington's wooded habitats. Learn and practice Leave No Trace ethics, environmental interpretation, and wilderness skills in this weekly hiking club. Excursions range from Bloomington's own nature preserves to local state parks to the Hoosier National Forest. Participants should bring a sturdy pair of closed-toe shoes, water bottle, and rain gear when necessary. Participants must be able to hike at a reasonable pace over uneven terrain. Hikes are designed to be physically challenging and range in difficulty from moderate to rugged. For more information, contact Tim Pritchett at 349-3728 or Elizabeth Tompkins at 349-3759.

Code	Day(s)	Date(s)	Time	Register by
74018-A	Wed.	3/23–4/27	3–6 p.m.	3/16

Cost: \$20/in-city, \$22/non-city (6 hikes)

Ages: 13–17 yrs.

Location: Departs from and returns to the Allison-Jukebox Community Center.

Instructors: Tim Pritchett and Elizabeth Tompkins

Beautiful Beavers and Marvelous Muskrats

Explore the behavior, habitats, and adaptations of these two large and lovable members of the rodentia family. At the end of the program we will search for the native beavers and muskrats inhabiting the waters of Griffy Lake.

Code	Day(s)	Date(s)	Time	Register by
74003-A	Sat.	3/26	1–2 p.m.	3/12

Cost: \$6/in-city, \$8/non-city

Ages: For all ages.

Location: Griffy Lake Nature Preserve—Meet at the boathouse.

Instructor: Derek Greene

Habitat Steward Training

See page 39.

Geodes Unearthed

Uncover the wonder of these popular geological formations as we hike along the trails of Griffy Lake. Each participant will receive a geode and have the opportunity to crack it open during the program. Waterproof footwear is encouraged.

Code	Day(s)	Date(s)	Time	Register by
74008-A	Sat.	4/9	6–7 p.m.	3/26

Cost: \$8/in-city, \$10/non-city

Ages: For all ages.

Location: Griffy Lake Nature Preserve—Meet at the boathouse.

Instructor: Derek Greene



Sixth grade students journal after determining the circumference of a tree during Leonard Springs Nature Day.

Earth Week

Miller-Showers Park Cleanup

Miller-Showers Park naturally cleanses storm water to help keep our waterways clean. You can help by removing trash that has accumulated in the park during the winter. Check for signs of wildlife as we beautify this urban park! Bags and gloves are provided. To sign up, contact Kim Ecenbarger at 349-3739 or ecenbark@bloomington.in.gov.
Tuesday, April 19 ✨ 6:30–8 p.m.
FREE ✨ For ages 18 yrs. and up
Miller-Showers Park



Trail Cleanup

Celebrate Earth Week with a spring cleanup of the Lower Cascades Creek Trail. We'll provide bags and gloves as you help keep our parks litter free. To sign up, contact Kim Ecenbarger at 349-3739 or ecenbark@bloomington.in.gov.
Sunday, April 17 ✨ 1–3 p.m.
FREE ✨ For ages 10 yrs. and up
Lower Cascades Park—Meet at the Waterfall Shelter.



Morning Paddle

Let the sun warm you as we celebrate the earth and its bountiful resources on the water of Griffy Lake.
Wednesday, April 20 ✨ 7:30–8:30 a.m.
\$5/in-city, \$6/non-city ✨ For all ages.
Register by 4/18 (Code: 74006-A)
Griffy Lake—Meet at the boathouse.

Lake Cleanup

Paddle around Griffy Lake and help clean up one of our most precious local resources. Bags, boats and gloves are provided. Boats are available on a first come, first served basis. To sign up, contact Kim Ecenbarger at 349-3739 or ecenbark@bloomington.in.gov.
Thursday, April 21 ✨ 5:30–7:30 p.m.
FREE ✨ For all ages.
Griffy Lake—Meet at the boathouse.



The Wildflower Foray

Bloomington Parks and Recreation invites wildflower friends to find an array of stunning, springtime blooms nestled among cave and karst features. To learn more about the Wildflower Foray, visit the Hoosier National Forest Web site at www.fs.fed.us/r9/hoosier.
Saturday, April 23 ✨ 9–11 a.m.
FREE ✨ For all ages.
Leonard Springs Nature Park



Map and Compass Egg Hunt

Learn the art of orienteering while searching for eggs hidden throughout Griffy Lake Nature Preserve! Enjoy a treat when your search is complete. Maps and compasses are provided for use during the program. An instructional session takes place before the hunt.

Code	Day(s)	Date(s)	Time	Register by
74013-A	Tue.	4/12	6-7:30 p.m.	4/7

Cost: \$5/in-city, \$6/non-city

Ages: For all ages as long as an adult works with younger children—great for families.

Location: Griffy Lake Nature Preserve—Meet at the boathouse.

Instructor: Sara Beatty

FrogWatch USA



FrogWatch USA is the Association of Zoos and Aquarium's flagship program that allows individuals and families to learn about wetlands and help monitor amphibian populations by reporting the calls of local frogs and toads. Data submitted by FrogWatch volunteers has been used to develop practical strategies for the conservation of these important species. Learn how to monitor them in area parks! For more information, visit www.aza.org/frogwatch.

Code	Day(s)	Date(s)	Time	Register by
74007-A	Thur.	4/14	6-9 p.m.	4/12

Cost: \$8/in-city, \$10/non-city

Ages: 12 yrs. and up

Location: Meet at Karst Farm Park Commons, 2450 S. Endwright Rd.

Instructor: Cathy Meyer, Naturalist, Monroe County Parks and Recreation and Kriste Lindberg

Griffy Lake Night Hike

Explore the trails of Griffy Lake Nature Preserve as the day turns to night. Discover the senses that make nocturnal animals so comfortable in the dark and see how your own senses compare. Bring a flashlight to find your car after the hike.

Code	Day(s)	Date(s)	Time	Register by
74011-A	Fri.	4/15	8:30-9:30 p.m.	4/13

Cost: \$2/in-city, \$3/non-city

Ages: 8 yrs. and up

Location: Griffy Lake Nature Preserve—Meet at the boathouse.

Instructor: Sara Beatty

Mysteries Revealed! Miller-Showers Park Tour

Where does the water go after it rains? We retrace contour lines that raindrops follow as they roll downhill and settle in a pond, learn how plants naturally cleanse storm water to help keep our waterways clean, and look for signs of wildlife as water flows north and east through Miller-Showers and then Cascades Park. Secrets of watersheds are revealed!

Code	Day(s)	Date(s)	Time	Register by
74015-A	Wed.	4/20	6-7:30 p.m.	4/19

Cost: FREE

Ages: For all ages

Location: Miller-Showers Park

Instructor: Kriste Lindberg

Griffy Lake Nature Preserve—Up Close

Get a close-up look at the plants and animals that call Griffy Lake Nature Preserve home. Collect aquatic critters, identify birds through binoculars, explore the wetlands and develop a deeper understanding of the ecology of the park through these hands-on experiences.

Code	Day(s)	Date(s)	Time	Register by
74010-A	Fri.	4/29	6:30-8:30 p.m.	4/27

Cost: \$3/in-city, \$4/non-city

Ages: 8 yrs. and up

Location: Griffy Lake Nature Preserve—Meet at the boathouse.

CASCADES

GOLF COURSE

City of Bloomington Parks & Recreation



3550 N. Kinser Pk.,

Bloomington, IN • (812) 349-3764

Visit www.bloomington.in.gov/cascades
to reserve a tee time!

Discover Cascades!

Cascades Golf Course rests on 200 acres of beautiful rolling hills with native trees and natural topography. Cascades is named for the natural cascading waterfalls located throughout the golf course property. Several waterfalls can be heard, and with a brief walk off the perimeter of several holes, can be seen from the course.

Cascades offers amenities to meet the needs of any golfer. Leagues are offered for all ages, and the Clubhouse houses locker rooms, a concession stand and a banquet/conference facility. Individual or group lessons may be scheduled with our on-site golf pro by calling 349-3764.

The golf course consists of three different nine-hole courses which can be combined to create three separate 18-hole configurations.

Beginner's Golf Clinic

Learn one of America's great sports at our two-hour beginner's clinic! Our qualified instructors teach basics of the grip, swing, and stance that can be used throughout your golf career. We also cover putting, rules, and love of the game!

Saturdays, 11:30 a.m.-12:30 p.m.

Code	Date(s)	Register by
73501-A	4/9-4/16	4/5
73501-B	5/7-5/14	5/3

Cost: \$20/in-city, \$25/non-city

Ages: 18 yrs. and up

Junior Golf Clinic

Give your youngsters the background they need to enjoy the game of golf all their lives! Our two-hour clinics introduce the fundamentals, plus some of the rules and terms. **Saturdays, 10-11 a.m.**

Code	Date(s)	Register by
73502-A	4/9-4/16	4/5
73502-B	5/7-5/14	5/3

Cost: \$20/in-city, \$25/non-city

Ages: 7-17 yrs.

Golf Outings

We provide a course that is fun, fair and fast to play. Our trained staff is available to assist in planning, organization and implementation to ensure a successful and enjoyable outing experience.

We have many different packages available. For best available dates, book early. Call 349-3764 and ask for Jason Calhoun or Todd Fleener.

Hook A Kid on Golf See page 23.

2011 RATES

Season Passes

(in-city/non-city)

Junior	\$190/\$220
Adult	\$475/\$515
Adult spouse	\$180/\$220
Senior	\$415/\$440
Senior spouse	\$160/\$190
Family	\$690/\$815

Season passes are good for one year from date of purchase!

18 Holes Weekday \$20

18 Holes Weekend \$22

9 Holes (Mon.-Thurs.) \$13

League Play \$13

Twilight \$15

Student Rate* \$15

**Valid student ID required.
(Mon.-Thurs. only)*

10-Play Pass \$153

Family Day* \$13

**Adult w/child. Children 15 yrs.
and under golf free.
(Sun. after 3 p.m.)*

9-Hole Cart \$7

18-Hole Cart \$13

Range Balls \$5

20-Bucket

Range Balls \$80

Hours:

Dawn to dusk

Staff:

Jason Calhoun

Golf Facilities Manager

Todd Fleener

Program Coordinator

Accessibility:

Designated parking spaces in lot. Restrooms and main entrance all accessible.

Healthy Living



Massage Therapy

Choose from Swedish, Deep Tissue, or Sports massage types.

Massage can:

- Help alleviate low-back pain
- Improve range of motion
- Assist with shorter, easier labor for expectant mothers
- Enhance immunity
- Improve skin condition
- Increase joint flexibility
- Shorten maternity hospital stays
- Improve circulation
- Lessen depression and anxiety
- Relieve migraine pain
- Relax and soften injured, tired, and overused muscles

To schedule your appointment with our certified massage therapist, call 349-3720.

Cost: \$30/30 minutes, \$60/60 minutes

Days: Mon.–Fri.

Time: 5:30 p.m.–9 p.m.

Location: Twin Lakes Recreation Center

Therapist: Ben Carter, CMT

Sports and Fitness



Fitness Assessments

Assessments are common and appropriate practices in preventative and rehabilitative exercise programs. A fitness assessment provides baseline and follow-up data for evaluation of progress. For more information or to schedule an assessment, contact the Health and Wellness Coordinator at 349-3771. **Twin Lakes Recreation Center membership is NOT required.**

Fitness assessments include tests for:

- Blood pressure: FREE
- Body composition:
 - Skinfold Analysis: \$25
 - Electronic Analysis: \$5

Days: Mondays–Fridays

Time: By appointment only

Ages: For all ages.

Location: Twin Lakes Recreation Center

Personal Training at the Twin Lakes Recreation Center

It all starts with a personal consultation where we get to know you—your lifestyle and your fitness goals. A 30-minute consultation with one of our personal trainers is a part of each new personal training package. The consultation ensures that we provide you with the best services based on your goals and interests. This consultation also includes information about our fitness assessments. Your personal trainer designs a fitness and weight management program that's individualized for your age, body, lifestyle, and goals. A personal trainer works with you to monitor your progress and make adjustments to ensure that you reach your goals.

You must be a Twin Lakes Recreation Center member to sign up for personal training. All sessions must be used within six months of purchase. All training sessions are non-transferable and nonrefundable. To set up an initial consultation, or for more information about personal training, contact Lindsay Buuck at 349-3771 or buuckl@bloomington.in.gov.

SINGLE—One-on-one personal training sessions

3 one-hour sessions	\$125	15 one-hour sessions	\$490
5 one-hour sessions	\$200	20 one-hour sessions	\$600
10 one-hour sessions	\$375	25 one-hour sessions	\$725

BUDDY (2)—You and a friend

5 one-hour sessions \$300

GROUP (3–5)—Get a group of 3–5 people together to join in this interactive type of personal training

5 one-hour sessions \$475

Soccer—Women's League, U16 and up

Our all-women's league continues in its sixth season as high school, current club and former college players compete on Wednesday nights! Season includes seven regular season games and a tournament night.

Register online at bloomingtonsoccer.net or at the Twin Lakes Recreation Center.

Day(s)	Date(s)	Start Time Range	Register by	Team Fee
Wed.	1/19–3/9	5:30–9:30 p.m.	1/16	\$650

Ages: 16 yrs. and up

Location: Twin Lakes Recreation Center

Healthy Heart Tip!

from  Bloomington Hospital



Early warning signs of hypothermia are shivering, confusion, numbness and fatigue.

Healthy Heart Tip!

from  Bloomington Hospital



When exercising outside in the winter months, layer your clothing. Dressing in layers lets you remove clothing as you heat up and put it back on when you cool down.



Language

Advanced German

Cost: FREE
Day: Friday
Time: 1:30–2:30 p.m.
Ages: 18 yrs. and up
Location: Twin Lakes Recreation Center

Arts & Crafts

Lap Quilting

Cost: FREE
Day: Tuesdays—Call to schedule an appointment.
Time: 9:30–11:30 a.m.
Ages: 18 yrs. and up
Location: Twin Lakes Recreation Center, Program Room

Sponsor/Partner Programs

Legal Counseling

Counseling provided by Attorney Tom Bunger. Call 349-3727 for an appointment.

Cost: FREE
Day: First Monday of each month
Time: 3–4 p.m.
Ages: 18 yrs. and up
Location: Twin Lakes Recreation Center, Common Room

Music & Dance



International Folk Dance

Cost: FREE
Day: Wednesdays
Time: 1:30–3 p.m.
Location: Twin Lakes Recreation Center, Fitness Room

Country Line Dancing—Beginning

Not only is line dancing fun, it can help you burn fat, increase energy, and feel great! Learn the boot scoot boogie, electric slide, and many other line dances each week. A great way to be active! No previous experience necessary.

Code	Day(s)	Date(s)	Time	Register by
75012-A	Wed.	1/26–3/2	7–8 p.m.	1/25
75012-B	Wed.	3/9–4/20*	7–8 p.m.	3/8

Cost: \$40 (6, one-hour classes)
Ages: 18 yrs. and up
Location: Twin Lakes Recreation Center
Instructor: Sara Deckard
Other: *Class does not meet 3/16.

Cards & Games

FREE ongoing adult programs at the Twin Lakes Recreation Center.

Participation in all of these drop-in programs is free, and TLRC membership is not required.

Bingo

Days: Mondays at 1 p.m.
 Wednesdays at 1:30 p.m.
Location: Program Room

Bunco

Day: Mondays
Time: 2–3 p.m.
Location: Common Room

Cards and Games

Day: Monday–Friday
Time: 8 a.m.–3 p.m.
Location: Common Room

Drop-in Bridge

Day: Mondays and Wednesdays
Time: 10:30 a.m.–Noon
Location: Common Room

Euchre

Day: Tuesdays, Wednesdays, and Fridays
Time: 10:30 a.m.–3 p.m.
Location: Common Room

Bridge Club

Day: Wednesdays and second and fourth Tuesdays
Time: 10:30 a.m.–3 p.m.
Location: Program Room

Mahjong

Day: Mondays
Time: Noon–3 p.m.
Location: Common Room

Ping Pong

Day: Call to schedule
Time: TBD
Location: Group Exercise Room



Just For Fun

Talk Antiques

Cost: FREE
Day: First and third Tuesdays of each month
Time: 1 p.m.
Ages: 18 yrs. and up
Location: Twin Lakes Recreation Center, TBD

For more information about programs on this page, call 349-3727.

Music & Dance



ZUMBA® Classes


ZUMBA®
FITNESS

Our goal is simple: We want you to want to work out, to love working out, to get hooked. ZUMBA® fanatics achieve long-term benefits while experiencing an absolute blast in one exciting hour of calorie-burning, body-energizing, awe-inspiring movements meant to engage and captivate for life! People of all ages are falling in love with its infectious music, easy-to-follow dance moves, and body-toning benefits.

Twin Lakes Recreation Center • For ages 18 yrs. and up.

ZUMBA® 45

Code	Day(s)	Date(s)	Time	Register by
75021-A	Mon., Wed.	1/3–2/9	5:15–6 p.m.	12/31
75021-B	Mon., Wed.	2/14–3/30*	5:15–6 p.m.	2/11
75021-C	Mon., Wed.	4/4–5/11	5:15–6 p.m.	4/1

Cost: \$40 (8, 45-minute classes)

Instructor: Ashlee Richardson

ZUMBA® 60

Code	Day(s)	Date(s)	Time	Register by
75022-A	Wed.	1/5–2/23	6–7 p.m.	1/4
75022-B	Sun.	1/9–2/27	5:30–6:30 p.m.	1/6
75022-C	Thur.	1/13–3/3	6:30–7:30 p.m.	1/12
75022-D	Wed.	3/2–4/27*	6–7 p.m.	3/1
75022-E	Sun.	3/6–5/1*	5:30–6:30 p.m.	3/4
75022-F	Thur.	3/10–5/5*	6:30–7:30 p.m.	3/9

Cost: \$45 (8, one-hour classes)

Instructors: Kelsie Ackman, Kim Storvik

*Class does not meet 3/13, 3/14, 3/16, or 3/17.

ZumbAtomic®

A class for ages 4–12 yrs. See page 21.

Healthy Living



Personal Training

See page 31.

Massage Therapy

See page 31.

Silver Sneakers®

The Silver Sneakers® program is the nation's leading exercise program designed exclusively for older adults. **See page 7 for more information.**

Fitness Assessments

See page 31.

Personal Pathway to Health

Personal Pathway to Health is a weight management program based on the Lifestyle Patterns Approach to weight management, developed by Robert Kushner, M.D. This individualized approach will identify your diet, exercise, and coping patterns to develop practical weight loss and weight management strategies. Includes a 50-question Lifestyle Patterns Quiz to determine your profile, 8 one-hour sessions with a registered dietician, and 4 one-hour sessions with an exercise specialist to create a practical weight loss strategy.

Code	Day(s)	Date(s)	Time	Register by
75017-A	Thur.	1/6–3/31	5:30–6:30 p.m.	1/5

Cost: \$75 (12, one-hour classes)

Ages: 18 yrs. and up

Location: Twin Lakes Recreation Center

Instructor: Mary Jo McClintic and Lindsay Buuck

Other: In partnership with Bloomington Hospital.



**Bloomington
Hospital**

Sports & Fitness



Group Exercise Punch Pass at the Twin Lakes Recreation Center

If your schedule varies, you're curious about a class, or you like variety in your workout, this group exercise punch pass will let you take and try out the class of your choice! **For more information call 349-3720.**

Cost: 1 class—\$7, 6 classes—\$36, 12 classes—\$60

Ages: 18 yrs. and up

PUNCH PASS GUIDELINES:

- **Punch passes are NOT valid for NIA Movement or Pilates.**
- Passes are issued any time during the program guide season (four months.) **Limit of one pass of each type per person per program guide season.** At the end of the program guide season, your pass will expire.
- Punch Passes are kept at the front desk. Pass holders must check in at the front desk, and are issued a ticket to enter their choice of class.
- In order to run a safe class and to reduce the chance of injury, instructors may ask pass holders to try a different class if space is limited. **Be sure to check with the TLRC for space availability (349-3720).**
- No credits, refunds, or transfers on punch passes.

FREE ongoing adult programs at the Twin Lakes Recreation Center.

Participation in these drop-in programs is free, and registration is not required.

Aerobic Exercise—Fitness Room

Tuesdays and Fridays • 2–2:45 p.m.

Senior Volleyball—Court

Monday–Friday • 9:30–11:30 a.m.

Steady Steppers—Fitness Room

Monday, Wednesday, and Friday • 8:30–9:30 a.m.

Pickle-Ball—Court

Monday, Wednesday, and Friday • 11 a.m.



PICK-UP GAMES

Twin Lakes Recreation Center

Balls are supplied • For ages 18 yrs. and up.

FREE for Twin Lakes Recreation Center members; non-members pay the daily admission of \$7.

Pick-up Basketball

An informal opportunity to play full-court games.

Days: January 12–March 4
Wednesdays, 7:30–9 p.m. • Court 5
Fridays, 11:30 a.m.–1 p.m. • Court 1

Pick-up Soccer

An informal opportunity to play on the indoor turf.

Days: Thursdays, January 13–March 3
Time: 11:30 a.m.–1 p.m.



Strictly Strength

No cardio—just muscle! This class targets and tones every major muscle group using weights, stability balls, resistance bands, and more.

Code	Day(s)	Date(s)	Time	Register by
75019-A	Tue., Thur.	1/4–2/10	7–7:45 a.m.	1/3
75019-B	Tue., Thur.	2/15–3/31*	7–7:45 a.m.	2/14
75019-C	Tue., Thur.	4/5–5/12	7–7:45 a.m.	4/4

Cost: \$40 (12, 45-minute classes)
Ages: 18 yrs. and up
Location: Twin Lakes Recreation Center
Instructor: Sarah Ramusack
Other: *Class does not meet 3/15 or 3/17.

Boot Camp

Work hard, challenge yourself, achieve your fitness goals, and have fun with Boot Camp! Boot Camp is a high-energy, drill-based, interval program for all fitness levels.

Code	Day(s)	Date(s)	Time	Register by
75009-A	Tue., Thur.	1/4–2/10	6–7 a.m.	1/3
75009-B	Tue., Thur.	2/15–3/31*	6–7 a.m.	2/14
75009-C	Tue., Thur.	4/5–5/12	6–7 a.m.	4/4

Cost: \$75 (12, one-hour classes)
Ages: 18 yrs. and up
Location: Twin Lakes Recreation Center
Instructor: Aaron Biggs
Other: *Class does not meet 3/15 or 3/17.

Boot Camp

Fitshop

Fitshop uses cross-training techniques to help you achieve total fitness. Tone and sculpt your body through the use of free weights and resistance bands while improving cardiovascular health through a variety of aerobic exercises.

Code	Day(s)	Date(s)	Time	Register by
75013-A	Tue.	1/4–3/29*	5:30–6:30 p.m.	1/3
75013-B	Tue.	4/5–6/21	5:30–6:30 p.m.	4/4

Cost: \$45 (12, one-hour classes)
Ages: 18 yrs. and up
Location: Twin Lakes Recreation Center
Instructor: Amanda Dubinski
Other: *Class does not meet 3/15.

Ab Blast

Work and tone your abdominals, obliques, and back in this quick and effective workout.

Code	Day(s)	Date(s)	Time	Register by
75008-A	Thur.	1/6–2/24	7:30–8 p.m.	1/5
75008-B	Sun.	1/30–3/27*	5–5:30 p.m.	1/28
75008-C	Thur.	3/3–4/28*	7:30–8 p.m.	3/2
75008-D	Sun.	4/3–5/22	5–5:30 p.m.	4/1

Cost: \$30 (8, 30-minute classes)
Ages: 18 yrs. and up
Location: Twin Lakes Recreation Center
Instructor: Kim Storvik
Other: *Class does not meet 3/13 or 3/17.

Mystery Fit

Finish off your week with this surprising instructor's choice class! The style of exercise changes every week.

Code	Day(s)	Date(s)	Time	Register by
75015-A	Fri.	1/7–2/25	5:30–6:30 p.m.	1/6
75015-B	Fri.	3/4–4/29*	5:30–6:30 p.m.	3/3

Cost: \$50 (8, one-hour classes)
Ages: 18 yrs. and up
Location: Twin Lakes Recreation Center
Other: *Class does not meet 3/18.

Bridal Boot Camp

Calling all brides, grooms, and bridal parties to be! Join Bridal Boot Camp to achieve your fitness goals and look great walking down the aisle on the big day! This class is high-energy, drill-based, and fun!

Code	Day(s)	Date(s)	Time	Register by
75010-A	Sat.	1/8–4/2*	9–10 a.m.	1/6

Cost: \$75 (12, one-hour classes)
Ages: 18 yrs. and up
Location: Twin Lakes Recreation Center—Turf
Other: *Class does not meet 3/19.

Boot Camp

Cardio Jump

A high-intensity workout based around the jump rope! The instructor will take you through basic jump rope drills, along with circuit and interval training.

Code	Day(s)	Date(s)	Time	Register by
75011-A	Mon., Wed.	1/10–2/16	7–7:45 a.m.	1/6
75011-B	Mon., Wed.	2/21–4/6*	7–7:45 a.m.	2/18

Cost: \$50 (12, 45-minute classes)
Ages: 18 yrs. and up
Location: Twin Lakes Recreation Center
Instructor: Ashlee Richardson
Other: *Class does not meet 3/14 or 3/16.

Pilates

Pilates routines focus on strengthening and developing the body's core postural muscles as well as the chest, upper back, shoulders, and glutes. These muscle groups help keep the body balanced, and are essential for the support they provide to the spine.

Code	Day(s)	Date(s)	Time	Register by
75018-A	Mon.	1/10–2/28	6–7 p.m.	1/6
75018-B	Thur.	1/27–3/24*	5:30–6:30 p.m.	1/26
75018-C	Mon.	3/7–5/2*	6–7 p.m.	3/6
75018-D	Thur.	3/31–5/19	5:30–6:30 p.m.	3/30

Cost: \$50 (8, one-hour classes)
Ages: 18 yrs. and up
Location: Twin Lakes Recreation Center
Instructors: Lotus Pilates Studio instructors
Other: *Class does not meet 3/14 or 3/17.

NIA Movement Program

NIA (Neuromuscular Integrative Action) is a low-impact, low-impact, selected movements and concentration-based workout that combines cardio and whole-body movement. NIA is done at a beginner level.

Code	Day(s)	Date(s)	Time	Register by
75016-A	Mon.	1/13–3/7	7–8 p.m.	1/28
75016-B	Mon.	3/21–4/25	7–8 p.m.	3/18

Cost: \$40 (6, one-hour classes)
Ages: 18 yrs. and up
Location: Twin Lakes Recreation Center
Instructor: Kay Johnson

CANCELLED



Kickboxing

This class will make you sweat! Try our non-contact cardio kickboxing and learn basic punching and kicking techniques and combinations for a total body workout.

Code	Day(s)	Date(s)	Time	Register by
75014-A	Mon., Wed.	1/31–3/9	8–9 p.m.	1/28
75014-B	Mon., Wed.	3/21–4/27	8–9 p.m.	3/18

Cost: \$45 (12, one-hour classes)
Ages: 18 yrs. and up
Location: Twin Lakes Recreation Center
Instructor: Megan Schwartz



Volleyball

This is a 6 vs. 6 league. Each match consists of three games. Rosters may include an unlimited number of players, but all names must be submitted prior to the start of the league. Each team must have at least two women players on the court during play. Matches are self-officiated. Each team is guaranteed a minimum of eight matches which may include a voluntary post-season tournament. Include the team captain's name and contact information upon registration. Specific game times will be announced after registration. Don't have a team? Register as an individual for a spot on our House team.

Code	Day(s)	Date(s)	Register by	Description
75002-A	Tue.	1/11-3/8	1/6	Winter 2—Team
75002-B	Tue.	1/11-3/8	1/6	Winter 2—Individual
75002-C	Tue.	3/22-5/10	3/18	Spring—Team
75002-D	Tue.	3/22-5/10	3/18	Spring—Individual

Cost: Team Fee: \$130
Individual Fee: \$20 (if registering as an individual)
Ages: 18 yrs. and up
Location: Twin Lakes Recreation Center

Adult Basketball League

The adult basketball league at the Twin Lakes Recreation Center consists of an eight-game regular season plus a single-elimination tournament. T-shirts are awarded to the first place team in the league. A \$50 cash refund is awarded to the tournament champion and will be issued to the team manager. House teams may be developed from individual registrations. **Roster and registration fee are due by Thursday, 1/6. No late registrations are accepted.** Games begin 1/14 and the league concludes 3/11. All games are held at or after 5:30 p.m. on Fridays.

Code	Day(s)	Register by	Description
75001-A	Fri.	1/6	Team Registration
75001-B	Fri.	1/6	Individual Registration

Cost: Team Fee: \$400
Individual Fee: \$50 (if registering as an individual)
Ages: 18 yrs. and up
Location: Twin Lakes Recreation Center

Adult Women's Basketball League

The adult basketball league at the Twin Lakes Recreation Center consists of a seven-game regular season plus a single-elimination tournament. T-shirts are awarded to the first place team in the league. A \$50 cash refund is awarded to the tournament champion and will be issued to the team manager. House teams may be developed from individual registrations. **Roster and registration fee are due by Thursday 1/6. No late registrations are accepted.**

Code	Day(s)	Date(s)	Time	Register by
75005-A	Sun.	1/16-3/6	7-9 p.m.	1/6
75005-B	Sun.	1/16-3/6	7-9 p.m.	1/6

Cost: 75005-A: Team Fee: \$350
75005-B: Individual Fee: \$50
Ages: 18 yrs. and up
Location: Twin Lakes Recreation Center

ADULT SOCCER at the Twin Lakes Recreation Center

All games feature five field players and one goalkeeper. Games are 40 minutes and begin promptly as scheduled. Roster limit is 12 players. Players may be added or dropped through the second game of the schedule. There is an end-of-season tournament during the final session. Except for Women's League, all teams may be coed, but do not feature coed rules.

Scheduling requests may be made at registration. Teams are not scheduled unless the registration fee has been paid by the stated deadline. Register online at bloomingtonsoccer.net or at the Twin Lakes Recreation Center.

Soccer—Adult Recreational League

Season includes seven regular-season games and a tournament night.

Day(s)	Date(s)	Start Time Range	Register by
Thur.	1/20-3/24	6-10:30 p.m.	1/17
Tue.	1/25-3/22	6-10:30 p.m.	1/22

Cost: Team fee: \$650/Individual fee: \$65
Ages: 18 yrs. and up

Soccer—University Premier League

This league is the most competitive and has five regular-season games and a tournament night scheduled around the IU semester.

Day(s)	Date(s)	Start Time Range	Register by	Cost
Sun.	1/23-3/6*	5-10:30 p.m.	1/20	\$500

Ages: 17 yrs. and up
Other: *No games 2/5.

Soccer—Over 30 League

Season includes seven regular season games and a tournament night.

Day(s)	Date(s)	Start Time Range	Register by	Cost
Mon.	1/10-2/28	6:45-9:45 p.m.	1/6	\$650

Ages: 30 yrs. and up

Soccer Class for Women

This is a practical, on-the-field class for beginners that features an introduction to technique and lots of opportunities to play. Activities focus on dribbling, passing, shooting and understanding the game. There's no specific fitness component, but healthy exercise is a byproduct of your participation. Our goal is to help you be comfortable with the ball! Call a friend and register for our all-new class today! Shin guards required—sneakers or cleats are appropriate. Session is seven weeks.

Day(s)	Date(s)	Time	Register by	Cost
Sun.	1/16- 2/27	TBD	1/14	\$70

Ages: 18 yrs. and up

Jazzercise

Jazzercise is the original dance fitness, total-body conditioning program that combines the art of jazz dance and the beat of popular music. This class features a proven combination of aerobic exercise and strength training with weights and resistance tubes. In addition to feeling great, you'll see your cardiovascular endurance, strength, and flexibility increase. For ages 18 yrs. and up. Registration is always open. Try a class for \$5. For more information, call Kris Heeter at 876-2158. Class length is 60 minutes.
Days: Tuesdays and Thursdays at 5:45 p.m., Saturdays at 9 a.m.
Cost: \$10/day, \$29/month (auto debit only), \$75/two months, Discounts for IU and Ivy Tech students and seniors 65 yrs. and up. **Passes may be used at another Bloomington Jazzercise location. A one-time \$35 joining fee is charged to new participants.**

Location: Fairview United Methodist Church, 600 W. Sixth St.

jazzercise®

Healthy Heart Tip!



from Bloomington Hospital

Opt for lean meats, whole grains, fruits, veggies and low-fat dairy whenever you can.



Sports and Fitness



Sports Hotline: 349-3610

for general information or
weather-related cancellations

ASA Umpire Class

This course encompasses Amateur Softball Association rules, mechanics and positioning for anyone interested in becoming a certified ASA umpire.

Must attend all eight days.

Mondays–Thursdays • 6:30–8:30 p.m.
March 28, 29, 30 and 31
April 4, 5, 6 and 7

Twin Lakes Lodge

For ages 18 yrs. and up • \$65 per student

Register by 3/25 (Code: 77002-A)

For more information, call Tim Fulton at 349-3742.



Adult Tennis Lessons

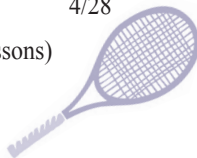
Pick up a racquet and take spring tennis lessons. Instructors are accomplished players and trained through the USPTA curriculum. Typical student to teacher ratio is 5:1.

Code	Day(s)	Date(s)	Time	Register by
77001-A	Mon., Wed.	5/2–5/25	6–7 p.m.	4/28
77001-B	Mon., Wed.	5/2–5/25	7–8 p.m.	4/28

Cost: \$44/in-city, \$52/non-city (8, one-hour lessons)

Ages: 18 yrs. and up

Location: Winslow Sports Complex



Play Tennis throughout the City

Public play at Winslow Sports Complex, Bryan Park, Southeast Park, Park Ridge East, Sherwood Oaks, and RCA Park is permitted whenever courts are not being used by Bloomington Parks and Recreation. Available hours are posted at each site.

CASCADES

GOLF COURSE

City of Bloomington



Parks & Recreation

See page 30.

Spring and Summer Adult Softball Leagues



Designed to accommodate all levels of play, this Amateur Softball Association (ASA) sanctioned league is among the top leagues in southern Indiana. All ASA rules apply with the exception of house rules that are stated in the Team Manager's Manual. Team registration is March 1–25 at the Bloomington Parks and Recreation office, 401 N. Morton St., inside City Hall. Once registered, team managers will receive the information packet that includes necessary items for league play.

Cost for adult league: \$900 for 15-game season

Cost for co-recreational league: \$675 for 10-game season

Fee payment schedule:

March 1–25: **Final** rosters and registration form due with minimum of half of fee. Tentative rosters will not be accepted.

April 4–9: Schedule Release Week—remaining fees due

Leagues/Days:

Sunday:	All Co-Recreational Leagues
Monday:	Men's Competitive C, Men's Recreational B, and Men's Recreational E
Tuesday:	Men's Recreational D and Women's A/B (Open)
Wednesday:	Men's Competitive A, Men's Recreational A, and Men's Recreational C
Thursday:	Men's Competitive D and Women's C
Friday:	All Leagues, with exception of Co-Recreational

Levels of Play:

Competitive:	Men's Competitive Divisions and Women's Open
Advanced:	Men's Recreational A and B and Co-Recreational B
Mid-Level:	Men's Recreational C, Women's C, and Co-Recreational C
Recreational:	Men's Recreational D and Co-Recreational D
Beginner:	Men's Recreational E and Co-Recreational E

No Competitive players.

Healthy Heart Tip!



from Bloomington Hospital

Strive to make healthier eating choices 80 percent of the time, giving yourself wiggle room for the occasional holiday meal or treat.

People's University of Bloomington

People's University makes learning fun!

Encouraging lifelong learning in a relaxed environment, People's University offers affordable courses in a variety of subject areas for adults 18 yrs. and up. We bring together businesses, teachers, and other community members with knowledge and skills to share with those who would like to learn.

Bloomington Parks and Recreation and the other members of the Bloomington Lifelong Learning Coalition are helping Bloomington become a "Learning City" that uses its resources to enrich its human potential. Take time this season to learn something new—just for you!

Opportunities for Instructors

We can assist you in the planning of your course and enjoy facilitating the sharing of knowledge and skills through the auspices of People's University. For information on how to propose a class, use the contact information below.

Early Bird Special!

At People's University we don't ask whether the class is half empty or half full, we ask how many are on the wait list. Register early and assure yourself a place in the course of your choice. The first student enrolled in each course will receive a free People's University tote bag at the first class meeting. They're great for carrying class supplies!

Legal Notice

People's University instructors often teach subject matter that relates to businesses or professional services that the instructors offer independently from Parks and Recreation programming. The City of Bloomington cannot and does not endorse any outside business, professional service, or other affiliation of its instructors. Legal, health/medical, or other professional information presented in People's University courses is intended for general information purposes only and may not be applicable to particular persons or situations. Course participants should not rely on such information as a substitute for individual counseling or professional advice.

Refund and Substitution Policies

See page 3.

For more information
call H. Michael Simmons
at 349-3737 or e-mail
PUB@bloomington.in.gov.



PROUD MEMBER OF THE
BLOOMINGTON LIFELONG
LEARNING COALITION
<http://bloomington.in.gov/blc>

Visit us on Facebook at
People's University of Bloomington.

Writing, Language & Literature

Introduction to French for Daily Life

Learn the use of proper French, no matter what the setting. Whether speaking in a business meeting or chatting in a café, you'll be able to speak basic but flawless French after taking this class. No previous experience with French is required.

Code	Day(s)	Date(s)	Time	Register by
77601-A	Sat.	1/15-3/5	2:30-4 p.m.	1/10

Cost: \$49/in-city, \$59/non-city (8 classes, 12 hours)

Ages: 18 yrs. and up

Location: Allison-Jukebox Community Center

Instructor: Martha Held

French for Beginners

Learn French from an experienced teacher and native speaker.

No previous experience with French is required. The textbook is *French Is Fun Book 1: Lively Lessons for Beginners* [softbound 4th edition (2010)]. The price is \$17 plus shipping, and it is available from Amsco Publishing; visit bloomington.in.gov/peoplesuniversity for a link to purchase the book.

Code	Day(s)	Date(s)	Time	Register by
77603-A	Tue.	1/18-3/8	2-3 p.m.	1/12

Cost: \$40/in-city, \$49/non-city (8 classes, 8 hours)

Ages: 18 yrs. and up

Location: Allison-Jukebox Community Center

Instructor: Anne Muller

French at Lunch

The conversation table provides an opportunity for participants to practice their French with a native speaker while discussing current events. The topics will change each week. Enjoy lunch and meet new friends as you sharpen your conversational skills. Participants should have sufficient knowledge of French to be able to make conversation.

Code	Day(s)	Date(s)	Time	Register by
77606-A	Tue.	1/18-3/8	Noon-1 p.m.	1/13
77606-B	Tue.	3/29-5/17	Noon-1 p.m.	3/24

Cost: \$26/in-city, \$32/non-city (8 classes, 8 hours)

Ages: 18 yrs. and up

Location: Rachael's Café, 300 E. Third St.

Instructor: Anne Muller

Introduction to Irish Gaelic

Learn Irish Gaelic, an official language of the Republic of Ireland and the ancestral tongue of 46 million Americans. Achieve an understanding of the rich heritage of Ireland while developing conversation skills and learning vocabulary. Learn about opportunities to live and travel among the increasing numbers of Gaeilgeoiri (Irish speakers) in the U.S. and abroad.

Code	Day(s)	Date(s)	Time	Register by
77602-A	Wed.	1/19-3/9	6:30-7:30 p.m.	1/12

Cost: \$49/in-city, \$59/non-city (8 classes, 8 hours)
Additional \$5 materials fee payable to the instructor in class.

Ages: 18 yrs. and up

Location: City Hall, Kelly Conference Room, #155

Instructor: Devin Blankenship

Beginning Spanish

The course builds practical basic oral communication skills in Spanish. It covers essential grammar and vocabulary and includes an overview of cultural and linguistic differences in the Spanish-speaking world. No previous knowledge of Spanish is necessary.

Code	Day(s)	Date(s)	Time	Register by
77604-A	Thur.	1/20-3/10	6:30-8 p.m.	1/14

Cost: \$44/in-city, \$54/non-city (8 classes, 12 hours)

Ages: 18 yrs. and up

Location: City Hall, Hooker Conference Room, #245

Instructor: Marines Fornerino

Writing, Language & Literature (continued)

Your Life—Your Story

Learn to record your personal history in a form to be treasured by your children and grandchildren. The class will help you recall and structure the significant events of your life in an appropriate narrative form. Students will have opportunities to write in class.

Code	Day(s)	Date(s)	Time	Register by
77605-A	Wed.	2/16–3/9	1–2:30 p.m.	2/9

Cost: \$31/in-city, \$37/non-city (4 classes, 6 hours)

Ages: 18 yrs. and up

Location: Hinkle-Garton Farmstead Historic Site, 2920 E. 10th St.

Instructor: Ferne Stout

French: Intermediate Level

Students continue to build vocabulary and grammar for everyday situations while practicing conversational French. The class also includes cultural aspects of the French-speaking world. Prerequisite: a basic knowledge of French. The textbook is *French Is Fun Book 1: Lively Lessons for Beginners* [softbound 4th edition (2010)]. The price is \$17 plus shipping, and it is available from Amsco Publishing; visit bloomington.in.gov/peoplesuniversity for a link to purchase the book.

Code	Day(s)	Date(s)	Time	Register by
77607-A	Tue.	3/29–5/17	2–3 p.m.	3/24

Cost: \$40/in-city, \$49/non-city (8 classes, 8 hours)

Ages: 18 yrs. and up

Location: Allison-Jukebox Community Center

Instructor: Anne Muller

Home, Garden, and Beyond

Make-It-Yourself Cleaning Products

Whip up your own brew of safe, effective household cleaners!

Participants receive recipe cards, ingredients, bottles, and instructions on mixing. Save money, time, and effort, while helping your household become healthier and more sustainable.

Code	Day(s)	Date(s)	Time	Register by
77610-A	Wed.	2/16	7–8:30 p.m.	2/9

Cost: \$7/in-city, \$8/non-city
Additional materials fee of \$5 payable to instructor in class.

Ages: 18 yrs. and up

Location: Hinkle-Garton Farmstead Historic Site, 2920 E. 10th St.

Instructor: Kriste Lindberg

Other: Co-sponsored by Bloomingfoods and the Center for Sustainable Living.

Starting Tomatoes, Peppers, and Eggplants from Seed

Growing your own tomatoes, peppers and eggplants from seed is easy once you learn a few basic tips. Growing from seed enables you to choose from hundreds of different varieties and to know exactly what you're getting. The class presents information on growing seedlings organically and includes two free packets of seed from Nature's Crossroads.

Code	Day(s)	Date(s)	Time	Register by
77612-A	Wed.	3/2	7–8:30 p.m.	2/23

Cost: \$7/in-city, \$8/non-city

Ages: 18 yrs. and up

Location: Hinkle-Garton Farmstead Historic Site, 2920 E. 10th St.

Instructor: Jeff Evard, LIFE Certified Organic Farm and Nature's Crossroads

Other: Co-sponsored by Bloomingfoods and Nature's Crossroads.

Save Energy and Save Money—A Winning Combination!

Learn how to save both money and energy. Local utility companies have incentives available, and there are other creative options available to help you help yourself and the planet. You can even start a productive monitoring project in your neighborhood.

Code	Day(s)	Date(s)	Time	Register by
77613-A	Wed.	3/2	7–8:30 p.m.	2/23

Cost: \$7/in-city, \$8/non-city. Additional materials fee of \$2.50 is payable to instructor in class.

Ages: 18 yrs. and up

Location: City Hall, Hooker Conference Room, #245

Instructor: Kriste Lindberg

Other: Co-sponsored by Bloomingfoods and the Center for Sustainable Living.

Polyculture Paradise: An Introduction to Forest Gardens

Whether you currently live in a forest or just enjoy learning about new ways to garden, this class provides the information you need to construct one of the most productive landscapes ever known, a forest garden. The class covers the structure of a forest and how to replicate that structure in your landscape, including discussions of light, water, buildings, and harvesting.

Code	Day(s)	Date(s)	Time	Register by
77614-A	Tue.	3/8	6:30–8 p.m.	3/2

Cost: \$7/in-city, \$8/non-city

Ages: 18 yrs. and up

Location: Banneker Community Center

Instructor: Rhonda Baird

Other: Co-sponsored by Bloomingfoods. Free childcare available for children ages 8–12 yrs.

Become Soil Savvy: Permaculture and Other Approaches

The class provides students with an introduction to how the health of the soil influences the health of plants. In addition to covering practical soil assessment, the class examines repairing and building soil using the methods of permaculture and introduces biodynamic concepts.

Code	Day(s)	Date(s)	Time	Register by
77615-A	Thur.	3/24	6:30–8 p.m.	3/21

Cost: \$8/in-city, \$9/non-city

Ages: 18 yrs. and up

Location: Banneker Community Center

Instructor: Rhonda Baird, Permaculture Designer and Teacher

Other: Co-sponsored by Bloomingfoods. Free childcare available for children ages 8–12 yrs.

Edible Landscape Design

Imagine fresh vegetables, juicy berries, and luscious tree fruits growing harmoniously in an aesthetically pleasing landscape around your home. The workshop will help you transform your home landscape into a beautiful oasis of abundant food-producing plants.

Code	Day(s)	Date(s)	Time	Register by
77623-A	Tue.	3/29	6:30–8:30 p.m.	3/23

Cost: \$10/in-city, \$12/non-city

Ages: 18 yrs. and up

Location: Bloomington High School South, 1969 S. Walnut St., #A106

Instructor: Rhonda Baird

Other: Co-sponsored by Bloomingfoods.

This Whole House

The course will acquaint participants with **general seasonal maintenance and repair of plumbing, wiring, heating, air conditioning, venting, and simple building repairs.** There will be time for questions from participants about their own homes and demonstrations in repair and maintenance techniques. Learn what you can do yourself and when to call a professional. Wear comfortable work clothing. Inquire at the service desk for the location of the classroom.

Code	Day(s)	Date(s)	Time	Register by
77616-A	Wed.	3/30–5/18	7–9 p.m.	3/24

Cost: \$15/in-city, \$19/non-city (8 classes, 16 hours)

Ages: 18 yrs. and up

Location: Lowe's, 350 N. Gates Dr. in Whitehall Plaza—Training Room

Instructor: Bruce Jennings, Housing Program Manager, H.A.N.D.

Other: Co-sponsored by the City of Bloomington Housing and Neighborhood Development Department

Habitat Steward Training

An intensive hands-on training that enables participants to understand backyard ecology, identify wildlife and wildlife habitat needs, and to certify backyards as wildlife habitats, **the class provides Habitat Steward certification for those attending.** An active group of Habitat Stewards provides opportunities for continuing education and for helping others to certify their backyards. Please bring a sack lunch.

Code	Day(s)	Date(s)	Time	Register by
77617-A	Sat.	4/2–4/23	9 a.m.–4:30 p.m.	3/28

Cost: \$10/in-city, \$12/non-city (4 classes, 24 hours)
A Habitat Steward Manual fee of \$16 is payable to instructor at first class.

Ages: 18 yrs. and up

Location: Karst Farm Park Commons, 2450 S. Endwright Rd.

Instructor: A team of Habitat Stewards

Other: Co-sponsored by the Center for Sustainable Living, Monroe County Parks and Recreation, and Bloomingfoods.



Introduction to the Bloomington Community Orchard

The orchard is both a teaching laboratory and a community food resource. Participants tour the orchard and **learn about the processes of design, composting, soil building, cultivar selection, ADA path construction, and developing a management plan.** The class covers the background of the project, the mission, and how to get involved. Rain date is 4/9 (participants contacted if use of rain date is necessary).

Code	Day(s)	Date(s)	Time	Register by
77618-A	Sat.	4/2	2–4 p.m.	3/28

Cost: \$7/in-city, \$8/non-city

Ages: 18 yrs. and up

Location: Bloomington Community Orchard, South Highland, opposite YMCA

Instructor: Jamie Scholl, Jack Brubaker, Burhan Elturhan, and Amanda Wanlass, Bloomington Community Orchard board members

Other: Co-sponsored by Bloomingfoods and the Bloomington Community Orchard



Water: Harvesting and Storing It

The class examines **the many ways we use water and how to harvest and store it safely and economically.** It focuses on practical applications for the home and garden.

Code	Day(s)	Date(s)	Time	Register by
77619-A	Tue.	4/5–4/12	6:30–8 p.m.	3/30

Cost: \$12/in-city, \$15/non-city (2 classes, 3 hours)

Ages: 18 yrs. and up

Location: Banneker Community Center

Instructor: Rhonda Baird, Permaculture Designer and Teacher

Other: Co-sponsored by Bloomingfoods. Free childcare available for children ages 8–12 yrs.



Introduction to Vegetable Gardening

Learn the first steps needed for the creation and tending of a home vegetable garden. The class covers sustainable gardening techniques derived from biointensive, permaculture, and other organic gardening methodologies.

Code	Day(s)	Date(s)	Time	Register by
77620-A	Thur.	4/7	6–8 p.m.	3/31

Cost: \$6/in-city, \$7/non-city

Ages: 18 yrs. and up

Location: Banneker Community Center

Instructor: Stephanie Solomon, Assistant Director, Mother Hubbard's Cupboard

Other: Co-sponsored by Mother Hubbard's Cupboard and Bloomingfoods.



G.O.S.T.
Grow Organic Special Topics

Co-sponsored by:
Bloomingfoods Market logo
For ages 18 yrs. and up.

Haunted by problems in your garden? Get some help from a friendly G.O.S.T. (Grow Organic Special Topic). Designed to help you improve your organic gardening skills in specific areas, these classes are open to everyone and require no previous gardening education or experience. Take one or take them all. The haunt is over—get gardening with G.O.S.T.

Instructor: H. Michael Simmons, Advanced Master Gardener

Dormant Pruning of Fruit Trees

Beginning with an overview of the reasons for the dormant pruning of fruit trees and the tools and techniques used to accomplish such pruning, we'll then have hands-on practice in the Bloomington Community Orchard. **Learn how correctly to prune your fruit trees for health, structure, and production** while becoming familiar with the plantings in the Bloomington Community Orchard. Bring sharp bypass pruners, if you have them. Some tools will be available for use at the class. Rain/snow date is 2/26.

Code	Day(s)	Date(s)	Time	Register by
77611-A	Sat.	2/19	1–4 p.m.	2/10

Cost: \$14/in-city, \$16/non-city

Location: The class meets in the Allison-Jukebox Community Center for the introduction to dormant pruning. We'll then meet at the Bloomington Community Orchard for hands-on practice. The Bloomington Community Orchard is on South Highland, opposite the YMCA.

Other: Co-sponsored by Bloomingfoods and the Bloomington Community Orchard.



Garden Ecology: The Life in the Compost

Composting is really microherd management. We provide the food, water, and oxygen—our herd of microorganisms will take it from there. **Learn how to manage the microherd to produce compost that will assure the health of your garden ecosystem.** We'll cover bins, compost materials, how to manage the microherd, and how to use the finished product correctly.

Code	Day(s)	Date(s)	Time	Register by
77621-A	Sat.	4/23	2–4 p.m.	4/18

Cost: \$10/in-city, \$12/non-city

Location: Hinkle-Garton Farmstead Historic Site, 2920 E. 10th St.

Home, Garden, and Beyond (continued)

Introduction to Permaculture

Permaculture is a system of ecological design that analyzes and replicates natural patterns in order to create sustainable human habitats. It has many applications in gardening and landscape design. Participants learn about **the promise of permaculture for designing sustainable futures and how to implement permaculture design features at home.**

Code	Day(s)	Date(s)	Time	Register by
77622-A	Sat.	5/14	1-4 p.m.	5/9

Cost: \$15/in-city, \$18/non-city

Ages: 18 yrs. and up

Location: Hinkle-Garton Farmstead Historic Site, 2920 E. 10th St.

Instructor: Rhonda Baird

Other: Co-sponsored by Bloomingfoods.



Cooking, Food, and Drink

Cooking Skills

with Lisa Ross and Nikki Wolf

For ages 18 yrs. and up.

Banneker Community Center Kitchen

Free childcare available for children ages 8-12 yrs.

Co-sponsored by:



Branch Out for Brunch

Everyone loves a weekend brunch, but it can be a hassle (not to mention expensive) to dine at a restaurant. **Learn to prepare some quick and easy brunches (without spending a lot of money) that everyone will enjoy.** Experience two nights preparing a total of 10 different recipes and go home full of food and inspiration. **Night 1 includes:** caramel macchiato, sausage quiche, salsa quiche, sticky buns, and skillet sausage with peppers and hash browns. **Night 2 includes:** fruit smoothies, quick made-to-order omelettes, French toast for a crowd, and biscuits with sausage gravy.

Code	Day(s)	Date(s)	Time	Register by
77630-A	Mon.	1/24-1/31	6-8:30 p.m.	1/19

Cost: \$23/in-city, \$28/non-city (2 classes, 5 hours)

Additional materials fee of \$25 payable to instructor in class.

Cooking Around the World

Experience culinary dishes inspired by countries around the world.

Test your palate with some new flavors while learning how to prepare international dishes. Each night over a four-week period, we'll explore the flavors of a different country (India, Korea, Italy, and Tanzania). For a complete list of menu items, call 349-3737.

Code	Day(s)	Date(s)	Time	Register by
77631-A	Mon.	2/7-2/28	6-9 p.m.	2/2

Cost: \$48/in-city, \$58/non-city (4 classes, 12 hours)

Additional materials fee of \$50 payable to instructor in class.

Baking Sweet Bread: The Artisanal Way

Learn how to make challah and babka. Challah is a Jewish braided bread traditionally eaten on the Sabbath and holidays. Babka is an East European yeast bread filled with chocolate or cinnamon. Students will learn how to make one or multiple loaves using baker's math.

Code	Day(s)	Date(s)	Time	Register by
77632-A	Mon.	4/4	6-8 p.m.	3/29

Cost: \$8/in-city, \$10/non-city

Ages: 18 yrs. and up

Location: Banneker Community Center Kitchen

Instructor: Nelia Hostetter, Sweet Claire Bakery

Other: Co-sponsored by Bloomingfoods. Free childcare available for children ages 8-12 yrs.



Health & Wellness



Yoga Classes

Bring a mat, a yoga block, and a belt or strap if you have one. If not, call 349-3737 for more information on these class supplies.

For ages 18 yrs. and up.

Allison-Jukebox Community Center

Instructor: Aaron Fleming, certified Iyengar yoga teacher

Changes in red have been made since guide printing.

Yoga: Level 1

Taught in the Iyengar tradition, which is known for its emphasis on safety and alignment, **this beginner's class is suitable for those new to yoga.** This class emphasizes standing poses, the foundation of the Iyengar method, and introduces preparations working up to shoulderstand.

Code	Day(s)	Date(s)	Time	Register by
77640-B	Sat.	1/8-2/12	11:15 a.m.-12:15 p.m.	1/3
77640-A	Tue.	1/11-2/15	6-7 p.m.	1/6
77640-D	Sat.	2/19-3/26*	11:15 a.m.-12:15 p.m.	2/14
77640-C	Tue.	3/1-4/12*	6-7 p.m.	2/24
77640-F	Sat.	4/9-5/14	11:15 a.m.-12:15 p.m.	4/4
77640-E	Tue.	4/19-5/24	6-7 p.m.	4/13

Cost: \$45/in-city, \$55/non-city (6 classes, 6 hours)

Other: *Class does not meet 3/15 and 3/19.

Yoga: Level 1-2

Taught in the Iyengar method, which is known for its emphasis on safety and alignment, this class is **suitable for beginners who are more athletic or those with previous yoga experience but new to the Iyengar method.** Standing poses, shoulderstand and plough pose are used.

Code	Day(s)	Date(s)	Time	Register by
77641-A	Thur.	1/6-2/10	6-7:30 p.m.	12/30
77641-B	Sat.	1/8-2/12	9:30-11 a.m.	1/4
77641-C	Thur.	2/17-4/7*	6-7:30 p.m.	2/11
77641-D	Sat.	2/19-3/26*	9:30-11 a.m.	2/15
77641-F	Sat.	4/9-5/14	9:30-11 a.m.	4/5
77641-E	Thur.	4/14-5/19	6-7:30 p.m.	4/8

Cost: \$48/in-city, \$59/non-city (6 classes, 9 hours)

Other: *Class does not meet 3/17, 3/19, and 3/31.

Yoga: Level 2

Taught in the Iyengar method, which is known for its emphasis on safety and alignment, this class requires completion of Yoga 1-2 or permission from the instructor. **This class advances the student's understanding and practice.**

Code	Day(s)	Date(s)	Time	Register by
77642-A	Tue.	1/11-2/15	7:15-8:45 p.m.	1/6
77642-B	Tue.	3/1-4/12*	7:15-8:45 p.m.	2/24
77642-C	Tue.	4/19-5/24	7:15-8:45 p.m.	4/13

Cost: \$48/in-city, \$59/non-city (6 classes, 9 hours)

Other: *Class does not meet 3/15.

Yoga: Level 2-3

Taught in the Iyengar method, which is known for its emphasis on safety and alignment, this class requires completion of Yoga: Level 2 or permission from the instructor. **This class advances the student's understanding and practice.**

Code	Day(s)	Date(s)	Time	Register by
77643-A	Thur.	1/6-2/10	7:45-9:15 p.m.	12/30
77643-B	Thur.	2/17-4/7*	7:45-9:15 p.m.	2/11
77643-C	Thur.	4/14-5/19	7:45-9:15 p.m.	4/8

Cost: \$48/in-city, \$59/non-city (6 classes, 9 hours)

Other: *Class does not meet 3/17 or 3/31.

Happy Hatha Yoga

The class combines yoga poses which focus on stretching and balance with the energy-boosting, strength-building Vinyasa style that is most popular in American yoga studios. The class is open to all fitness levels, with different options for each pose, from beginner to advanced. Through classic Hatha yoga poses, we'll focus on lifting our spirits, boosting our energy, and working toward feeling happy and peaceful. Bring a yoga mat.

Code	Day(s)	Date(s)	Time	Register by
77645-A	Wed.	1/19-3/9	6-7:30 p.m.	1/13

Cost: \$55/in-city, \$65/non-city (8 classes, 12 hours)

Ages: 18 yrs. and up

Location: Allison-Jukebox Community Center

Instructor: Rena J. Mosteirir, Registered Yoga Teacher with the Yoga Alliance

The Mindfulness Diet

Research indicates that mindfulness—awareness of our habitual behaviors, thoughts, desires, emotions, and bodily sensations—may be the missing foundation for healthy changes in the way we eat. **Learn how to eat mindfully, and discover how mindfulness can help you regain touch with bodily sensations of authentic hunger and satiety.** Learn how mindfulness can reduce stress and explore its potential to reduce food cravings and emotional eating. Bring a sack lunch.

Code	Day(s)	Date(s)	Time	Register by
77644-A	Sat.	1/22	10 a.m.-1:30 p.m.	1/17

Cost: \$6/in-city, \$7/non-city

Ages: 18 yrs. and up

Location: Old National Bank, 2718 E. Third St.

Instructor: Doug Hanvey

Other: Co-sponsored by Bloomingfoods.



Ballroom Dance

See page 42.

Latin Street Dance

See page 42.

Middle Eastern Dance

See page 43.

Tai Chi Chuan

Tai chi is a slow-moving, gentle but demanding health and relaxation exercise that can be used by people of all ages. Scientific studies indicate that tai chi is especially good for the heart, lungs, and skeletal muscles. It is helpful in weight control, stress reduction, balance, coordination, concentration, and meditation. Sessions are for eight weeks, but participants may join the class at any time.

Code	Day(s)	Date(s)	Time	Register by
77648-A	Tue.	3/1-4/26*	6-7 p.m.	2/23

Cost: \$46/in-city, \$56/non-city (8 classes, 8 hours)

Ages: 18 yrs. and up

Location: City Hall, Atrium

Instructor: Elisa K. Pokral, Certified Tai Chi Instructor

Other: *Class does not meet 3/15.



CJAM's 2011 Community Education Curriculum

For ages 18 yrs. and up.

In celebration of 30 years of community service to Bloomington and Monroe County, the Community Justice & Mediation Center (CJAM) invites you to attend any of the classes on communication and conflict resolution offered in partnership with People's University. Participation in these classes counts toward qualification for the Community Peacemaker Medal.

We Need to Talk: Managing Difficult Conversations

Conversations can turn into arguments in a heartbeat. **In this interactive workshop, we'll explore the techniques for moving from critical conversation to productive dialogue** and practice skills for use in day-to-day conversations and interactions.

Code	Day(s)	Date(s)	Time	Register by
77646-A	Wed.	2/9-2/16	7-8:30 p.m.	2/2

Cost: \$10/in-city, \$12/non-city (2 classes, 3 hours)

Location: City Hall, Dunlap Conference Room, #235

Instructor: Vanessa Roberts, Senior Mediator and Trainer at the Community Justice & Mediation Center

Communication 101: A Conceptual Framework

For community members interested in learning about or rediscovering the basic building blocks of interpersonal communication, this interactive workshop teaches participants **basic responsibilities and effective strategies for senders and receivers of messages to ensure accurate and responsible communication between people.** Participants craft their own three-dimensional communication model to take home.

Code	Day(s)	Date(s)	Time	Register by
77647-A	Wed.	2/23	7-8:30 p.m.	2/16

Cost: \$7/in-city, \$8/non-city

Location: City Hall, Hooker Conference Room, #245

Instructor: David Nosko, Managing Director, Senior Mediator, and Trainer at the Community Justice and Mediation Center

Neither Fight nor Flight: Constructive Conflict Resolution

The workshop helps participants achieve a deeper level of insight into the sources of conflict, appreciate various approaches to conflict resolution, and utilize the most appropriate resources. The three sessions cover understanding conflict, problem solving, approaches to negotiation, and conflict resolution skills and processes.

Code	Day(s)	Date(s)	Time	Register by
77649-A	Tue.	3/22-4/5	7-8:30 p.m.	3/16

Cost: \$11/in-city, \$14/non-city (3 classes, 4½ hours)

Location: City Hall, Hooker Conference Room, #245

Instructor: Ed Greenebaum, Director of Programs, Community Mediation Case Manager, and Senior Mediator at the Community Justice and Mediation Center

Strangers to the Conversation: Mediators at Work

This interactive workshop examines how mediators attempt to solve other people's problems by de-escalating conflict and facilitating negotiations. The class considers the place of mediation among the eight strategies Americans typically use to solve their problems and discusses how mediation skills can be adapted to resolve conflicts in our daily lives.

Code	Day(s)	Date(s)	Time	Register by
77650-A	Wed.	4/13	7-8:30 p.m.	4/6

Cost: \$7/in-city, \$8/non-city

Location: City Hall, Hooker Conference Room, #245

Instructor: Jon Paul Dits, Senior Mediator and Trainer at the Community Justice & Mediation Center



Healthy Heart Tip!

from Bloomington Hospital

Know the signs of frostbite: paleness, numbness, and loss of feeling or a stinging sensation.

Music & Dance

Beginning the Bamboo Flute

Learn the basics of playing a woodwind instrument with the **sideblown (transverse) bamboo flute**. Students learn proper position, how to get a good sound, breathing, fingerings, popular melodies and songs, and some sound tricks. Bring a bamboo or wooden sideblown flute. If you need to purchase one, the instructor can advise on quality and how to obtain low-cost flutes. For contact information, call 349-3737.

Code	Day(s)	Date(s)	Time	Register by
77660-A	Wed.	1/12-1/26	8-8:45 p.m.	1/6

Cost: \$17/in-city, \$21/non-city (3 classes, 2¼ hours)

Ages: 18 yrs. and up

Location: City Hall, Hooker Conference Room, #245

Instructor: Brian Courtney, Mr. C's Music Lessons



Ballroom Dancing

Allison-Jukebox Community Center

For ages 18 yrs. and up • **Instructor:** Margot Scholz

Cost: \$54/in-city, \$67/non-city (6 classes, 6 hours)

Students master the steps and stylings in easy modules and learn which dances work with which music. Ballroom dancing is both an important social skill and also an enjoyable low-impact aerobic exercise. Have a convivial Friday evening while learning new skills and staying healthy!

Ballroom Dancing: Beginning

Six weeks of professional ballroom instruction in swing, cha cha, rumba, waltz, foxtrot, and blues.

Code	Day(s)	Date(s)	Time	Register by
77661-A	Fri.	1/14-2/18	6:30-7:30 p.m.	1/10
77661-B	Fri.	2/25-4/8*	6:30-7:30 p.m.	2/21

Ballroom Dancing: Intermediate

Six weeks of professional intermediate ballroom instruction in standard and Latin dances.

Code	Day(s)	Date(s)	Time	Register by
77662-A	Fri.	1/14-2/18	7:30-8:30 p.m.	1/10
77662-B	Fri.	2/25-4/8*	7:30-8:30 p.m.	2/21

*Class does not meet 3/18.



Beginning Guitar

The class offers beginners with little or no experience an **opportunity to learn basic chords, popular songs, and blues improvisation**. The class also covers simple music theory concepts and how to apply them to guitar playing. Bring an acoustic guitar or an electric guitar with amp and cord.

Code	Day(s)	Date(s)	Time	Register by
77667-A	Tue.	1/18-3/8	8:15-9:15 p.m.	1/13

Cost: \$33/in-city, \$41/non-city (8 classes, 8 hours)

Ages: 18 yrs. and up

Location: Project School, 349 S. Walnut St.

Instructor: Aaron Chandler, Chandler's Music Education



Intermediate Guitar

The class covers the basic elements of lead guitar: **pentatonic scales, solo improvisation, and basic music theory**. Students also learn some classic rock riffs. Prerequisite: Beginning Guitar or one year playing experience. Bring an acoustic guitar or an electric guitar with amp and cord.

Code	Day(s)	Date(s)	Time	Register by
77663-A	Thur.	1/20-3/10	8:15-9:15 p.m.	1/13

Cost: \$33/in-city, \$41/non-city (8 classes, 8 hours)

Ages: 18 yrs. and up

Location: Project School, 349 S. Walnut St.

Instructor: Aaron Chandler, Chandler's Music Education



Nightclub Dance

Learn three of the most useful dances danced to nightclub music:

Nightclub Two-Step, East Coast Swing, and Foxy. Partner not required in order to take the class.

Code	Day(s)	Date(s)	Time	Register by
77664-A	Fri.	1/21-3/11	5:30-6:20 p.m.	1/17

Cost: \$24/in-city, \$30/non-city (8 classes, 6 hours, 40 minutes)

Ages: 18 yrs. and up

Location: Panache School of Ballroom and Social Dance, 325 E. Winslow Rd., Winslow Plaza

Instructors: Sandra Myers

Other: Co-sponsored by Panache School of Ballroom and Social Dance.



Latin Street Dance

Put some fire in your life by learning **Latin street dances, including salsa, merengue, and bachata**, from experienced instructors in a relaxed class. A healthy low-impact aerobic sport, Latin street dancing is also a very useful social skill. Have fun and get fit at the same time!

Code	Day(s)	Date(s)	Time	Register by
77666-A	Sat.	1/22-3/12	2-2:50 p.m.	1/18

Cost: \$24/in-city, \$30/non-city (8 classes, 6 hours, 40 minutes)

Ages: 18 yrs. and up

Location: Panache School of Ballroom and Social Dance, 325 E. Winslow Rd., Winslow Plaza

Instructors: Sandra Myers

Other: Co-sponsored by Panache School of Ballroom and Social Dance.



Beginning the Ukulele

Learn the basics of playing a stringed instrument with the **ukulele**.

Students learn ways to hold the instrument, tuning, re-stringing, melodies and chords to popular songs, singing and playing, and playing duets or in groups. Those with previous string instrument experience are welcome, but the class is geared toward beginners. Bring a ukulele; a clip-on tuner is recommended.

Code	Day(s)	Date(s)	Time	Register by
77668-A	Mon.	1/24-2/7	8-8:45 p.m.	1/19

Cost: \$17/in-city, \$21/non-city (3 classes, 2¼ hours)

Ages: 18 yrs. and up

Location: City Hall, Hooker Conference Room, #245

Instructor: Brian Courtney, Mr. C's Music Lessons



Students practice the basics of playing the ukulele.

Fundamentals of Middle Eastern Dance

Participants **learn the basics of Middle Eastern dance, also known as *raks sharki* or belly dance.** Find the spirit of dance through this exciting and empowering art form—exercise for the body, expression for the soul. Participants need to purchase finger cymbals. Details are given during the first class. Session II is a continuation of Session I; however, beginning students may join Session II.

Code	Day(s)	Date(s)	Time	Register by
<i>Session I</i>				
77669-A	Wed.	2/9–3/9	6:30–7:30 p.m.	2/3
<i>Session II</i>				
77669-B	Wed.	3/23–4/20	6:30–7:30 p.m.	3/17

Cost: \$54/in-city, \$64/non-city (5 classes, 5 hours)
Ages: 18 yrs. and up
Location: Allison-Jukebox Community Center
Instructor: Lois Silverman, Mazikeen Arts



Intermediate Middle Eastern Dance

Participants **refine and expand their mastery of Middle Eastern dance, while experimenting with solo dancing, creative play, zillwork, and group improvisation.** “Fundamentals of Middle Eastern Dance” is a prerequisite for this class. Bring finger cymbals, if you have them—information on purchase at first class.

Code	Day(s)	Date(s)	Time	Register by
77670-A	Wed.	2/9–3/9	7:45–8:45 p.m.	2/3
77670-B	Wed.	3/23–4/20	7:45–8:45 p.m.	3/17

Cost: \$54/in-city, \$64/non-city (5 classes, 5 hours)
Ages: 18 yrs. and up
Location: Allison-Jukebox Community Center
Instructor: Lois Silverman, Mazikeen Arts



Old World Journal

Explore Japanese stab binding while creating a unique journal using tissue paper and fusible fiber. Bring titanium craft scissors or a 12" paper trimmer. Kit includes all materials needed for class.

Code	Day(s)	Date(s)	Time	Register by
77682-A	Sat.	2/19	1–5 p.m.	2/14

Cost: \$12/in-city, \$14/non-city
 Additional \$35 materials fee for kit payable to instructor in class.

Ages: 18 yrs. and up
Location: Old National Bank, 2718 E. Third St.
Instructor: Lara Hasler

Creative Ways with Watercolor

NEW!

The class begins with the basics (including beginner exercises) and then progresses with projects that will inspire even experienced artists. Projects include painting a realistic subject with flair, landscape using textural acrylic and watercolor, flower motif using mono printing, and sailboat scene using textures made with plastic wrap, wax paper, or aluminum foil. Students receive a supply list after registration.

Code	Day(s)	Date(s)	Time	Register by
77683-A	Tue.	4/5–4/26	6–8 p.m.	3/30

Cost: \$43/in-city, \$53/non-city (4 classes, 8 hours)
 Additional \$10 mixed media materials fee payable to instructor at first class.

Ages: 18 yrs. and up
Location: Allison-Jukebox Community Center
Instructor: Jeanne Iler



Arts & Crafts

Sophisticated Soldering

Learn the more advanced techniques for soldering angles and corners, how to add color by using patina and other media, and how to solder a variety of delicate materials to create beautiful jewelry. Bring a 25-watt soldering iron with a sturdy stand and titanium craft scissors.

Code	Day(s)	Date(s)	Time	Register by
77680-A	Thur.	1/13–2/3	6–8:30 p.m.	1/10

Cost: \$22/in-city, \$26/non-city (4 classes, 10 hours)
 Additional \$40 materials fee for kit payable to instructor in class. Kit includes solder, copper tape, glass, and all materials needed for class.

Ages: 18 yrs. and up
Location: Banneker Community Center, Kitchen
Instructor: Lara Hasler
Other: Free childcare available for children ages 8–12 yrs.

Beginning Watercolor

There's no need to fear watercolor—it's only paper, water, and paint. **Learn the basics of washes, brushstrokes, values, and color mixing.** Take home a painting from each class session. After the first class, participants provide own supplies.

Code	Day(s)	Date(s)	Time	Register by
77681-A	Tue.	1/25–2/15	6–8:30 p.m.	1/19

Cost: \$41/in-city, \$51/non-city (5 classes, 12 hours)
Ages: 18 yrs. and up
Location: Allison-Jukebox Community Center
Instructor: Nancy Davis Metz



Instructor Lara Hasler explains soldering techniques.

Lectures & Workshops

Protect Yourself! Stop Scams and Identity Theft

Several FREE state resources to prevent ID theft and scams are available through the Office of the Indiana Attorney General. The class provides students with a "toolbox" of skills with which to protect themselves from the nation's fastest growing crime. **Students receive information on the "Do Not Call" registry, security freeze service, e-mail service for fraud alerts, and many other useful tools for identity protection and fraud avoidance.**

Code	Day(s)	Date(s)	Time	Register by
77690-A	Wed.	2/9	6:30-7:30 p.m.	2/3

Cost: FREE

Ages: 18 yrs. and up

Location: City Hall, Hooker Conference Room, #245

Instructor: Corinne Gilchrist, Deputy Attorney General in Civil Rights and Employment Litigation in the Indiana Attorney General's Office

Other: Co-sponsored by the Office of the Indiana Attorney General.

How to Teach for People's University

If you have skills or knowledge you'd like to share with other community members, here's a free class to help you become a People's University instructor. The class will cover class planning, budgeting, facilities, proposal writing, and contracts. Participants will receive the People's University Instructor Manual, assistance with curriculum development, and tips on working with adult learners.

Code	Day(s)	Date(s)	Time	Register by
77691-A	Tue.	4/26	6:30-8 p.m.	4/20

Cost: FREE

Ages: 18 yrs. and up

Location: City Hall, Hooker Conference Room, #245

Instructor: H. Michael Simmons



This Whole House, a popular People's University class, shows homeowners how to save time and money on minor home repairs. See page 39 for information.

Bloomington Community Park and Recreation Foundation

The Bloomington Community Park and Recreation Foundation is a non-profit organization formed in 1967 to assist in keeping the community beautiful, culturally satisfying and dynamic by enhancing park and green space, cultural amenities, sports and fitness opportunities, activities for senior citizens, wholesome programs for youth, public parkways, trees and flowers.



YOU can give kids the chance to play!

The Foundation's Olcott Endowment Fund provides scholarships for Parks and Recreation Department programs to children from low-income families. With Park and Recreation Foundation scholarships, children can learn the skills of basketball and teamwork in Bloomington Youth Basketball, experience fun and friendship at Kid City summer camps, or learn the lifelong skill of swimming with lessons at Bryan Park Pool. Since the scholarship program was first started in 1997, the need for scholarships has increased more than 6,000%.

Bloomington Tree Fund

Landscaping services and street tree maintenance are provided by the Bloomington Parks and Recreation Department's urban forestry program. Trees and other landscaping amenities throughout the city's parks and public property are made possible with contributions raised through the Bloomington Tree Fund.

The Bloomington Tree Fund was established to assist in the support of the Parks and Recreation Department's urban forestry program. The Tree Fund supports annual Arbor Day celebrations, volunteer tree plantings on public property, and urban forestry education.

Gifts of land

With an eye to the future, Bloomington residents have contributed land to the Park and Recreation Foundation, for the benefit of the entire community. For more information about types of real estate gifts, or conservation easements, or trusts, contact Bloomington Parks and Recreation Department Director Mick Renneisen at 349-3700 or renneism@bloomington.in.gov.

How to give

Questions about the Bloomington Community Park and Recreation Foundation, or how to give? Contact the Foundation's Executive Director, Karin St. John, at stjohnk@bloomington.in.gov or via phone at (812) 349-3700.

Foundation Board of Directors

Gayle Stuebe, President
Valerie Peña, Vice President
Roberta Kelzer, Secretary
Travis Vencel, Treasurer

Volunteer Opportunities

Look for the volunteer symbol throughout this program guide.



For a complete listing of upcoming volunteer opportunities visit www.bloomington.in.gov/parks/vol.

If you would like to volunteer with Parks and Recreation, receive a Volunteer Opportunities brochure, or be added to our Volunteer Opportunities e-mail list, contact Kim Ecenbarger at 349-3739 or ecenbark@bloomington.in.gov.

Recent BRAVO Award Recipients

- September:** Gretchen Scott for her dedicated and inspiring commitment to the Bloomington in Bloom campaign.
- October:** The Cemetery Committee of the Monroe County History Center for maintaining the grounds and preserving headstones at White Oak Cemetery.
- November:** Mara Flynn for being a dedicated and exemplary youth volunteer at a number of our events.
- December:** Katie Bartunek and Ijah McCulley for their commitment and service to Willie Streeter Community Garden program.

Adopt-A-Trail

One year commitment

More than 30 trail miles in Bloomington's city parks need periodic inspections and maintenance to remain safe and usable. Parks and Recreation staff provide training and equipment to volunteer groups of any size for monthly trail monitoring and annual trail maintenance.

Duties: Inspect adopted trail at least once a month. Complete and submit reports on trail status. Provide maintenance as needed. Do at least one work day per year. Staff work with your group or organization to formulate a work plan.

Program time: Trail inspections can be completed at your leisure. Schedule your trail work day with the Adopt-a-Trail coordinator.

Training: Volunteers are required to attend an orientation prior to the program.

Location: Various trails

Age of volunteers: 12 yrs. and up

Number of volunteers: Groups of all sizes.

Citizen Scientist Certification

One year to complete certification

Parks and Recreation offers a unique opportunity for community members:

Citizen Scientist certification. To receive the novice certificate, participants must complete at least one environmental education or scientific monitoring workshop, or attend two scheduled programs indicating a Citizen Scientist opportunity. Candidates must also volunteer at least 10 hours monitoring and maintaining the City's natural areas. Advanced levels are available.

Duties: Volunteers work on various service learning projects, including but not limited to stream monitoring, trail maintenance, invasive species removal, frog monitoring, and storm drain marking.

Program time: Various

Training: Volunteers are required to attend an orientation prior to the program.

Location: Various

Age of volunteers: 14 yrs. and up

Banneker at the View

Weekly, January 3–May 25

Help local youth interested in learning new things, experiencing different activities and having an all-around great time in our after-school program. This program also includes built-in tutoring time, arts and crafts, and snacks daily. We ask that you commit to at least one day a week for the duration of the program season.

Duties: Whether you enjoy working with youth or have professional aspirations to, this service opportunity gives you hands-on experience. Assist staff in implementing a variety of children's activities.

Training: Volunteers are required to attend an orientation prior to the program.

Program time: 3–5:30 p.m.

Location: Fairview Elementary School, 627 W. Eighth St.

Age of volunteers: 16 yrs. and up

Number of volunteers: 4-6 per day, Monday–Friday

Leonard Springs Nature Day Program

Tuesday, March 29 (Rain date: March 31)

Wednesday, April 13 (Rain date: April 15)

Tuesday, April 19 (Rain date: April 21)

Tuesday, May 10 (Rain date: May 12)

Volunteer to teach area sixth grade students about our awesome natural heritage through multiple stations including karst, creeks, wetlands, forests, and soils.

Duties: If you have an interest in the outdoors and enjoy working with children, sign up for our Leonard Springs Nature Day programs. We ask that you try and sign up for the primary and rain dates that fit with your schedule.

Training: New volunteers have the option of attending an orientation prior to their scheduled date. Otherwise, volunteers will be trained the morning of their shift.

Program time: 9 a.m.–2 p.m.

Location: Leonard Springs Nature Park, 4685 S. Leonard Springs Rd.

Age of volunteers: 18 yrs. and up

Number of volunteers: 18 per day

Bloomington Girls Fastpitch Softball

March 30–July 31

Bloomington's premier girls' softball league! Designed for the beginning through advanced player, this league focuses on responsible competition, including skill building and a complete understanding of the game. This league offers several levels of play ranging from tee ball to fastpitch for players ages 4–15 yrs.

Duties: Pitch, hit, field and throw. Volunteers step up to the plate as a season-long coach and teach the game of fastpitch softball. Coaches plan practices by integrating various drills and prepare their teams for game competition. Here is your chance to put your mark on tomorrow's athlete. Prospective coaches must sign up by Friday, March 18 and must attend the coach's information session:

Sunday, March 27, 1–4 p.m. at the Twin Lakes Sports Park

Team placement: Sunday, April 3, 1–4:30 p.m. at Lower Cascades ballfields.

Program time: Coaches will be assigned one or two one-hour practices per week and one, one-hour game per week. Looking for coaches in all age groups. Must be willing to become NYSCA certified and work from a set practice schedule from April 3–June 29.

Location: Winslow Sports Complex and Lower Cascades Softball fields

Age of volunteers: 18 yrs. and up

Number of volunteers: 30–35

Learn to Ride

Tuesday–Thursday, May 17–19

Tuesday–Thursday, May 24–26

Children will spend the entire summer cruising on their bicycles after this kickoff to Bloomington Bikes Week event. Participants learn how to confidently and safely ride their bikes through individual instruction, and also learn about bike maintenance, road safety and proper bike and helmet fittings.

Duties: Proper instruction is an important aspect of bicycle riding. Help teach children riding etiquette and techniques that will keep them safe as they ride their bikes.

Training: Volunteers will be trained at the beginning of their shift.

Program time: 4–5:30 p.m.

Location: Bryan Park Pool, 1020 S. Woodlawn Ave.—parking lot

Age of volunteers: 16 yrs. and up

Number of volunteers: 8 per day

Other: Sign up for one or both sessions. Volunteers will do a lot of running. Class will be rescheduled in case of inclement weather.

Special thanks to our Parks Partners! So many of our programs and events are made possible through the involvement and sponsorship of local businesses and organizations. We'd like to thank the following sponsors for their involvement this past program season.



Congratulations to: **KLEINDORFER'S HARDWARE**

In November 2010, Kleindorfer's Hardware was recognized as our Parks Partner Award recipient. The Parks Partner Award honors businesses for outstanding support and sponsorship of our programs and events. Kleindorfer's Hardware donated a generous supply of youth recreation, sport, and art equipment for use at the Kid City Summer Camp programs at the Allison-Jukebox Community Center and the Banneker Center.

Sheila Mauro of Kleindorfer's Hardware began sending her children Abigail and Jacob to Kid City five years ago in the summer of 2006. They have attended Kid City every summer since. Jacob and Abigail assisted their parents in picking out all of the donated items.

We thank Kleindorfer's Hardware and the Mauro family for valuing community and for their consistent support of Parks and Recreation programming.

The City of Bloomington Parks and Recreation and Bloomington Hospital have partnered and combined resources to positively impact the health and wellness of the entire community.



Parks Contributors

Aver's Pizza
Bloomington Realty
Bloomington Transit
CFC, Inc.
John West, FC Tucker
Relish
St. John, May & Woolford
The Dog House
World Wide Automotive

Parks Supporters

Associates of Integrative Health
Goods for Cooks
Hanna Trucking
Hoosier Tire and Retreading
Olympus Properties
Wandering Turtle

Parks Patrons

Scotty's

Parks Donors

Chipotle
Dillon Consulting, LLC
Pita Pit

For a complete list of sponsorship opportunities along with marketing benefits, visit www.bloomington.in.gov/parks and click on the "About Parks and Recreation" link, and then the "Sponsorship Opportunities" link.

Contact Special Services Coordinator Kim Ecenbarger at 349-3739 or ecenbark@bloomington.in.gov to align your business with Bloomington Parks and Recreation Department programs or events.

Take a look at some of our Winter-Spring 2011 Sponsorship Opportunities:

Hoosier Hustle

Market: General community

Performing Arts Series

Market: General community

Egg Scramble

Market: College students and adults

Children's Expo

Market: Parents with school-age children

Senior Expo

Market: Older adults

Bloomington Girls Fastpitch Softball

Market: Parents with adolescent children/athletes

B-Line Trail

Market: General community

Twin Lakes

Recreation Center

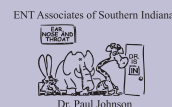
Market: General community

Parks Partners

Arthur Murray
Bloomingfoods
Bloomington Iron and Metal
Bloomington Hospital
Bloomington Power Sports
Clariti, Inc.
Clear Creek Christian School
Curry Auto Center

Don Baker, D.D.S.
ENT Associates, Dr. Paul Johnson
Fairfield Inn
Kirkwood Photo
Kleindorfer's Hardware
Lighthouse Christian Academy
May Agency
Lisa Baker, D.D.S.

Monroe Bank
Osmon Chiropractic Center
Smith's Shoe Center
Smithville Telephone
Stephens Honda-Hyundai
The Herald-Times



Sponsorship Benefits

Recognition Your business name will appear in our seasonal program guide, mailed to area households, and may also appear in other promotional materials such as posters, flyers, ads, our Web site or on-site signage.

Community Support Your sponsorship dollars directly support programs and services for Bloomington-area residents. We partner with many other local agencies to bring participants the best possible entertainment, educational and recreational programs.

Would you like to make this list?

This brochure reaches approximately 30,000 households in the Bloomington area, and your business name can be added to this list. Our friendly sponsorship coordinator is happy to send you a list of sponsorship opportunities currently available. All you have to do is ask!

Give Kim Ecenbarger a call at 349-3739, or e-mail ecenbark@bloomington.in.gov.

A list of current and upcoming sponsorship opportunities is available on our Web site at www.bloomington.in.gov/parks.

Your sponsorship means our programs can be offered at a quality level and affordable price to participants.



Karen Serfling and a Children's Expo volunteer



CITY OF BLOOMINGTON
parks and recreation

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349-3499
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retzlafc@bloomington.in.gov • 349-3499
Larry Richardson Laborer II
349-3499
Dennis Robertson MEO III
349-3499
Rob Turpin Operations Crew Leader
349-3499

How To Register: Choose one of five ways



REGISTER ONLINE

Online registration
available 24-7!

Visit us on the Web:

www.bloomington.in.gov/parks
Secured for credit card payment.



WALK IN

Register in person
by coming to the
**City of Bloomington
Parks and Recreation office**
located in City Hall at
**401 N. Morton St., Ste. 250,
Monday-Friday,
8 a.m. until 5 p.m.**



MAIL IN

Simply complete the
registration form and send it to
**Bloomington Parks
and Recreation**
**401 N. Morton St., Ste. 250
Bloomington, IN 47404**
Registrations must be received
before the deadline.



FAX IN

Fax a completed
registration form to
(812) 349-3705.
Be sure to include your
Visa or Mastercard
number and expiration
date. Available
24 hours a day!

DROP OFF

A convenient drop box is
located outside City Hall,
at the "401" address doors.
Drop off your registration
after hours or whenever it's
convenient for you. Make
sure you drop off before the
registration date.

AM I A CITY OF BLOOMINGTON RESIDENT? A resident is any person who resides within the City's corporate limits. Do you pay Bloomington property taxes? Do you have a City of Bloomington trash pickup service? If you can answer "yes" to both of these questions, then you are a "City of Bloomington Resident." If you are in an apartment and unsure if the property is "in-city" we can verify by checking your address. Even if your mailing address is "Bloomington," it does not necessarily mean you are a City resident. Please call the City of Bloomington Parks and Recreation office at 349-3700 if you have residency questions.

FEES AND CHARGES City of Bloomington Parks and Recreation is a City of Bloomington department under the administration of the Mayor of Bloomington. City of Bloomington residents, through property taxes, make a significant contribution to the operation of the park system. Non-resident fees are charged so non-resident participants can fairly contribute to overall financing of the park system. Fees are listed separately for City of Bloomington residents and non-city residents. Residency verification may be requested.

WAIVER OF LIABILITY The City of Bloomington is not responsible for any injuries sustained as a result of participation in any department sponsored activity, or while using departmental facilities. It is recommended that *anyone* enrolled in a program or using facilities make provisions for adequate coverage within *their* own insurance plan.

LATE REGISTRATION Any registrations received after the deadline date may be subject to a late registration fee.

REFUND POLICY No refunds are provided after the first day of a program. All refunds are subject to a \$2 fee. If the \$2 charge does not cover costs incurred by the department, the refund may be pro-rated in addition to the \$2 charge. ***There are no refunds on season passes.*** Full refunds are given on all programs cancelled by City of Bloomington Parks and Recreation. Allow four weeks for refund requests to be processed.

WAITING LISTS If your desired class is filled, you will be notified and placed on a waiting list.

REGISTRATION PROCEDURES Complete the registration form, online or hard copy, making sure all information is current and correct. Parent/guardian information is vital in the event of an emergency. Include all pertinent information, including the program code listed beside the program information. **Read and sign** the waiver statement located in the lower left area of the registration form. **Pay** by check, money order, Visa or Mastercard. Make checks payable to Bloomington Parks and Recreation. If paying by credit card, please include the card number, expiration date and signature in the spaces provided. **Full payment** is required at the time of registration. Forms will be processed in the order received. **Register early!** All forms must be received by the registration deadline. City of Bloomington Parks and Recreation is not responsible for lost or late mail. **Registration receipts** will be mailed to you. This is not a guarantee of enrollment, but an acknowledgement of your registration. We will contact you by phone or mail if there is a problem with your registration.

PROGRAM REGISTRATION FORM

Name _____

(parent/guardian if participant is under 18 or under legal guardianship)

Street Address _____

City _____ State _____ Zip _____

City of Bloomington Resident? Yes No

(If you are unsure of your residency status, please call 349-3700)

How did you hear of this program? Program Guide Newspaper Flyer Friend E-mail Web site Previous Participant Other _____

Home Phone _____

Work Phone _____

Emergency Contact _____

E-mail Address _____

Participant Name	M/F	Birthdate	Shirt Size	Program Name	Class Code	Fee

Inclusive Service Request:

Reasonable accommodations are needed to participate in above program(s) related to specific needs associated with a disability. (circle one) **YES** **NO**
If **YES**, please complete an Inclusion Assessment and the Inclusive Recreation Coordinator will contact you. We request at least two weeks notification for reasonable accommodations requests. *In some cases reasonable accommodations may take longer.*

The undersigned is the adult Program Participant, or is the parent or legal guardian of the Program Participant. The undersigned hereby states that s/he understands the activities that will take place in this program, and that the Program Participant is physically and mentally able to participate in this program. The undersigned recognizes, as with any activity, there is risk of injury. In the event that the Program Participant sustains an injury in the course of the program, and the City of Bloomington Parks and Recreation Department is unable to contact the appropriate person(s) to obtain consent for treatment, the City of Bloomington Parks and Recreation Department and/or its employees or volunteers are authorized to take reasonable steps to obtain appropriate medical treatment. The Program Participant and/or his/her parent or legal guardian shall be responsible for the cost of such treatment. The Undersigned now releases the City of Bloomington, the Bloomington Parks and Recreation Department, its employees, agents, and assigns, from any claims including, but not limited to, personal injuries or damage to property caused by or having any relation to this activity. It is understood that this release applies to any present or future injuries and that it binds the Undersigned, Undersigned's spouse, heirs, executors and administrators. The Program Participant may be photographed and videotaped while participating in Parks and Recreation activities, and consent is given for the reproduction of such photos or videos for advertising and publicity.

I have read this release and understand all of its terms. I agree with its terms and sign it voluntarily.

Signature (parent/guardian if participant is under 18 or under legal guardianship) _____

Date _____

Include Your Voluntary Donation

☐ Youth Scholarship Fund \$1 _____
☐ Bloomington Tree Fund \$3 _____
☐ Bloomington Park and \$5 _____
Recreation Foundation Other \$ _____

Total Enclosed

\$ _____

Method of Payment:

☐ Cash (do not mail cash) ☐ Check/Money Order

Visa/Mastercard # _____

Expiration Date _____

Signature _____

(required if using credit card)

Make check or money order payable to:
City of Bloomington Parks and Recreation

Mail registrations to:
City of Bloomington Parks and Recreation
401 N. Morton Street, Ste. 250, Bloomington IN 47404